

# LEADERS

# IN

Passion, Dreams & Vision

# FOCUS



The  
California Wellness  
Foundation

*Grantmaking for a Healthier California*

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Elizabeth M. Gomez  
*Chair*



Gary L. Yates  
*President and CEO*

## Message From Board Chair & CEO

California has been hard-hit by the current global economic crisis. The state's policymakers continue their struggles to overcome political deadlocks and adopt balanced budgets in the face of a severe downward spiral in revenues by making cuts in programs and services that threaten the viability of the health care safety net. Over the summer and fall, nonprofit clinics and other health service providers were burdened with delayed payments and reimbursements from the government—coupled with a tightening credit market that limited access to lines of credit for working capital—with some clinics having to reduce both hours and programs to compensate. This is particularly troubling, as demand for services is surging at a dramatic pace. Many of the 4.1 million California adults who were uninsured in 2008 were ineligible for any assistance from public programs that would have enabled them to afford coverage, leaving them with few options for care other than turning to the health care safety net. The California Wellness Foundation (TCWF) continues to pursue its mission

of improving the health of the people of California within this difficult economic environment, an expanding number of uninsured and underinsured, and a strained safety net of organizations providing health care to our state's most vulnerable populations. In 2008, TCWF staff reviewed more than 1,400 letters of interest, and the Board approved 384 grants totaling more than \$51 million. TCWF continues to place an emphasis on providing core operating support, and 73 percent of our grants in 2008 were for this type of support—the highest percentage since the launch of our Responsive Grantmaking Program in 2001. This increase in requests for core operating support is indicative of the struggles health and human service nonprofits are facing, with increased demand and falling revenues.

We encourage you to read the Grantmaking Program section of this report for a detailed description of our grants program and to review the Grants List section for a description of grants awarded in 2008.

### **2008 Highlights**

During the year, grants addressing the health needs of underserved populations funded the provision of services at clinics and mobile centers. Grantees include community clinics and public and nonprofit hospitals located across California. Some grants also support the work of clinic consortia (regional associations of clinics) that provide infrastructure to facilitate delivery of health services. Another key funding strategy prioritizes individuals and families who fall through the cracks of the health delivery system because of poverty, language and cultural barriers, immigration status and other factors. TCWF grants help link these people to services and providers that are prepared to meet their specific needs, whether by employing bilingual/bicultural staff or locating services in readily accessible locations. Many grants connect Californians living in rural parts of the state with an array of services that include preventive health services, food and in-home support for seniors, and reproductive health care programs for teens.

Making grants for core operating support to sustain nonprofits' existing health services or to build their organizational capacity remains a cornerstone of TCWF's funding strategy. Core support enables current programs to be sustained and fortified during difficult economic times and in the face of rising demand. These types of grants can cover administrative expenses—like rent or salaries—and other costs related to providing care—such as transportation to and from a clinic. Core operating funds are also used to focus on capacity-building efforts to strengthen organizational infrastructure by: undertaking strategic planning efforts; building communications, marketing and fundraising expertise; or investing in evaluation and organizational learning.

Leadership development and leadership recognition programs also received support in 2008. Some grantees develop the skills of emerging grassroots leaders to work on health-related community organizing projects. Recognizing the power of shared experiences, other grantees train peer leaders—teens who can educate other teens about reproductive health and teenage pregnancy prevention, for example.

The Foundation has developed four leadership recognition programs to acknowledge the contributions of individuals who have made significant contributions to the health of their communities: the Champions of Health Professions Diversity Award, the California Peace Prize, the Public Policy Leadership Award and the Sabbatical Program Award. A total of 16 individuals from across California were recipients of these awards in 2008.

During the year, TCWF also made grants to organizations that inform policymakers and opinion leaders about important wellness and health care issues in California. Grantees are raising awareness about emerging issues and solutions through research and analysis; reporting about the effects of current and proposed policies on the health of Californians; conducting public education campaigns on issues such as the need for our state to invest in developing its health care workforce; and monitoring policy implementation. Several grantees provide much-needed policy research in areas where little information is currently available—for example, the specific health issues faced by transgender communities and health information on Native American youth who exit the foster care system.

Above and beyond the provision of grant dollars, TCWF plays other roles that strengthen the work of our grantees. For example, during the year, 10 TCWF conferences and retreats were attended by more than 1,700 individuals. Another “value-added” strategy is providing grants to intermediary organizations such as community foundations—dollars that are subsequently regranted—to reach populations whose needs are often served by very small grassroots organizations that may not be equipped to apply directly to TCWF for funds. These intermediaries possess intimate knowledge of community issues and are deeply familiar with the local nonprofit community. The Foundation's Communications Department also adds value to our grantmaking by accenting the voices of our grantees on our website and in print publications, through media

or civic partnership events that focus on our prioritized health issues, and with communications campaigns that promote the honorees from each TCWF leadership recognition award program.

### The Cover Story

Through the Foundation's work highlighted above, our staff encounters many inspiring and talented individuals working throughout our state in health care, social service or advocacy nonprofits. They often work quietly with no expectation of public recognition. As a result, we don't often stop to think about what our communities would be like without their leadership or about the qualities that make them so successful in their work.

In this year's cover story, we share some of their stories as a means of saying thanks. We hope that this small recognition will serve as a motivating force for these leaders to keep working, pushing against barriers, and building a corps of supporters—the next generation of leaders who will build upon their accomplishments.

Sincerely,



Elizabeth M. Gomez, Chair



Gary L. Yates, President and CEO

# leaders in focus

Passion, Dreams & Vision

A woman with dark, wavy hair is smiling and looking towards the camera. She is wearing a white top with a black triangle on the chest. The background is a soft-focus scene of other people in a social setting, all rendered in a monochromatic pink color scheme.



“Human progress is neither automatic nor inevitable. Every step toward the goal of justice requires sacrifice, suffering and struggle; the tireless concern of dedicated individuals.” - **Martin Luther King**

# LEADERS

## Leaders in Focus

### