Great Recession Spawns Crisis in the Health Care Safety Net
The photography in this report documents the diverse organizations funded by The California Wellness Foundation and the populations they serve. The images were taken from the Foundation’s archives and may or may not represent the organizations that are featured in the narrative.
For California, 2009 was a continuation of the “Great Recession” that has severely impacted the global economy. While measurements of economic growth showed signs of modest gains in the national economy toward the end of the year, this news came as small comfort to many Californians, where unemployment remained above 12 percent statewide – and as high as 27 percent in rural areas such as Imperial County. Along with the growth in the ranks of the unemployed, the number of adults and children in California without health insurance jumped dramatically to 8.2 million – nearly one in four residents under the age of 65 – bringing countless new clients into the health care safety net after jobs, homes and health insurance were lost. This added strain on the health care system was compounded for many clinics and hospitals by the ongoing budget stalemate in Sacramento, eased only temporarily by an agreement on a patchwork of major cuts and the receipt of one-time federal stimulus funds. As a result, the outlook for 2010 remains sober, at best, for the state’s health care safety net.

The California Wellness Foundation (TCWF) pursues its mission of improving the health of the people of California with a particular focus on how this challenging environment strains the capacity of health nonprofits. In 2009, TCWF staff reviewed more than 1,500 letters of interest and the Board approved 410 grants totaling more than $50 million. We encourage you to read the Grant-making Program section of this report for a detailed description of our grants program and to review the Grants List section for a description of grants awarded in 2009.

TCWF continues to place an emphasis on providing core operating support, with the number of grants for this type of funding still on the rise – now accounting for 79 percent of our grants, the highest percentage since the launch of our Responsive Grant-making Program in 2001. We believe that the demand for core operating support by health nonprofits is indicative of their difficulty in sustaining operations in the face of increased demand and falling revenues. Our experience during the last decade has taught us that core operating support can make all the difference to struggling organizations. How the health care safety net is responding to California’s continuing economic crisis is the topic of this annual report’s cover story, “Weathering the Storm, The Crisis of California’s Health Care Safety Net.”

2009 Highlights

During the year, grants addressing the health needs of traditionally underserved populations funded the provision of services at community clinics and public and nonprofit hospitals located across California. Several grants focus on the delivery of culturally appropriate health care to particular ethnic or cultural communities such as indigenous Oaxacan migrants and other immigrant groups. Several grants also sustain the work of community clinic associations and their member clinics. Clinic consortia play a vital coordinating and networking role among members, who are often dispersed across a wide geographic area. Another cluster of grants funds comprehensive programs for pregnant teens in communities.
marked with high teen birthrates. Programs include parenting and nutrition classes, assistance with high school completion or its equivalent, and access to contraception to prevent unplanned, repeat pregnancies.

Making grants for core operating support to sustain nonprofits’ existing health services or to build their organizational capacity enables current programs to be sustained and fortified during difficult economic times. These grants can prevent nonprofits from drowning and, when the economy improves, can help their leaders plan and position themselves for growth. Core operating funds have also assisted clinics in the application process to become Federally Qualified Health Centers, which provides a steady revenue stream. Other grants assist nonprofits in conducting financial assessments and developing fundraising plans to diversify and increase future revenues.

Leadership development and leadership recognition programs continued to receive support in 2009. Some grantees cultivate leaders who work on a range of health issues: training Asian and Pacific Islander young women in skills to advocate on issues related to reproductive health, and preparing day laborers to become leaders among their peers on occupational safety and health issues.

The Foundation has developed four leadership recognition programs to acknowledge individuals who have made significant contributions to the health of their communities: the Champions of Health Professions Diversity Award, the California Peace Prize, the Public Policy Leadership Award and the Sabbatical Program Award. A total of 14 individuals from across California were honored with these awards in 2009.

Grants to organizations that inform policymakers and opinion leaders about important wellness and health care issues in California continued to be prioritized in 2009. Grantees provide much-needed policy research in areas where little is currently known about the effects of policy proposals on the health of Californians. Another cluster of grants provided support to new voices entering the public policy arena, including Korean-American immigrant seniors and Latino promotores. Other grantees conducted public education campaigns to raise awareness about pressing needs such as growing a culturally competent, language-proficient health care workforce or occupational health and safety issues facing workers in the agricultural, garment manufacturing and hospitality industries.

Above and beyond the provision of grant dollars, TCWF plays other roles that strengthen the work of our grantees. For example, TCWF-sponsored conferences and retreats provide welcome relief to participants, giving them a chance to be re-energized, to network among colleagues and to develop strategies together. In addition, our communications program adds value to our grantmaking by accenting the voices of grantees on our website – www.CalWellness.org – and in print publications, media or civic partnership events that focus on our prioritized health issues, and with communications campaigns that celebrate the honorees from each TCWF leadership recognition award program.

California’s health nonprofits are struggling to keep their heads above water. Their own organizational health continues to be undermined by economic factors within our state and by decisions made behind closed doors of corporate boardrooms on Wall Street and by policymakers in Washington, D.C. We believe that by continuing our multipronged grantmaking strategy – multiyear grants, core operating support and a streamlined grant application process – we can provide these organizations with the resources needed to help keep their doors open and, at the same time, address the health needs of underserved Californians.

Sincerely,

Elizabeth M. Gomez, Chair

Gary L. Yates, President and CEO
We already had last year’s budget crisis, coupled with foreclosures and a drop in tax revenues.

Combining all this with rising demand – and you have the creation of the perfect storm.

David Greco
Western Region Vice President of the Nonprofit Finance Fund (NFF)
Medi-Cal Enrollment Has Climbed Steadily Throughout the Recession

Source: Department of Health Care Services
The severe economic recession that gripped the nation throughout 2009 created a perfect storm of financial difficulties for health and human service organizations. Nonprofits that serve the poor and working poor reported both increased demand for services and declining revenues from individual donors, foundations and government. Among the sectors most adversely impacted is the health care safety net – the network of clinics and hospitals that provides care for hundreds of thousands of uninsured and underinsured Californians.

Stories featuring long lines of patients at community clinics have become commonplace in local media throughout the state. “The line is out the door,” a clinic administrator observed. “A couple weeks ago, it was down to the sidewalk. I would say the people here are now lower middle class and middle class. We have a huge surge of them.”

The article, which ran in the Ventura County Star, documented the increase in demand among the newly uninsured – including laid-off teachers and bank clerks. Middle-class families are facing challenges in accessing health care to a degree that hasn’t been seen in decades.

Similar accounts from the Bay Area made the news in the Wall Street Journal’s online business news publication, MarketWatch. “Some clinics are getting so full they don’t have the capacity to take care of any more patients, so some are turned away not for inability to pay, but for capacity,” one analyst noted.

While battered and strained, the network of clinics and hospitals dedicated to providing care for those with nowhere else to turn serves as a last line of defense. But when funding cuts are consistently on the agenda of state policymakers, how long can the safety net survive?

The Great Recession
Along with the rest of the country, California has experienced one of the longest and most severe recessions since World War II. California lost more than 1 million nonfarm jobs between July 2007 – when employment last peaked – and December 2009. The state’s unemployment rate climbed to 12.5 percent by the
start of 2010, with parts of the state, such as Imperial County, seeing rates soar to more than 27 percent.

As it has been frequently reported, these rates only tell part of the story. They don’t count the 1.5 million “underemployed” Californians – working part-time involuntarily – or the estimated 350,000 who want to work but have given up searching for employment during any given month.

And the consensus among many economists is that, as the economy begins to recover, unemployment will remain high and comparatively few new jobs will be added.

“Projections for California anticipate unemployment rates above 10 percent through 2012, finally dropping below 7 percent in 2015,” said Jean Ross, executive director of the California Budget Project. “To place this figure in perspective, during our state’s previous recession the jobless rate peaked at 6.8 percent.”

The recession also took a terrible toll on California’s fiscal health, creating a budget deficit of more than $60 billion. The gap was closed by $8 billion in revenues from the federal stimulus funds, $12.5 billion in temporary tax increases, $8 billion in other income, and $31 billion in spending cuts, including more than $2 billion in cuts to the health care system.

Some actions were stopped in the courts and others have been delayed, but these cuts targeted safety net programs for the most vulnerable Californians. Cuts to services such as dental, vision, speech therapy and psychological services reduced care to almost 3 million low-income adults with Medi-Cal coverage and eliminated coverage altogether for others.
Hundreds of health care providers and administrative staff have been laid off in clinics that serve areas that were already experiencing increased demand for services.
Furthermore, far-reaching changes to Medi-Cal eligibility, enrollment and payment systems will make it more difficult for the poor to get coverage in the months and years ahead.

The Health Care Safety Net
The health care safety net describes the network of providers who offer care to patients regardless of their ability to pay. Community clinics and health centers, along with public and nonprofit hospitals, form the core of the safety net. Community clinics provide culturally and linguistically competent care, often addressing social or cultural components of health. Safety net hospitals are frequently the only option for inpatient and specialty care for uninsured residents in their communities.

Many of these hospitals also operate emergency rooms that see patients looking for primary care services.

The safety net provides health care for a large and diverse population. Five million Californians – disproportionately Latino, African-American and Native American – live below the federal poverty line. An estimated 2.8 million undocumented immigrants also live in California, individuals who are less likely to earn a living wage and to have health insurance.

In many California communities, there may be one clinic serving a large geographic area. Others have informal or formal networks of providers who work together to coordinate care, with some focusing on children and others on adults, for example. Regardless of where and how they operate, staff members at health care safety net providers share a deep sense of mission and commitment to providing quality care.

Across the state of California, more and more people are turning to safety net providers as their last resort in accessing health care. The system is increasingly strained, and clinic managers, physicians and hospital administrators are looking for new ways to do more with less. The budget cuts to California’s health and human services programs have hit the safety net hard. In addition to the loss of revenue from other sources, these are the main funding streams that clinics and hospitals depend on to help cover the cost of providing health care.

The California Primary Care Association (CPCA), which represents community clinics and health centers across the state, surveyed more than 100 of its members in November 2009 to determine the damage of budget cuts.

“Our survey found that four clinics – all located in rural areas that already tend to be underresourced – had been forced to close, and 11 more were in danger of closing in the coming months,” said Carmela Castellanos-Garcia, CPCA president and CEO. “Hundreds of health care providers and administrative staff have been laid off in clinics that serve areas that were already experiencing increased demand for services.”

Reductions in revenue also limit clinics’ abilities to maintain operating capital reserves, not to mention endowment funds. According to a spring 2010 survey of California nonprofits by the Nonprofit Finance Fund, 52 percent of respondents reported having three or fewer months of cash reserves on hand.

Federal “stimulus funds” through the American Recovery and Reinvestment Act (ARRA), appropriated to help clinics treat the increased number of uninsured patients resulting from the economic recession, helped some clinics – but only eligible Federally Qualified Health Centers (FQHC). For the FQHC respondents to the CPCA survey, $32 million in ARRA funds could not substitute for the $63.5 million in state cuts they experienced.
So-called FQHC look-alikes, free clinics and Indian health clinics could not benefit from ARRA dollars.

California’s nonprofit and public hospitals – representing 67 percent of all hospital beds in the state – have also felt the effects of the economic recession. The California Hospital Association surveyed its members in November 2008, and while the findings did not break out data specifically for its nonprofit members, the overall numbers are troubling:

• Hospitals reported a 73 percent increase in patients having difficulty paying out-of-pocket health care costs;

• 57 percent of hospitals reported an increase in emergency room visits for uninsured patients; and

• 47 percent of hospitals anticipated declines in operating margins throughout 2009.

Clinic consortia – the third leg of California’s health care safety net – have also felt the impact of the recession, in particular the loss of funds for much of their policy advocacy work in Sacramento. Consortia – membership organizations for community clinics and related safety net providers – vary in size and number of participating clinics, in the scope of member services offered, and in their geographic focus. Some represent a single city or county, while others represent entire regions such as the Central Valley. By linking clinics together, they offer important economies of scale (e.g., joint purchasing of prescription medications) and allow clinics to work in partnership on local health issues.

CONTINUED
How are TCWF grantees weathering the storm?

From clinics serving communities in the San Francisco Bay Area to health centers located in cities and towns along the border with Mexico, recent conversations with leaders at a number of TCWF-funded health care safety net organizations have revealed consistent struggles to do more with less. At the same time, organizations are tapping into the varied strengths and resources within their communities to sustain service delivery.

San Francisco Bay Area

For uninsured women and girls in San Francisco, the Women’s Community Clinic (the Clinic) has served as a welcoming and safe provider of free health care for more than a decade.

“You can’t miss the recession’s impact on the community,” said Carlina Hansen, Clinic executive director. “There has been a surge in newly uninsured clients seeking help at the clinic. There is a lot of anxiety because these middle- or working-class women are frequently inexperienced in accessing services or navigating these systems.”

She also noted that the number of homeless women at the Clinic’s weekly drop-in program in the Mission District has increased from an average of 30 to as many as 70 each night.

“In many cases, the programs and services homeless women have counted on are simply no longer there,” she said.

This increase in patient demand amid the deep recession has led to new challenges for clinic managers. The Clinic has been able to expand its capacity and accommodate more patient visits in part because it relies heavily on volunteer clinicians. However, a significant cut in funding from the city led its leaders to make some difficult decisions, including furloughs for administrative staff positions.

“We do careful scenario planning, asking ourselves where we can be most effective,” she said, “and make decisions based on programmatic as well as financial impact.”

With additional cuts to state funding for Family PACT, which covers family planning services, on the horizon, it’s unclear if current levels of service can be sustained. The original date for moving to a new facility has also been pushed back because of the change in financial climate.

Nevertheless, Hansen said she sees opportunity – as opposed to light – at the end of the tunnel.

“Anyone looking at the state budget situation knows that challenges will continue for several more years,” she said, “but in this environment we’ve made new partnerships with other organizations [for case management]

Middle class families are facing challenges in accessing health care to a degree that hasn’t been seen in decades.™
TCWF has operated a Responsive Grantmaking Program since 2001, accepting unsolicited letters of interest and dedicating 80 percent of our grantmaking dollars in 2009 to core support – a total of almost $40 million.
and learned to operate with greater efficiency. These changed times have fostered creativity in the organization and deeper thinking about fiscal health.”

Los Angeles

The picture is similar in the Los Angeles region. Gloria Rodriguez, president and CEO of the Community Clinic Association of Los Angeles County (CCALAC), said that its member clinics were also experiencing an uptick in visits by clients who had recently lost their employer-based insurance while also trying to absorb the cuts in state funds that affect clinics statewide.

“Many individuals are now seeking clinic services for the first time, due to layoffs and the loss of employer-sponsored insurance,” she said. “In 2008, a one-week survey of new patients at member clinics showed that 44 percent of new patients were uninsured and nearly 25 percent had become uninsured in the last year.”

The cyclical nature of California’s budget crisis has become an increasing worry for CCALAC’s members. Rodriguez said that many clinics begin the state’s fiscal year in July by borrowing funds to weather the lack of reimbursement payments during the summer budget impasses. Many loans come with origination fees, interest and other costs that eat away at precious reserves.

Clinic consortia like CCALAC haven’t been immune from budget cuts either. As a result, the organization eliminated several positions – with remaining staff working to do more with less to advance the interests and effectiveness of its members: connecting clinics, sharing and leveraging resources, building organizational capacity, and raising a unified voice on their behalf.
These fiscal challenges have also affected hospitals.

The Division of Adolescent Medicine at Childrens Hospital Los Angeles (CHLA) provides a range of medical, mental health, reproductive health, and substance abuse prevention and treatment services for high-risk youth in Los Angeles, both at the hospital and at community clinics and other locations in the community.

At its High Risk Youth Clinic, a collaboration with the Saban Free Clinic, staff reported serving 300 more homeless youth in 2009 than in 2008, an increase of 22 percent. Arlene Schneir, associate director of the division, noted that the increase could have been the result of many factors, but staff attributes the increased number of homeless youth and families to the economic recession.

Project NATEEN, a program for teen parents, is one example of CHLA’s holistic approach to treating a spectrum of health and psychosocial needs of high-risk young people. Either at the hospital or through referral partnerships, Project NATEEN participants receive prenatal care, health care for the teen and her child, housing assistance, public benefits, school and academic counseling, and vocational training. As a result of the broad scope of intervention, these teens have a strong chance of developing a supportive environment in which to become successful parents.

Last year, however, the program took a 55 percent cut from one of its primary funding sources, the state’s Adolescent and Family Life Program. As a result, CHLA is serving only half as many clients, and families “age out” of the program when the child reaches the age of 18 months. Staff is forced to make difficult decisions about which clients can enter the program in an effort to admit those who can benefit most over the course of their involvement – typically teens still in the first trimester of their pregnancy.

Yet even as the division’s programs function with reduced capacity, the economy affects the health of the young people they serve. It’s a frustrating environment for staff who are providing case management services to at-risk youth, helping them learn to become self-sufficient.

“How can we help homeless kids get hired, even at minimum wage, when there are no jobs?” Schneir asked. “It makes the ‘street economy’ even more appealing.”

It’s also challenging for the new parents receiving care in Project NATEEN.

“We worry about young families,” Schneir said. “What happens to them if their cash benefits get cut?”

Orange County

The demographics of the Orange County communities of Westminster, Garden Grove and Santa Ana shifted dramatically starting in the 1970s, as waves of Vietnamese immigrants and refugees settled in the area. The area is now home to more than 200,000 mostly first- and second-generation immigrants from Vietnam.

The Vietnamese Community of Orange County, Inc. (VNCOC) was established in 1979 as a refugee resettlement agency. Over the years, its scope of services has expanded to meet a broader range of community needs,

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We have the highest unemployment rate in the nation, highest foreclosure rate in the nation, highest bankruptcy rate in the nation. A drive down most any street in this community will shed light on the depth of the recession.
including health care, since 1998. Its Asian Health Center (AHC) now provides medical and dental services to 10,000 patients each year.

Tricia Nguyen, AHC’s CEO, said that among the Vietnamese community, the recession has had the greatest effect on those with little or no knowledge of English. These monolingual individuals seem to face the greatest barriers in finding and maintaining employment. As a result, VNCOC has stepped up its ESL, computer training and job skills programs to help mitigate the effect of long-term unemployment.

AHC expects to maintain its current level of health care services, but Nguyen has an eye on Sacramento, since budget planning continues and programs like EAPC and Family PACT are vulnerable.

“We need advocates for Orange County’s multiethnic communities,” Nguyen said. “I hope to be able to join other community leaders to advocate for services specifically for our respective communities.”

California/Mexico border communities
About 3 million Californians reside in San Diego and Imperial counties — the state’s two counties that abut the U.S. border with Mexico. The border region, stretching from the Pacific Ocean in the west to sparsely populated desert areas to the east, faces many of its own health challenges. And Imperial County has been particularly hard-hit by the economic downturn.

Yvonne Bell, CEO of Clinicas de Salud del Pueblo (Clinicas), which provides medical and dental care in several communities, paints a particularly vivid picture.

“We have the highest unemployment rate in the nation, highest foreclosure rate in the nation, highest bankruptcy rate in the nation,” Bell said. “A drive down most any street in this community will shed light on the depth of the recession: business after business is boarded up, houses are abandoned, cars sit on lots for months and months on end, homeless people abound, and people line up at the store to buy canned food that is on sale.”

The percentage of patients at its clinics without any public or private insurance coverage climbed to 15 percent in 2009. And the number of patients seeking care has grown at a 7 percent annual rate for several years.

To meet the increasing demand for health care services, Clinicas has explored several creative approaches. For example, to improve access to subspecialty care, they negotiated agreements with local providers who do not accept Medi-Cal or uninsured patients at their offices, to see patients on a part-time basis at a Clinicas site. Federal ARRA funds will also help increase capacity by paying for renovations at two clinic sites.

Bell anticipates that 2010 will be another challenging year.

“As an FQHC, we always work hard to see a light at the end of the tunnel,” she said. “Having reserves is something we work very hard to do. It’s like taking a
nickel and trying to stretch it into a dime. Everyone at our agency is very fiscally conscious."

Further west, in San Diego County border communities like San Ysidro, the recession and high unemployment have also presented challenges for San Ysidro Health Center (SYHC), which operates medical, dental and mental health clinics in the southern part of the county.

Ed Martinez, SYHC chief executive officer, described the balancing act that is required by the shifting financial equation – on both the revenue and expense sides. A larger percentage of uninsured patients impacts the “payer mix” on the revenue side, for example. Also affecting revenues is increasing delays in reimbursement by state-funded programs. At the same time, when labor costs are the largest category of expenses, it’s not a line item that’s easy to reduce and still accommodate the increased demand for services.

“Sustainability is a major financial challenge,” he said, “particularly for smaller health centers that may not have operating reserves.”

Foundations Respond
Clearly, safety net providers are struggling to serve the increasing numbers of clients who approach them for vital health care services. Given the long-term outlook for unemployment in our state and the ever-present threat of more funding cuts from Sacramento, this distress is the “new normal.” It is difficult to imagine how the health care safety net in California can be sustained over the long term without restoration of public dollars.

Recognizing that this will not happen until the state’s budget rests on more solid ground, many foundations in California have set aside specific pools of dollars to help sustain the health care safety net in the interim. In the Bay Area, for example, the Marin Community Foundation dedicated $1 million in new funding to safety net organizations in 2008 and will continue to provide additional support, thanks to a $10 million donor-advised fund established by Sutter Health, to benefit health care safety net organizations over the next five years.

The Community Opportunity Fund, created by the Silicon Valley Community Foundation, has awarded $4 million in grants to organizations that provide safety net services such as food and shelter. Health care safety net organizations in the Santa Barbara area have received grants from the Community Economic Recovery Fund established in 2009 at the Santa Barbara Foundation.

Other grantmakers have acknowledged the importance of helping health care nonprofits bridge temporary funding gaps by offering low-interest loans. For example, the California HealthCare Foundation contributed $10 million in both 2008 and 2009 to the Emergency Working
Capital Loan Fund, designed to ensure that California’s safety net clinics provide uninterrupted care. This was a particularly important lifeline for clinics over the summer months, when the budget stalemate in Sacramento resulted in the halts in Medi-Cal reimbursement payments. With additional contributions to the fund from Catholic Healthcare West, Sutter Health, the Nonprofit Finance Fund, NCB Capital Impact, Mercy Partnership and the CPCA Loan Fund, the total amount available to borrowers in 2009 was $26 million.

In Los Angeles, the California Community Foundation has partnered with the Bank of America Charitable Foundation and the Nonprofit Finance Fund (NFF) to launch a $6 million effort to provide struggling nonprofits with working capital loans and financial consulting services. By linking immediate loan funds with technical assistance, the Nonprofit Sustainability and Effectiveness Initiative plans to address both short-term survival and long-term sustainability.

TCWF is also providing resources for its health care safety net grantees to build their capacity to weather the economic storm. With a grant from TCWF, NFF developed a pilot project designed to offer customized, rapid-response services that include a financial diagnostic assessment, assistance in analyzing and interpreting financial statements, and tools to help staff better articulate the organization’s financial “story” to boards, funders and other stakeholders. Following this rapid-response element, NFF staff will help participating TCWF grantees create a work plan to further build financial capacity in areas such as cash-flow planning, financial reporting assistance and scenario planning.

Another approach that has proved effective is providing grants of core operating support. In 2009, recognizing the stresses facing Southern California nonprofit organizations as a result of the economic recession, Los Angeles-based Weingart Foundation set aside its traditional grantmaking program and shifted the focus of its funding to core operating support and to expanding its grantmaking to small, community-based organizations. The foundation provided more than $11 million in core operating support in 2009 and plans to continue this approach in 2010.

TCWF has operated a Responsive Grantmaking Program since 2001, accepting unsolicited letters of interest and dedicating 80 percent of our grantmaking dollars in 2009 to core support – a total of almost $40 million.

“During positive economic times, safety net providers can use core operating support to build organizational capacity, add administrative staff or transition to FQHC status,” said Cristina M. Regalado, TCWF vice
president of programs. “Now, during times of crisis, a core operating support strategy can serve as a temporary bridge to help organizations keep their doors open while they help the economically vulnerable, including those who have joined the ranks of the uninsured.”

For struggling clinics, a grant of core operating support can help purchase medical supplies, cover wages for frontline staff or help defray higher utility costs. Funders can prevent nonprofits from drowning now so they will still be around when our state’s economy improves.

Looking to the Future
Sustaining the health care safety net is of particular importance, given the prospect of federal health insurance reform that has been signed into law by the president. A functioning health care safety net – adequately supported by Medi-Cal – will help determine the kind of care available to many Californians as the reforms begin to take effect.

For the health care safety net, reforms hold substantial promise. FQHC clinics will see an infusion of federal dollars in 2011 to improve infrastructure and will benefit from new workforce training initiatives designed to address shortages. Ultimately, millions of uninsured Californians will be able to secure coverage through expansion of Medi-Cal eligibility and subsidized coverage envisioned by the exchange. Policymakers and some foundations have begun exploring how to best implement the various elements of the health care reform package in California.

Yet reform will not bring coverage to everyone living in California and will not guarantee fiscal stability for every safety net provider. Millions of undocumented immigrants will remain uninsured, for example, and free or community clinics that lack FQHC status will be ineligible for many of the federally funded initiatives under the reform bill. It will be especially important for these providers to evaluate their business models, proactively determine what their client base is going to look like five years down the road – and plan accordingly.

To that end, even with a turnaround in California’s economy and with health care reform on the horizon, foundations like TCWF will have a significant role to play by making grants to clinics, hospitals and clinic consortia to sustain the health care safety net and expand access to care for as many Californians as possible.
This perfect economic storm is threatening the nonprofit sector in ways not seen since the Great Depression.

Gary L. Yates
President and CEO
The California Wellness Foundation
More Than 1 out of 3 Jobless Californians Were Unemployed for More Than Half a Year in 2009

Note: Data reflect 12-month averages ending in December each year.
Source: Employment Development Department
The Foundation prioritizes eight health issues for funding and responds to timely issues or special projects outside the funding priorities. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health care, health promotion and disease prevention activities of your organization. Such funds can be used for ongoing organizational costs such as salaries for key administrative staff or operating expenses. Core operating support funds can also be used for strengthening organizational capacity through activities such as engaging in strategic planning, facilitating board development or developing information systems.

Each prioritized health issue is described below. For a list of recent grants and future updates, please visit our website at www.CalWellness.org, or call the Foundation to request a copy of one of our publications.

**Diversity in the Health Professions**

Grants that address the issue of diversity in the health professions are commonly given to organizations that provide pipeline programs, scholarships, outreach and retention programs, internships and fellowships, and loan repayment programs for ethnic minorities that are underrepresented in the health professions. Careers in medicine, nursing, public health and other allied health professions are included. Organizations that support leadership development for people of color in the health professions are also eligible for funding. In addition, the Foundation funds organizations that provide information about the California health care workforce to policymakers and opinion leaders.

**Environmental Health**

Grants that address the issue of environmental health are commonly given to organizations that provide environmental health education and awareness activities; community organizing to promote environmental health; screening and testing for exposure to environmental toxins; leadership development; and collaborations such as partnerships between public health departments and community-based health organizations.
programs to improve environmental health. The Foundation also funds efforts to inform policymakers and opinion leaders about improving environmental health issues.

**Healthy Aging**

Grants that address the issue of healthy aging are commonly given to organizations that provide clinical preventive services, falls prevention programs, food and nutrition programs and in-home support. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that inform policymakers and opinion leaders about healthy aging, as well as organizations that provide leadership development programs for seniors.

**Mental Health**

Grants that address the issue of mental health are commonly given to organizations that provide services for transition-age youth (ages 16-23) – with a focus on those in, or exiting from, foster care and on runaway/homeless youth. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, as well as organizations that inform policymakers and opinion leaders about the health/mental health issues of youth exiting from foster care and runaway/homeless youth.

**Teenage Pregnancy Prevention**

Grants that address the issue of teenage pregnancy prevention are commonly given to organizations that provide outreach activities for reproductive health care, access to contraceptive services, and comprehensive programs for pregnant and/or parenting teens. An emphasis is placed on funding peer-provider clinics and other reproductive health organizations that work with high-risk, sexually active, underserved teen populations. The Foundation also funds organizations that provide leadership development activities for reproductive health care workers and organizations that inform policymakers and opinion leaders about the issue of teen pregnancy.

**Violence Prevention**

Grants that address the issue of violence prevention are commonly given to organizations that provide services for youth (ages 12–24) including mentoring programs, gang intervention programs, re-entry programs, community-based violence prevention programs and after-school programs. An emphasis is placed on funding organizations that work with at-risk youth, including gang-affiliated and previously incarcerated youth. Grants are also made to organizations that provide leadership development activities to those working in the field of violence prevention, as well as organizations that inform policymakers and opinion leaders...
about the public health aspects of violence against youth.

**Women’s Health**

Grants that address the issue of women’s health are commonly given to organizations that provide reproductive health care, prenatal care, community-based comprehensive health care services, HIV/AIDS programs for women of color, case management, and supportive housing for homeless women. Priority is given to organizations that create welcoming environments for women in underserved communities. The Foundation also funds organizations that provide leadership development activities for women and those that inform policymakers and opinion leaders about the issue of women’s health.

**Work and Health**

Grants that address the issue of work and health are commonly given to nonprofit organizations that provide health care services to farmworkers, in-home health workers, garment workers, day laborers and other low-income workers. Worker centers that provide culturally sensitive and linguistically appropriate services, such as health education and access to health care for low-wage workers, are also prioritized for funding.

**Special Projects**

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit our mission but are outside the eight health issues prioritized for funding. The Foundation places an emphasis on grants to support and strengthen safety net providers of health care, help low-income consumers understand and navigate the health care system, and to inform policymakers and opinion leaders about health care issues affecting the underserved. The Foundation has also provided significant funding to organizations addressing the health care needs of the California-Mexico border population, the oral health care needs of underserved populations, and culturally appropriate programs for underserved ethnic minority populations.

In addition, the Foundation funds organizations that provide leadership development programs for low-wage workers, as well as organizations that inform policymakers and opinion leaders about the issue of work and health.
Application Process

1. Review these guidelines and check the eligibility criteria that follow.

2. Write a one- to two-page letter of interest. Please note that submissions beyond two pages will not be accepted.

The letter should include:
- information about your organization’s mission, activities and operating budget;
- the region and population(s) served;
- how the funds will be used;
- the total amount requested from the Foundation; and
- project goals, leadership and duration, if you are requesting project funding.

3. Clearly indicate the TCWF funding priority for which you want your request considered (for example, healthy aging). This will help us accurately process your letter.

4. Mail your letter of interest to:

   Director of Grants Management
   The California Wellness Foundation
   6320 Canoga Avenue, Suite 1700
   Woodland Hills, CA 91367

No application form is needed, and formal proposals are not accepted at this preliminary stage. Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three months. Those encouraged to submit proposals will receive further guidance at that time.

Eligibility Criteria

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and that are not private foundations as defined in IRC Section 509(a) or are public charities as defined in IRC Section 170(b)(A)(vi). The Foundation also funds government agencies. The Foundation does not fund Section 509(a)(3) Type III non-functionally integrated supporting organizations. Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered. The Foundation does not provide international funding or fund organizations located outside the United States.
During times of crisis, a core operating support strategy can serve as a temporary bridge to help organizations keep their doors open while they help the economically vulnerable, including those who have joined the ranks of the uninsured.

Cristina M. Regalado
TCWF Vice President of Programs
Percentage of TCWF’s Grants Going Toward Core Support
**Action Network**  
Gualala, CA  
$150,000 over three years  
For core operating support to continue to provide preventive health and social services to underserved populations in rural Mendocino and Sonoma Counties.

**Alameda Family Services**  
Alameda, CA  
$150,000 over three years  
For core operating support for DreamCatcher Emergency Youth Shelter and Support Center to sustain emergency shelter, counseling and other supportive services in Oakland for homeless youth.

**Alameda Health Consortium**  
San Leandro, CA  
$200,000 over two years  
For core operating support to continue to help member clinics develop stronger infrastructure and provide preventive health services in Alameda County.

**Alliance for Justice**  
Washington, DC  
$150,000 over three years  
For core operating support for the California office to continue to provide training and technical assistance on state and federal nonprofit advocacy laws and regulations applicable to California health nonprofits.

**Al-Shifa Clinic, Inc.**  
San Bernardino, CA  
$150,000 over three years  
For core operating support to continue to provide health services to low-income, underserved residents of San Bernardino County.

**American Indian Healing Center**  
Whittier, CA  
$175,000 over three years  
For core operating support to continue to provide health services to low-income American Indians in Los Angeles and Orange Counties.

**Angels Depot**  
Vista, CA  
$150,000 over three years  
For core operating support to sustain a food box nutrition program for low-income seniors in San Diego County.

**Antelope Valley Community Clinic**  
Lancaster, CA  
$150,000 over three years  
For core operating support to continue to provide primary health care services to low-income residents of the Antelope Valley.

**Area Agency on Aging - Serving Napa and Solano**  
Vallejo, CA  
$150,000 over three years  
For core operating support for Stop Falls Napa Valley to sustain a comprehensive falls prevention program for low-income seniors.

**Asian Communities for Reproductive Justice**  
Oakland, CA  
$150,000 over three years  
For core operating support to continue to promote reproductive health care rights and justice for Asian-American and Pacific Islander girls and women in California.
Aspiranet
South San Francisco, CA
$150,000 over three years
For core operating support for the Experience Corps Bay Area volunteer-based, intergenerational tutoring and mentoring program to continue to improve the health of seniors in Alameda and San Francisco Counties.

Association of Occ and Env Clinics
Washington, DC
$180,000 over three years
For core operating support for the Occupational Health Internship Program to sustain an internship program on health and safety issues affecting low-wage workers in California.

Be A Mentor, Inc.
Hayward, CA
$100,000 over three years
For core operating support to sustain mentoring services, as a teenage pregnancy prevention strategy, to high-risk youth at Castlemont High School in East Oakland.

Behavioral Health Services, Inc.
Gardena, CA
$180,000 over three years
For core operating support for the Older Adult Services Division to sustain the promotora-based health education and promotion services for Latino immigrant seniors in Los Angeles County.

Bethany Services
Bakersfield, CA
$150,000 over three years
For core operating support to sustain the Bakersfield Homeless Center Medical and Dental Program to improve the well-being, health and functional ability of the homeless population of Bakersfield.

A Better LA
Los Angeles, CA
$65,000 over six months
To support the Summer Night Lights Program, as a gang violence prevention strategy, in Nickerson Gardens, Jordan Downs and Imperial Courts — three public housing developments in Watts.

Brave New Foundation 501 C 3
Culver City, CA
$250,000 over three years
For project support to conduct a public education campaign about workplace health and safety issues facing low-wage workers in California.

Building Opportunities for Self-Sufficiency
Berkeley, CA
$150,000 over three years
For core operating support to continue to provide health education and case management to homeless women in Alameda County.

Calexico New River Committee, Inc.
Calexico, CA
$100,000 over three years
For core operating support to continue to inform policymakers, opinion leaders and community residents about health issues related to pollution in the New River.
California Consortium for Urban Indian Health, Inc.
San Francisco, CA
$180,000 over three years
For core operating support to continue to strengthen the development of the consortium and to continue to promote health and access to care for Native Americans living in cities throughout California.

California Council of Churches
Sacramento, CA
$150,000 over three years
For core operating support to continue to both inform policymakers and to mobilize community members of faith to be effective advocates for meaningful and universal health care coverage for all Californians.

California Council on Gerontology and Geriatrics
Los Angeles, CA
$150,000 over three years
To inform policymakers and opinion leaders about the need to develop a more diverse student body to represent the health needs of the diverse aging population in the state.

California Family Health Council, Inc.
Los Angeles, CA
$202,500 over one year
For project support to develop, implement and evaluate a TCWF statewide conference on teenage pregnancy prevention in 2010.

California Forward
Sacramento, CA
$200,000 over three years
For project support for the development and implementation of a curriculum on health issues for California Legislative Staff Education Institute.

California Health Advocates
Sacramento, CA
$225,000 over three years
For core operating support to continue to both provide technical assistance to Medicare intermediaries throughout California and to inform policymakers about Medicare issues critical to California’s seniors.

California Institute of Integral Studies
San Francisco, CA
$210,000 over three years
To train students from underrepresented ethnic and racial communities for careers in community-based mental health.

California Pan-Ethnic Health Network
Oakland, CA
$150,000 over three years
For core operating support to sustain public policy advocacy efforts to inform policymakers and decisionmakers about the health care needs of communities of color in California.

California Primary Care Association
Sacramento, CA
$200,000 over three years
For core operating support to strengthen organizational capacity and continue to inform policymakers and decisionmakers about the needs of California’s community clinics and the clients served.

California Primary Care Association/Oral Health Access Council
Sacramento, CA
$185,000 over three years
For core operating support for the Oral Health Access Council to continue to inform policymakers and decisionmakers about the necessity of maintaining and increasing access to oral health services in California.

California Public Interest Research Education Fund, Inc.
Sacramento, CA
$165,000 over three years
For core operating support for a health care program to continue to research, inform policymakers and engage the public on issues related to health care access and delivery in California.

California State University, Fresno Foundation/Central Valley Health Policy Institute
Fresno, CA
$185,000 over three years
For core operating support for the Central Valley Health Policy Institute to sustain and strengthen its health policy work and implement key elements of its strategic plan.
California State University, Northridge Foundation/Career Opportunities in Research
Northridge, CA
$180,000 over three years
For core operating support to continue to provide mentorship and research opportunities for students of color interested in pursuing mental health careers.

California Women’s Law Center
Los Angeles, CA
$150,000 over three years
For core operating support to continue to provide education and training regarding women’s health and the law.

Camacho, Guillermo
West Covina, CA
$25,000 over one year
For the 2009 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

CARA Education Fund
Oakland, CA
$225,000 over three years
For core operating support to continue training and supporting ethnically diverse seniors to inform policymakers about issues impacting the health and well-being of seniors in California.

Casa de Amparo
Oceanside, CA
$120,000 over three years
For core operating support for the New Directions program to sustain safe housing, counseling and other supportive services in Oceanside for former foster youth.

Catholic Charities of Santa Clara County
San Jose, CA
$150,000 over three years
For core operating support to sustain the Older Adult Services Division’s nutrition and health promotion programs for low-income seniors in Santa Clara County.

Center for Community Action and Environmental Justice
Riverside, CA
$200,000 over two years
For core operating support to sustain environmental health education, leadership training and public policy activities in Riverside and San Bernardino Counties.

Center for Community Health and Well-Being, Inc.
Sacramento, CA
$150,000 over three years
For core operating support to continue to provide prenatal and well-woman care to underserved women in Sacramento.
Center for the Partially Sighted
Culver City, CA
$150,000 over three years
For core operating support to sustain low-vision evaluation, optometric, rehabilitative and other supportive services for low-income seniors in Los Angeles County.

Center for Young Women’s Development
San Francisco, CA
$175,000 over three years
For core operating support to continue to provide health and wellness services to young women involved in the juvenile justice system in San Francisco and Alameda Counties.

Centro Binacional para el Desarrollo Indígena Oaxaqueño
Fresno, CA
$200,000 over three years
For core operating support to continue providing health and social services in the Central Valley.

Centro CHA, Inc.
Long Beach, CA
$150,000 over three years
For core operating support to sustain employment training and intensive case management services, as a violence prevention strategy, to at-risk, formerly gang-involved and previously incarcerated youth in Long Beach.

Centro Laboral de Graton
Graton, CA
$140,000 over three years
For core operating support to continue to provide preventive health education, occupational health and safety education, and information and referral services to day laborers in Graton.

Challengers Boys & Girls Club
Los Angeles, CA
$200,000 over three years
For core operating support to continue to provide free, on-site dental services to children and youth in South Los Angeles.

Channel Island Young Mens Christian Association
Santa Barbara, CA
$200,000 over three years
For core operating support for the Youth and Family Services branch to sustain counseling, case management and other supportive services in Santa Barbara County for homeless and runaway youth.

Children’s Hospital & Research Center at Oakland
Oakland, CA
$210,000 over three years
For core operating support for the FACES for the Future program to continue to provide comprehensive health professions pipeline programming for underrepresented minority high school students in Alameda County.

Children’s Hospital of Los Angeles/Childrens Hospital of Los Angeles, Division of Adolescent Medicine
Los Angeles, CA
$400,000 over two years
For core operating support for the Division of Adolescent Medicine to continue to provide health services at its Teenage and Young Adult Health Center.

Children’s Hospital of Los Angeles/Childrens Hospital of Los Angeles, Division of Adolescent Medicine
Los Angeles, CA
$225,000 over three years
For core operating support for the Division of Adolescent Medicine’s teenage pregnancy prevention programs for at-risk and pregnant teens in Hollywood and South Los Angeles.

Chinese Progressive Association
San Francisco, CA
$200,000 over three years
For core operating support to continue to provide occupational safety and health education and leadership training to immigrant Chinese restaurant workers.

CONTINUED
City Impact, Inc.
Oxnard, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Clinica Sierra Vista
Bakersfield, CA
$210,000 over three years
For project support to provide health services and health education to farmworkers and their families in the southern San Joaquin Valley.

Clinicas de Salud del Pueblo, Inc.
Brawley, CA
$200,000 over three years
For core operating support to continue to provide primary health care services to underserved residents in rural Imperial County.

Clinicas Del Camino Real, Inc.
Ventura, CA
$200,000 over three years
For core operating support to sustain the provision of dental and medical services through mobile clinics to farmworkers and their families in Ventura County.

Coalition of Orange County Community Clinics
Irvine, CA
$275,000 over two years
For core operating support to continue to strengthen coalition capacity and provide primary care services at member clinics in Orange County.

COFEM
Los Angeles, CA
$165,000 over three years
For core operating support to continue the Community Networks program to advocate for the health care needs of Latino immigrant communities in California.

Community Action Partnership of Kern
Bakersfield, CA
$150,000 over three years
For core operating support to continue to provide health care services to low-income residents of Bakersfield at the Family Health Center.

Community Clinic Association of Los Angeles County
Los Angeles, CA
$270,000 over three years
For core operating support to continue to provide technical assistance to member clinics and to provide pharmacy/dispensary-related services.

Community Clinic Consortium of Contra Costa
Richmond, CA
$280,000 over three years
For core operating support to strengthen public policy capacity and sustain the provision of medical and dental services for residents of Contra Costa and Solano Counties.
Community Coalition for Substance Abuse Prevention & Treatment
Los Angeles, CA
$170,000 over three years
For core operating support to continue to involve community residents in efforts to inform elected officials and decisionmakers about the impact of state budget cuts to health and human services on low-income families in South Los Angeles.

Community Foundation of the Napa Valley
Napa, CA
$250,000 over three years
For project support for a regranting program to promote the health of low-income and underserved residents of rural Napa County.

Community Health Councils, Inc.
Los Angeles, CA
$160,000 over three years
For core operating support to continue to inform policymakers and decisionmakers about the need to develop an integrated regional network of health services to address health care needs in South Los Angeles.

Community Health Partnership of Santa Clara County, Incorporated
Santa Clara, CA
$200,000 over two years
For core operating support to continue to strengthen administrative functions to support member clinics and provide primary and preventive health care services to residents of Santa Clara and San Mateo Counties.

Community Health Systems, Inc.
Moreno Valley, CA
$200,000 over three years
For core operating support to continue to provide dental health services for children at its Moreno Valley Health Center in Riverside County.

Community Health Systems, Inc./Fallbrook Family Health Center
Moreno Valley, CA
$180,000 over three years
For core operating support to continue to provide health services to low-income women in rural San Diego County.

Community Human Services
Monterey, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Community Partners
Los Angeles, CA
$250,000 over one year
For project support to develop, implement and evaluate TCWF’s 2010 Conference on Transition-Age Youth.

Community Partners
Los Angeles, CA
$65,000 over six months
For project support to augment a current grant to develop, implement and evaluate TCWF statewide conferences on the issue of transition-age youth in 2008 and 2009.

Community Partners/Child Welfare Initiative
Los Angeles, CA
$100,000 over two years
For project support to develop, and inform policymakers and other stakeholders about, practices and policies to improve services, programs and housing options for transition-age foster youth in Los Angeles County.

Community Partners/Southern California Coalition for Occupational Safety and Health
Los Angeles, CA
$170,000 over three years
For core operating support for the Southern California Coalition for Occupational Safety and Health to sustain occupational safety and health education and public policy efforts in Southern California.

Community Services Program, Inc.
Santa Ana, CA
$180,000 over three years
For core operating support to sustain emergency shelter services, including case management and counseling, in Orange County for homeless and runaway youth.

CompassPoint Nonprofit Services
San Francisco, CA
$170,000 over one year
For project support to develop, implement and evaluate a TCWF statewide conference on violence prevention and California Peace Prize award dinner in 2010.

CONTINUED
CompassPoint Nonprofit Services  
San Francisco, CA  
$25,000 over three months  
For project support to augment a current grant to plan, implement and evaluate TCWF’s annual conference on violence prevention and California Peace Prize award dinner.

Council for a Strong America Fight Crime - Invest in Kids  
San Francisco, CA  
$200,000 over three years  
For core operating support to continue efforts to inform policymakers and opinion leaders about evidence-based violence prevention programs and strategies in California.

Council of Community Clinics  
San Diego, CA  
$300,000 over three years  
For core operating support to continue to provide members with shared services and technical assistance and support the provision of primary and preventive health services at member clinics in San Diego, Imperial and Riverside Counties.

Council on Foundations, Inc.  
Arlington, VA  
$150,000 over two years  
For project support to develop and implement educational programming on ethnic and racial diversity and inclusiveness for health and human service foundations in California.

County of Sacramento, Department of Health and Human Services/Nurse Family Partnership  
Sacramento, CA  
$150,000 over three years  
For core operating support to continue to provide an intensive home visiting program for underserved mothers and their babies in Sacramento.

County of Santa Cruz Health Services Agency  
Santa Cruz, CA  
$135,000 over three years  
For core operating support to sustain the Teen Health Outreach Program serving high-risk youth and pregnant teens in the city of Watsonville.

Covenant House California  
Hollywood, CA  
$300,000 over three years  
For core operating support to sustain a comprehensive continuum of care, including counseling and safe housing, in Hollywood and Oakland for homeless and runaway youth.

CRLA Foundation/Central Valley Partnership for Citizenship  
Sacramento, CA  
$150,000 over three years  
For core operating support for the Central Valley Partnership for Citizenship to continue to engage immigrant communities in efforts to inform policymakers and opinion leaders about the health needs of immigrants residing in the Central Valley.
Daley, Sandra P.  
San Diego, CA  
$25,000 over one year  
For the 2010 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

Darin M. Camarena Health Centers, Inc.  
Madera, CA  
$200,000 over three years  
For core operating support to sustain the provision of health education and chronic disease management services to farmworkers in Madera County.

The Davis Street Community Center, Incorporated  
San Leandro, CA  
$100,000 over three years  
For core operating support to continue to provide medical and dental services for low-income families in central Alameda County.

Del Amo Action Committee  
San Pedro, CA  
$150,000 over three years  
For core operating support to sustain environmental health education, community organizing and leadership training efforts in the Del Amo community of unincorporated Los Angeles County.

Dental Health Foundation  
Oakland, CA  
$150,000 over three years  
For core operating support to continue to inform policymakers and decisionmakers about the oral health care needs of underserved residents of California.

DesertArc  
Palm Desert, CA  
$120,000 over three years  
For core operating support to continue to provide medical care to medically fragile adults with developmental disabilities participating in its programs.

Dientes Community Dental Clinic, Inc.  
Santa Cruz, CA  
$200,000 over three years  
For core operating support to continue to provide comprehensive oral health services to low-income, uninsured residents in Santa Cruz County.

Environmental Health Coalition  
National City, CA  
$200,000 over two years  
For core operating support to sustain environmental health education, leadership training and public policy activities in San Diego County.

Environmental Health Coalition/California Environmental Justice Alliance  
National City, CA  
$150,000 over three years  
For core operating support for the project California Environmental Justice Alliance to continue to inform policymakers and opinion leaders about environmental health issues in underserved communities in California.

Environmental Justice Coalition for Water  
Oakland, CA  
$150,000 over three years  
For core operating support to sustain leadership training and public policy efforts concerning the health impacts of unsafe drinking water.

Episcopal Community Service of San Francisco  
San Francisco, CA  
$150,000 over three years  
For core operating support to continue to provide health services to formerly homeless residents in supportive housing sites.
Esperanza Community Housing Corporation
Los Angeles, CA
$180,000 over two years
For core operating support to sustain the provision of environmental health education for low-income tenants in Los Angeles County.

Exhale an After-Abortion Counseling Talkline
Oakland, CA
$150,000 over three years
For core operating support to continue to provide women in California with nonjudgmental postabortion support.

Families USA Foundation, Inc.
Washington, DC
$150,000 over three years
For core operating support to continue to inform federal and state policymakers, opinion leaders and health advocacy organizations about the impact of federal health policies on health and access to care for low-income Californians.

Family Health Centers of San Diego, Inc.
San Diego, CA
$180,000 over three years
For core operating support to continue to provide reproductive health care services for underserved women in the beach communities of San Diego.

Family Service Agency of San Francisco
San Francisco, CA
$150,000 over two years
For core operating support for the Youth Family Resource Center to provide comprehensive programs to pregnant and parenting teens residing in San Francisco, as a strategy to prevent repeat teen pregnancies.

Family Service Association of Western Riverside
Moreno Valley, CA
$300,000 over three years
For core operating support to sustain congregate and home-delivery nutrition programs for seniors in Riverside and San Bernardino Counties.

Farmworker Health Services, Inc.
Oakland, CA
$200,000 over three years
For core operating support to sustain the provision of training and technical assistance to organizations providing health services to farmworkers in California.

Fenton Communications
San Francisco, CA
$1,000,000 over one year
For project support to implement a public education campaign to inform policymakers and opinion leaders about the health care workforce and its diversity and to inform underrepresented minority youth about health careers in California.
Flores Muñoz, Shirley
Aptos, CA
$25,000 over one year
For the 2009 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

Foothill Family Service
Pasadena, CA
$150,000 over three years
For core operating support to sustain intensive case management services for pregnant and parenting teens in Los Angeles County, as a strategy to prevent repeat teen pregnancies.

Foundation for the California State University San Bernardino/California State University, San Bernardino, Palm Desert Campus
San Bernardino, CA
$240,000 over three years
For project support to recruit and retain underrepresented nursing students from the Coachella Valley.

Free Clinic of Simi Valley
Simi Valley, CA
$150,000 over three years
For core operating support to continue to provide health, dental, legal and counseling services for uninsured and low-income residents of Simi Valley.

Fresno County Economic Opportunities Commission
Fresno, CA
$225,000 over three years
For core operating support for Sanctuary Youth Services to sustain a comprehensive set of outreach, housing and supportive services, including counseling, in Fresno County for homeless, runaway and former foster youth.

Fresno Interdenominational Refugee Ministries
Fresno, CA
$150,000 over two years
For core operating support to sustain the provision of environmental health education for low-income immigrants living in substandard housing.

Fresno Street Saints, Inc.
Fresno, CA
$220,000 over three years
For core operating support to sustain violence prevention programming targeting at-risk and gang-affiliated youth and community residents in southwest Fresno.

Friends of Deer Creek
Nevada City, CA
$150,000 over three years
For core operating support to sustain environmental health education and testing efforts for residents and users of the Deer Creek watershed.

Garcia, Ronald D.
Menlo Park, CA
$25,000 over one year
For the 2010 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

Gardner Family Health Network, Inc.
San Jose, CA
$165,000 over three years
For core operating support to continue to provide primary health services to low-income women in Gilroy and southern Santa Clara County.

Garment Worker Center
Los Angeles, CA
$175,000 over three years
For core operating support to continue to provide occupational health and safety education to garment workers.

Gary Center
La Habra, CA
$250,000 over three years
For core operating support to continue to provide dental health services at Full Mouth Restoration Dental Clinic in Orange County.

Glide Memorial United Methodist Church/Glide Health Services
San Francisco, CA
$200,000 over three years
For core operating support for Glide Health Services to continue to provide primary care services to the homeless and indigent in San Francisco.
GraceSource, Inc.
Sutter, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Guttmacher Institute, Inc.
New York, NY
$150,000 over three years
For project support to inform policymakers and opinion leaders about adolescent sexual and reproductive health, by providing new estimates on teen pregnancy rates and analyzing trends in sex education in California.

Harder + Company Community Research
Davis, CA
$130,000 over one year and six months
To conduct an evaluation of TCWF’s two-year grant to the Liberty Hill Foundation that focuses on capacity building and sustainability for small, minority-led health and/or human service nonprofits in Los Angeles County.

Health Care Council of Orange County
Santa Ana, CA
$100,000 over three years
For core operating support to continue to provide education to improve health care and access for residents of Orange County.

Health Education Council Serving Populations at Risk
West Sacramento, CA
$225,000 over three years
For core operating support to sustain the provision of health education to low-wage workers in the Sacramento region.

Health Services Academy High School
Los Angeles, CA
$150,000 over three years
For project support to provide academic and career development programs for low-income students of color in South Los Angeles.

Healthy Teen Network
Baltimore, MD
$135,000 over three years
For core operating support to strengthen membership services in California and to continue to inform policymakers about comprehensive programs for pregnant teens in California.

Hill Country Community Clinic
Round Mountain, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.
Hispanics in Philanthropy
San Francisco, CA
$250,000 over three years
For project support for the Funders Collaborative for Strong Latino Communities to provide capacity-building grants, convenings and technical assistance to Latino-led, Latino-serving nonprofit health organizations in California.

Hollister Youth Alliance
Hollister, CA
$150,000 over three years
For core operating support for the FAMILIA Young Parents Program to provide comprehensive programs to pregnant and parenting teens residing in the city of Hollister, as a strategy to prevent repeat teen pregnancies.

Homeboy Industries
Los Angeles, CA
$200,000 over two years
For core operating support to sustain employment training and tattoo removal services, as a violence prevention strategy, to former gang-affiliated and previously incarcerated youth in Los Angeles County.

Huckleberry Youth Programs, Inc.
San Francisco, CA
$175,000 over three years
For core operating support to continue to provide health care pipeline programming for underserved youth in Marin County.

Huckleberry Youth Programs, Inc.
San Francisco, CA
$270,000 over three years
For core operating support to continue the provision of Teen Tuesday Health Clinic and school-based outreach, as a teen pregnancy prevention strategy, in San Rafael and surrounding communities in Marin County.

Inquilinos Unidos
Los Angeles, CA
$175,000 over three years
For core operating support to continue to provide environmental health education to low-income tenants in Los Angeles.

Institute for Community Peace, Inc.
Washington, DC
$225,000 over three years
For core operating support to sustain the provision of technical assistance for California-based violence prevention organizations and to inform policymakers about promising violence prevention programs.

InyoMono Advocates for Community Action
Bishop, CA
$180,000 over two years
For core operating support to continue to provide case management to underserved mothers and their infants in Inyo County.

Jefferson Union High School District/Daly City Youth Health Center
Daly City, CA
$225,000 over three years
For core operating support for the Daly City Youth Health Center to sustain reproductive health services targeting teens in Daly City and surrounding communities.

Jovenes, Inc.
Los Angeles, CA
$180,000 over three years
For core operating support to sustain safe housing, counseling and other supportive services in Boyle Heights for homeless youth.

Just Transition Alliance
Chula Vista, CA
$200,000 over three years
For core operating support to sustain coalition-building efforts to protect Californians from the harmful health effects of toxic chemicals.

King, Brian
Fresno, CA
$25,000 over one year
For the 2009 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.
Korean Resource Center, Inc.
Los Angeles, CA
$180,000 over three years
For core operating support to continue training and supporting Korean-American immigrant seniors to inform policymakers about issues impacting the health and well-being of low-income, limited-English-proficient and immigrant seniors.

Labor Project for Working Families
Berkeley, CA
$200,000 over two years
For project support for the California Work and Family Coalition to inform policymakers and opinion leaders about challenges facing working families with chronic health problems or recurring caregiving issues.

The Latina Center
Richmond, CA
$135,000 over three years
For core operating support to continue to provide health promotion and leadership development programs for Latinas in Alameda and Contra Costa Counties.

Latino Community Foundation
San Francisco, CA
$225,000 over three years
For project support of teenage pregnancy prevention programs in San Francisco Bay Area counties through a regranting, technical assistance and convening program.

Laurel House, Inc.
Tustin, CA
$150,000 over three years
For core operating support to sustain a supportive housing program, including counseling services, in Orange County for youth who are, or at high risk for becoming, homeless or runaways.

Legal Community Against Violence
San Francisco, CA
$225,000 over three years
For core operating support to continue legal policy research, analysis and educational outreach to prevent gun violence in California.

LeRoy Haynes Center for Children and Family Services, Inc.
La Verne, CA
$150,000 over three years
For core operating support to sustain safe housing, counseling and other supportive services in eastern Los Angeles County for former foster youth.

Liberty Hill Foundation
Santa Monica, CA
$225,000 over two years
For core operating support to sustain the Environmental Justice Fund, which provides grants and technical assistance to grassroots environmental justice organizations in Los Angeles County.

Lim, Phalen
Santa Ana, CA
$25,000 over one year
For the 2009 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.
Literacy for Environmental Justice
San Francisco, CA
$150,000 over two years
For core operating support to sustain environmental health education and leadership development in the Bayview Hunters Point neighborhood in San Francisco.

Los Angeles Alliance for a New Economy
Los Angeles, CA
$150,000 over three years
For project support to improve the health and safety of low-wage workers in the waste and recycling industry.

Los Angeles Gay and Lesbian Community Services Center, Inc.
Los Angeles, CA
$75,000 over three years
For core operating support for the LifeWorks program to sustain mentor-based counseling in Hollywood for lesbian, gay, bisexual and transgender youth who are homeless or formerly in foster care.

Los Angeles Unified School District/McAlister High School
Los Angeles, CA
$120,000 over three years
For core operating support for McAlister High School to sustain comprehensive programs for pregnant teens.

Los Angeles Youth Network/LA Youth
Los Angeles, CA
$225,000 over three years
For core operating support to sustain a supportive housing program, including counseling services, in Los Angeles County for homeless and runaway youth.

Magaña, Tomas
Oakland, CA
$25,000 over one year
For the 2009 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

Maternal Outreach Management System
Santa Ana, CA
$180,000 over three years
For core operating support to continue to provide perinatal case management to underserved women in Orange County.

MayView Community Health Center
Palo Alto, CA
$150,000 over three years
For core operating support to continue to provide health care services for uninsured and low-income residents of Santa Clara County.

Meals on Wheels Family and Community Services of Contra Costa
Walnut Creek, CA
$190,000 over three years
For core operating support to sustain a senior nutrition program and a falls prevention program for seniors in Contra Costa County.

Meals on Wheels of Salinas, Inc.
Salinas, CA
$150,000 over three years
For core operating support to sustain a home-delivered meals program for low-income, homebound seniors throughout the Salinas Valley.

Mendocino Coast Clinic, Inc.
Fort Bragg, CA
$150,000 over three years
For core operating support to continue to provide primary health care and dental services for underserved residents along the rural Mendocino coast.

Mendocino Family and Youth Services, Inc.
Ukiah, CA
$150,000 over three years
For core operating support for the Mendocino County Youth Project to sustain safe housing, counseling and other supportive services in Mendocino County for runaway and homeless youth.

Mission Hospital’s Camino Health Center
San Juan Capistrano, CA
$200,000 over three years
For core operating support to continue to provide primary medical and dental care to underserved residents of South Orange County.

Mixteco Indigena Community Organizing Project
Oxnard, CA
$200,000 over three years
For core operating support to sustain preventive health education for immigrant Oaxacan farmworkers in Ventura County.
Moreno Valley Unified School District
Moreno Valley, CA  
$150,000 over three years  
For core operating support to sustain the California School Age Families Education program, as a strategy to prevent repeat teen pregnancies, at March Mountain High School in Moreno Valley.

National Conference of State Legislatures  
Denver, CO  
$80,000 over two years  
To support the Teen Pregnancy Prevention Project, to inform policymakers about effective teenage pregnancy prevention programs in California.

National Council on Crime and Delinquency  
Oakland, CA  
$200,000 over two years  
For project support to continue the California Cities Gang Prevention Network, to inform policymakers and opinion leaders about promising gang prevention programs and strategies.

National Day Laborer Organizing Network  
Los Angeles, CA  
$225,000 over three years  
For core operating support to sustain the Day Laborer Health and Safety Training Program in Los Angeles.

National Health Services, Inc.  
Shafter, CA  
$150,000 over three years  
For core operating support to continue to provide reproductive health services to underserved women in Kern County.

National Immigration Law Center  
Los Angeles, CA  
$165,000 over three years  
For core operating support to continue to inform policymakers, advocates and opinion leaders about policies affecting immigrants’ access to health care services in California and to strengthen internal infrastructure.

New Directions, Inc.  
Los Angeles, CA  
$175,000 over three years  
For core operating support to continue to provide health-related programming for homeless women veterans in Los Angeles.

New Morning Youth & Family Services  
Placerville, CA  
$150,000 over three years  
For core operating support for a children’s shelter to sustain emergency shelter, counseling and other supportive services in El Dorado County for homeless and runaway youth.

Niswa  
Lomita, CA  
$150,000 over three years  
For core operating support to continue to provide health-related case management services to underserved Muslim women in Southern California.

Nonprofit Finance Fund  
San Francisco, CA  
$200,000 over one year  
To provide Tough Times Recession Planning workshops and technical assistance for TCWF health and human service grantees in the special projects portfolio.
Northeast Community Clinic
Alhambra, CA
$200,000 over three years
For core operating support to continue to provide culturally appropriate health care to low-income populations in Los Angeles.

Oak Valley District Hospital/Family Support Network
Oakdale, CA
$150,000 over three years
For core operating support for the Family Support Network, a family resource center in rural eastern Stanislaus County, to continue to provide health promotion and case management services to underserved populations.

On Lok Day Services
San Francisco, CA
$200,000 over three years
For core operating support to sustain nutrition, falls prevention and other health promotion services for seniors in San Francisco.

On The Move
Napa, CA
$250,000 over three years
For core operating support for a program to sustain case management, counseling and other supportive services in Napa and Sonoma Counties for emancipating and former foster youth.

Open Door Community Health Centers
Arcata, CA
$150,000 over three years
For core operating support to sustain teen reproductive health services for at-risk, underserved youth in Del Norte and Humboldt Counties.

Operation Safe House, Inc.
Riverside, CA
$300,000 over three years
For core operating support to sustain a supportive housing program, including counseling services, in Riverside County for homeless and runaway youth.

Orange County Rescue Mission Health Care Services
Tustin, CA
$150,000 over three years
For core operating support to continue to provide primary health care services to underserved women in Orange County.

Oxendine, Jeffrey S.
Moraga, CA
$25,000 over one year
For the 2010 Champions of Health Professions Diversity Award, to recognize and acknowledge individuals who have made substantial contributions to increasing the diversity of California’s health professions.

Pacific Institute for Community Organizations/PICO California
Oakland, CA
$150,000 over three years
For core operating support for the PICO California project to continue working with its affiliates to increase access to health care at the local, state and federal levels.

Pacific News Service
San Francisco, CA
$175,000 over three years
For project support for the Environmental Health Newsbeat, to expand the capacity of California’s ethnic media to cover environmental health issues.

Pajaro Valley Community Health Trust
Watsonville, CA
$200,000 over two years
For core operating support to sustain diabetes prevention and treatment services for farmworkers in Santa Cruz, Monterey and San Benito Counties.

Path of Life Ministries
Riverside, CA
$150,000 over three years
For core operating support to continue to provide health care services to homeless persons in Riverside.

People and Congregations Together for Stockton, Inc.
Stockton, CA
$150,000 over three years
For core operating support to continue to mobilize the community to address issues related to health and health access in low-income communities in San Joaquin County.

People Resources, Inc.
Woodland, CA
$150,000 over three years
For core operating support to sustain an elderly nutrition program for low-income and rural seniors in Yolo County.
People’s Community Organization for Reform and Empowerment
Los Angeles, CA
$150,000 over three years
For core operating support to sustain environmental health education, leadership development and public policy efforts in the South Bay area of Los Angeles County.

Pivotal Point Youth Services, Inc.
Oakland, CA
$150,000 over three years
For core operating support to sustain employment training, case management and other support services to high-risk, underserved youth in Oakland.

Planned Parenthood Los Angeles
Los Angeles, CA
$165,000 over three years
For core operating support to continue to provide reproductive health services for underserved women in Los Angeles County.

Planned Parenthood of Santa Barbara, Ventura, and San Luis Obispo Counties, Inc.
Santa Barbara, CA
$190,000 over three years
For core operating support to continue to provide reproductive health care to underserved women.

Prevention Institute
Oakland, CA
$170,000 over two years
For project support to continue the Urban Networks To Increase Thriving Youth initiative, to inform California policymakers and opinion leaders about promising violence prevention strategies.

Program for Torture Victims
Los Angeles, CA
$100,000 over three years
For core operating support to provide medical treatment and other services to immigrants suffering from physical and psychological injuries as a result of torture.

Project Concern International
San Diego, CA
$250,000 over three years
For core operating support for the Border Health Initiative to continue to provide capacity- and network-building services to improve access to health care for underserved communities in the California/Baja California border region.

Project Independence
Costa Mesa, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Public Health Foundation Enterprises, Inc./ACCESS Health and Nutrition Services
City of Industry, CA
$180,000 over three years
For core operating support to sustain the ACCESS Teen Pregnancy Prevention program in Orange County.
Public Health Foundation Enterprises, Inc./Violence Prevention Coalition of Orange County
City of Industry, CA
$120,000 over three years
For core operating support to sustain the Violence Prevention Coalition of Orange County.

Public Health Institute/Center for Civic Partnerships
Oakland, CA
$230,000 over one year
For project support to develop, implement and evaluate a TCWF statewide conference on organizational learning and evaluation in 2010, for health and human service nonprofits in California.

Public Health Institute/Center for Collaborative Planning
Oakland, CA
$50,000 over three months
For project support to augment a current grant to develop, implement and evaluate TCWF’s annual conference on increasing diversity in the health professions.

Public Health Institute/Center for Collaborative Planning
Oakland, CA
$345,000 over one year
For project support to develop, implement and evaluate TCWF’s 2010 conference on increasing diversity in the health professions and the Champions of Health Professions Diversity Award dinner.

Public Health Institute/Center for Collaborative Planning
Oakland, CA
$110,000 over one year
For the Center for Collaborative Planning to develop, implement and evaluate the TCWF annual California health advocates retreat.

Pueblo Unido CDC
La Quinta, CA
$150,000 over three years
For core operating support to sustain environmental health education, community organizing and public policy efforts in the Coachella Valley.

Redlands Community Hospital/Redlands Family Clinic
Redlands, CA
$150,000 over three years
For core operating support to continue to provide primary care to underserved women of Riverside and San Bernardino Counties.

Regents of the University of California, Berkeley/Health Initiative of the Americas
Berkeley, CA
$250,000 over three years
For project support for the Health Initiative of the Americas Collaborative Border Health Project in the Imperial County border area.

Regents of the University of California, Los Angeles/Center for Health Policy Research
Los Angeles, CA
$175,000 over three years
For core operating support for the Center for Health Policy Research to continue its State of Health Insurance in California project.

Regents of the University of California, Los Angeles/Southern California Education and Research Center
Los Angeles, CA
$200,000 over three years
For core operating support for the Southern California Education and Research Center to continue to provide occupational safety and health education to low-wage workers in Southern California.

Regents of the University of California, Los Angeles/Southern California Injury Prevention Research Center
Los Angeles, CA
$150,000 over two years
For core operating support for the Southern California Injury Prevention Research Center to sustain evaluation and technical assistance support to community-based organizations addressing the issue of gang violence prevention.
Regents of the University of California, Los Angeles/Sustainable Technology Policy Program
Los Angeles, CA
$175,000 over three years
For core operating support for the Sustainable Technology Policy Program to continue to provide technical assistance and information to policymakers, opinion leaders and others about the health impacts of chemicals and emerging technologies.

Regents of the University of California, Los Angeles/University of California, Los Angeles, School of Public Health
Los Angeles, CA
$150,000 over three years
For core operating support to continue to recruit a diverse student body and provide financial assistance to under-represented minority students who are pursuing a public health degree.

Regents of the University of California, Riverside/University of California, Riverside, Division of Biomedical Sciences
Riverside, CA
$180,000 over three years
For core operating support for the FastStart Summer Academy to continue to provide academic and social support programming for disadvantaged students from the Inland area interested in health careers.

Regents of the University of California, San Francisco/Program on Reproductive Health and the Environment
Oakland, CA
$250,000 over two years
For project support for the Program on Reproductive Health and the Environment to conduct a biomonitoring study of mothers and newborns in San Francisco.

Regional Congregations & Neighborhood Organization Training Center
Los Angeles, CA
$200,000 over three years
For core operating support to continue to increase access to health care for formerly incarcerated persons in California.

Rose Foundation for Communities and the Environment
Oakland, CA
$140,000 over two years
For project support for the Bay Area Environmental Health Collaborative to sustain the provision of information to policymakers and opinion leaders about the cumulative health impacts of air pollution on underserved communities in the Bay Area.

Ryse, Inc.
Richmond, CA
$150,000 over three years
For core operating support to continue the provision of after-school programming and support services, as a violence prevention strategy, for high-risk youth residing in Richmond and surrounding communities in West Contra Costa County.
Sacramento Community Clinic Consortium, Inc.
Sacramento, CA
$230,000 over three years
For core operating support to sustain ongoing network activities and to implement the Sacramento Healthcare Access Program in Sacramento County.

Sacramento Native American Health Center, Inc.
Sacramento, CA
$150,000 over three years
For core operating support to continue to provide primary medical and dental services for residents of Sacramento.

Salvadoran American Leadership and Educational Fund
Los Angeles, CA
$205,000 over three years
For core operating support to continue to provide scholarships to Latino students in California who are pursuing health careers.

Salvation Army A California Corporation
Los Angeles, CA
$200,000 over three years
For core operating support for the Oxnard/Port Hueneme Corps Medical and Dental Clinic to continue to provide health care services for underserved residents of Ventura County.

San Diego Black Health Associates
San Diego, CA
$100,000 over three years
For core operating support to continue health promotion and education efforts for African-American communities in San Diego County.

San Diego County Medical Society Foundation
San Diego, CA
$200,000 over three years
For core operating support to continue to provide specialty health care services to the medically underserved in San Diego through Project Access San Diego.

San Diego County Office of Education
San Diego, CA
$150,000 over two years
For core operating support to sustain countywide gang and violence prevention services in San Diego County.

San Diego Lesbian, Gay, Bisexual and Transgender Community Center
San Diego, CA
$225,000 over three years
For core operating support to sustain drop-in center and supportive housing services, including counseling, in San Diego County for homeless and runaway youth, with a focus on those who are lesbian, gay, bisexual or transgender.

San Diego Mana
San Diego, CA
$75,000 over three years
For core operating support to continue to provide mentorship and scholarship support to Latinas from the San Diego area who are pursuing health professions education and careers.

San Francisco Community Clinic Consortium
San Francisco, CA
$200,000 over two years
For core operating support to continue ongoing fund development activities and provide ongoing primary and preventive health care services in San Francisco.

Santa Clarita Valley Food Pantry
Newhall, CA
$190,000 over three years
For core operating support to continue providing supplemental food for low-income seniors throughout the Santa Clarita Valley.

Santa Cruz Barrios Unidos, Inc.
Santa Cruz, CA
$200,000 over two years
For core operating support to sustain violence prevention programs in Santa Cruz County.

Santa Ynez Band of Chumash Mission Indians
Santa Ynez, CA
$200,000 over three years
For core operating support for the Tribal Health Clinic to continue to provide primary health care and dental services for underserved residents in rural Santa Barbara County.

Seventh Generation Fund for Indian Development, Inc.
Arcata, CA
$180,000 over three years
For project support for the Environmental Health and Justice Program to provide grants and technical assistance to environmental health organizations serving California’s Native American communities.

CONTINUED
Shasta Senior Nutrition Program
Redding, CA
$150,000 over three years
For core operating support to sustain a nutrition program for elderly, low-income and rural seniors throughout Shasta County.

Shelter From the Storm, Inc.
Palm Desert, CA
$150,000 over three years
For core operating support to continue to provide health services for women who are survivors of domestic violence in the Coachella Valley.

The Sierra Fund
Nevada City, CA
$200,000 over two years
For project support for the Gold Mining’s Toxic Legacy Initiative to engage in environmental health education and public policy efforts in Sierra Nevada communities.

Sierra Senior Services
Truckee, CA
$200,000 over three years
For core operating support to sustain nutrition and case management services for seniors of eastern Nevada and northern Placer Counties.

Silicon Valley Toxics Coalition
San Jose, CA
$175,000 over three years
For core operating support to sustain the provision of information to policymakers, opinion leaders and the public about the health risks of nanotechnology and other emerging technologies.

Simmons, Olis
Oakland, CA
$25,000 over one year
For the 2009 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.

Six Rivers Planned Parenthood
Eureka, CA
$180,000 over three years
For core operating support to continue to provide reproductive health services to underserved women in rural Northern California.

Social & Environmental Entrepreneurs See, Inc./Central Valley Air Quality Coalition
Los Angeles, CA
$175,000 over three years
For core operating support for the project, the Central Valley Air Quality Coalition, to inform policymakers, opinion leaders and community residents about health issues related to air quality in the Central Valley.

Social Model Recovery Systems, Inc.
Covina, CA
$225,000 over three years
For core operating support to sustain the United Coalition East Prevention Project to prevent violence against youth in the Central City East area of downtown Los Angeles.
Soledad Community Health Care District Foundation  
Soledad, CA  
$150,000 over three years  
For core operating support to continue to provide health care services for underserved, low-income residents of rural Soledad.

Somali Family Service of San Diego  
San Diego, CA  
$180,000 over three years  
For project support to develop and provide health education and health promotion services in San Diego for Somali and other East African immigrant seniors.

Sonoma County Community College District/Santa Rosa Junior College, Healthcare Workforce Development Project  
Santa Rosa, CA  
$225,000 over three years  
For core operating support for the Santa Rosa Junior College’s Healthcare Workforce Development Project to continue to provide information about health careers and academic and social support to low-income and Latino students in Sonoma County.

South Central Family Health Center  
Los Angeles, CA  
$35,000 over one year  
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

South County Senior Services, Inc.  
Laguna Woods, CA  
$150,000 over three years  
For core operating support to continue to provide nutritious meals to seniors in their homes and at congregate sites throughout South Orange County.

Southeast Asia Resource Action Center SEARAC  
Washington, DC  
$175,000 over three years  
For core operating support to continue to inform policymakers and service providers about healthy aging issues impacting Southeast Asian American seniors in California.

Southern California Center for Nonprofit Management  
Los Angeles, CA  
$200,000 over two years  
For project support for the Nonprofit Leadership Development Program to develop the skills of leaders of color to run nonprofit health and human service organizations.

Southern Trinity Health Services, Inc.  
Mad River, CA  
$150,000 over three years  
For core operating support to sustain comprehensive and integrated health, dental, mental health and social services for seniors in southern Trinity and southeastern Humboldt Counties.

Southside Coalition of Community Health Centers  
Los Angeles, CA  
$200,000 over three years  
For core operating support to continue to build infrastructure and capacity to strengthen the primary care safety net in South Los Angeles.

Special Service for Groups, Inc./Asian Pacific AIDS Intervention Team  
Los Angeles, CA  
$120,000 over three years  
For core operating support to continue to provide HIV education to high-risk monolingual Chinese women in Los Angeles.

St. Barnabas Senior Center of Los Angeles  
Los Angeles, CA  
$180,000 over three years  
For core operating support to sustain nutrition, falls prevention and other health promotion services for seniors in the greater downtown Los Angeles area.

St. Francis Medical Center of Lynwood Foundation  
Lynwood, CA  
$200,000 over three years  
For core operating support to continue to provide comprehensive health care services to underserved residents of South Los Angeles County.

St. Jude Hospital, Inc.  
Fullerton, CA  
$250,000 over three years  
For core operating support to continue to provide primary health care and prevention services to low-income residents in northern Orange County.

St. Vincent Senior Citizen Nutrition Program, Inc.  
Los Angeles, CA  
$150,000 over three years  
For core operating support to continue to provide meals to low-income, homebound seniors in Skid Row downtown Los Angeles, Westlake and other parts of Los Angeles County.
Stagebridge
Oakland, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Tahoe Youth and Family Services
South Lake Tahoe, CA
$150,000 over three years
For core operating support to sustain a drop-in center and emergency shelter program, including counseling services, in the South Lake Tahoe region for homeless and runaway youth.

Taller San Jose
Santa Ana, CA
$190,000 over three years
For core operating support to continue to provide health careers training and job placement assistance to unemployed young people from underserved communities in Orange County.

Teen Futures
Pasadena, CA
$150,000 over three years
For core operating support to sustain teenage pregnancy prevention programming serving high-risk, sexually active youth in Altadena and northwest Pasadena.

The Teen Project, Inc.
Rancho Santa Margarita, CA
$150,000 over three years
For project support to provide safe housing, counseling and other supportive services in Orange County for emancipated foster youth.

Tides Center/Latino Coalition for a Healthy California
San Francisco, CA
$150,000 over three years
For core operating support for the Latino Coalition for a Healthy California to continue to develop the capacity of its regional advocacy networks and to inform policymakers and opinion leaders about the health issues of Latino communities.

Tides Center/Youth Justice Institute
San Francisco, CA
$150,000 over three years
For core operating support for the Youth Justice Institute to sustain violence prevention programming to incarcerated youth in Alameda and San Francisco Counties.

Time For Change Foundation
San Bernardino, CA
$35,000 over one year
For the 2009 TCWF Sabbatical Program Award, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

Toussaint Youth Villages, Inc.
San Diego, CA
$150,000 over three years
For core operating support for Toussaint Academy to sustain a supportive housing program for homeless youth, including counseling services, in San Diego County.
The Transgender Law Center
San Francisco, CA
$160,000 over three years
For project support for the Health Care Access Project to increase access to health care for transgender communities in California.

Tulare County Office of Education/Ticket to Success
Visalia, CA
$75,000 over one year
For project support for the Ticket to Success Program to provide technical assistance and training to organizations assisting people with disabilities to obtain work while retaining access to health coverage.

Uncommon Good
Claremont, CA
$200,000 over two years
For core operating support for the Adopt an Angel program to continue to provide debt relief to minority physicians serving in community clinics in Los Angeles.

United African American Ministerial Action Council
San Diego, CA
$225,000 over three years
For core operating support to continue to provide access to health care services for persons returning from prison to San Diego.

United Cambodian Community
Long Beach, CA
$120,000 over three years
For core operating support to continue to provide health education and promotion services for low-income Cambodian and Southeast Asian communities in Long Beach.

United Playaz, Inc.
San Francisco, CA
$150,000 over three years
For core operating support to sustain case management services and violence prevention programming to high-risk and previously incarcerated youth in the South of Market district and other surrounding communities in San Francisco.

University Auxiliary And Research Services Corporation/National Latino Research Center
San Marcos, CA
$150,000 over two years
For project support for the National Latino Research Center to conduct environmental health research on drinking water quality in rural Imperial County communities.

Valley Community Clinic
North Hollywood, CA
$250,000 over three years
For core operating support to sustain the provision of peer-driven reproductive health services and education for teens in the San Fernando Valley region of Los Angeles.

Valley Health Team, Inc.
San Joaquin, CA
$200,000 over three years
For core operating support to continue to provide primary health care services to low-income, uninsured residents in rural Fresno County.

Victor Valley Community Dental
Victorville, CA
$250,000 over three years
For core operating support to continue to provide dental services to the underserved in the High Desert region of San Bernardino County.

Violence Policy Center
Washington, DC
$210,000 over three years
For core operating support to continue providing policy analysis, research and public education on gun violence prevention in California.

VIP Community Mental Health Center, Inc.
Los Angeles, CA
$180,000 over three years
For core operating support to sustain violence prevention services for at-risk and gang-affiliated youth in Boyle Heights and East Los Angeles.

Vision USA California
Sacramento, CA
$200,000 over three years
For core operating support to continue to provide vision screening, education, care and referrals to low-wage workers and their families throughout California.

West Fresno Health Care Coalition
Fresno, CA
$150,000 over three years
For core operating support to continue to provide health outreach, promotion and education for residents in West Fresno.
**WIND Youth Services**  
Sacramento, CA  
*$180,000 over three years*  
For core operating support to sustain crisis shelter, counseling and other supportive services in the Sacramento region for homeless youth.

**Women’s Empowerment**  
Sacramento, CA  
*$150,000 over three years*  
For core operating support to continue to provide health programming and case management to homeless women in the Sacramento region.

**Worksafe, Inc.**  
Oakland, CA  
*$200,000 over three years*  
For core operating support to sustain the provision of information to policymakers and opinion leaders about occupational safety and health issues affecting low-wage workers in California.

**Worksite Wellness LA**  
Los Angeles, CA  
*$150,000 over three years*  
For core operating support to sustain the provision of health education, health insurance enrollment assistance, and information and referral services to low-wage workers in Los Angeles.

**World Health Organization**  
Geneva, Switzerland  
*$175,000 over three years*  
To support the Violence Prevention Alliance to inform California policymakers about violence prevention strategies and to support participation of California delegates in two Milestones of a Global Campaign for Violence Prevention meetings.

**Yolo Family Resource Center**  
Woodland, CA  
*$150,000 over three years*  
For core operating support to continue to improve the health of low-income families in rural Yolo County through prevention and health education.

**Young Workers United**  
San Francisco, CA  
*$150,000 over three years*  
For core operating support to sustain occupational health and safety education, leadership development and public policy efforts to improve the health of young low-wage workers in California.

**Youth Development Network**  
Sacramento, CA  
*$145,000 over three years*  
For project support to provide leadership development training to at-risk youth and to inform policymakers about effective violence prevention programs in Sacramento.
Community clinics and health centers are uniquely positioned to help California achieve prevention objectives while reducing cost and improving the economic well-being of communities and of the state as a whole. In order to do this, they must be recognized and appropriately supported for the pivotal role they play in California’s health care system.

California Primary Care Association
A Comparison of 2009 and 2010 Financial Outlook for Clients and Organizations

Source: Nonprofit Finance Fund 2010 State of the Sector Survey (California)
INTRODUCTION TO FINANCIAL STATEMENTS

The California Wellness Foundation’s condensed statements of financial position and activities for the years ended December 31, 2009 and 2008 are presented in this section.

To present a clearer picture of the endowment balance available for charitable purposes, the Foundation has provided condensed financial statement information that departs from generally accepted accounting principles (GAAP) in two ways. First, the accompanying condensed financial statements report only the statements of financial position on December 31, 2009 and 2008 and statements of activities for the years ended December 31, 2009 and 2008 and do not include statements of cash flow or the accompanying notes to financial statements. Second, the Foundation has captured under the term “investments,” investments loaned under secured lending transactions, liabilities under investment loan agreements, investment sales receivable and investment purchases payable.

The Foundation’s financial statements undergo an annual audit, which was performed by Bregante + Company LLP for the years ended December 31, 2009 and 2008. The Foundation’s audited financial statements for the years ended December 31, 2009 and 2008 are presented in conformity with GAAP, and the auditor expressed an unqualified opinion on these financial statements. A copy of Bregante + Company’s audit report dated March 23, 2010, may be viewed on the Foundation’s website at www.CalWellness.org.

Additional information about the Foundation can be found in its 2008 Form 990-PF, Return of Private Foundation, which is also available on the website.
FINANCIAL STATEMENTS

Condensed Statements of Financial Position
December 31, 2009 and 2008

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<thead>
<tr>
<th>ASSETS</th>
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<td>2,182,582</td>
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<tr>
<td>Investments</td>
<td>821,069,462</td>
<td>691,841,267</td>
</tr>
<tr>
<td>Other assets</td>
<td>117,407</td>
<td>130,315</td>
</tr>
<tr>
<td>Property, plant, and equipment, net</td>
<td>178,389</td>
<td>211,560</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td>$822,835,129</td>
<td>$694,705,685</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$1,125,288</td>
<td>$1,307,026</td>
</tr>
<tr>
<td>Accrued postretirement health care benefit obligation</td>
<td>398,562</td>
<td>—</td>
</tr>
<tr>
<td>Grants payable, net</td>
<td>29,939,902</td>
<td>13,293,433</td>
</tr>
<tr>
<td>Federal excise tax liability</td>
<td>34,000</td>
<td>14,600</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td>31,497,752</td>
<td>14,615,059</td>
</tr>
<tr>
<td>Unrestricted net assets</td>
<td>791,337,377</td>
<td>680,090,626</td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td>$822,835,129</td>
<td>$694,705,685</td>
</tr>
</tbody>
</table>

1 For purposes of this presentation, the Foundation has departed from the presentation required under accounting principles generally accepted in the United States of America by netting amounts loaned and payable under security lending agreements and by netting investment sales receivable and investment purchases payable. Had these amounts not been netted, total assets for 2009 and 2008 would be $828,071,642 and $722,845,574, respectively; total liabilities for 2009 and 2008 would be $36,734,265 and $42,754,948, respectively; and total liabilities and net assets for 2009 and 2008 would be $828,071,642 and $722,845,574, respectively.
### Condensed Statements of Activities

**For the Years Ended December 31, 2009 and 2008**

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operating:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Changes in unrestricted net assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Revenue and other gains:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net realized and unrealized gain (loss) on investments $</td>
<td>149,430,219</td>
<td>$ (455,669,583)</td>
</tr>
<tr>
<td>Dividends and interest</td>
<td>21,281,849</td>
<td>23,076,181</td>
</tr>
<tr>
<td>Other income</td>
<td>115,356</td>
<td>461,210</td>
</tr>
<tr>
<td></td>
<td>170,827,424</td>
<td>(432,132,192)</td>
</tr>
<tr>
<td>Expenses:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services</td>
<td>8,098,607</td>
<td>7,960,110</td>
</tr>
<tr>
<td>Direct Charitable Grants</td>
<td>48,469,402</td>
<td>51,128,703</td>
</tr>
<tr>
<td>Other:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment</td>
<td>1,731,253</td>
<td>3,351,742</td>
</tr>
<tr>
<td>Management and general</td>
<td>751,951</td>
<td>737,817</td>
</tr>
<tr>
<td>Provision for federal excise tax</td>
<td>204,400</td>
<td>(807,988)</td>
</tr>
<tr>
<td></td>
<td>59,255,613</td>
<td>62,370,384</td>
</tr>
<tr>
<td>Increase (decrease) in unrestricted net assets from operating activities</td>
<td>111,571,811</td>
<td>(494,502,576)</td>
</tr>
<tr>
<td><strong>Nonoperating:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Postretirement related changes other than net periodic pension cost</td>
<td>325,060</td>
<td>—</td>
</tr>
<tr>
<td>Increase (decrease) in unrestricted net assets</td>
<td>111,246,751</td>
<td>(494,502,576)</td>
</tr>
<tr>
<td>Unrestricted net assets, beginning of year</td>
<td>680,090,626</td>
<td>1,174,593,202</td>
</tr>
<tr>
<td>Unrestricted net assets, end of year</td>
<td>$ 791,337,377</td>
<td>$ 680,090,626</td>
</tr>
</tbody>
</table>
BOARD AND STAFF LIST

Pictured left to right

Board of Directors
Elizabeth M. Gomez, M.S.W.
Chair
David S. Barlow, M.B.A., C.P.A.
Vice Chair
Gary L. Yates, M.A.
President and CEO
M. Isabel Becerra, B.A.
Elisabeth Hallman, M.B.A., R.N.
Barbara C. Staggers, M.D., M.P.H.
Eugene Washington, M.D., M.Sc.

Executive
Gary L. Yates
President and CEO
Peggy Ericson Graham
Executive Assistant to the President and CEO
Caroline M. Bourgoine
Executive Assistant

Communications
Magdalena Beltrán-del Olmo
Vice President of Communications
Bruce Minnich
Director of Information Systems
Cecilia Laiché
Communications Officer
Adriana Godoy Leiss
Communications Officer
David B. Littlefield
Communications Officer
Janet I. Sandoval
Communications Associate
Sean A. Frazier
Network/Database Administrator
Matthew D. Thies
Business Systems/Database Analyst
Breanna M. Cardwell
Executive Assistant

Finance & Administration
Margaret W. Minnich
Vice President of Finance and Administration

Hailing M. Wang
Assistant Treasurer
Joanne J. Williams
Accounting Manager
Hsiau-Iu (Cheryl) Lau
Senior Financial Analyst
Linda D. Albala
Accountant
Julie K. Malcolm
Senior Accounting Assistant
Marie Quiros
Office Services Coordinator
Melody Slotchin
Office Services Coordinator

Grants Program
Cristina M. Regalado
Vice President of Programs
Fatima Angeles
Director of Evaluation and Organizational Learning
Saba S. Breli
Program Director
Jeffrey Seungkyu Kim
Program Director
Frank A. Lalle
Program Director
Earl Lui
Program Director
Julio Marcial
Program Director

Grants Management
Amy B. Scop
Director of Grants Management
Rocele S. Estanislao
Grants Management Administrator
Deborah H. Setele
Grants Management Associate
Laura Ascencio Real
Senior Grants Management Assistant
Mission and Goals

The mission of The California Wellness Foundation is to improve the health of the people of California by making grants for health promotion, wellness education and disease prevention.

Guided by our mission, we pursue the following goals through our grantmaking:

• to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;

• to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;

• to recognize and encourage leaders who are working to increase health and wellness within their communities; and

• to inform policymakers and opinion leaders about important wellness and health care issues.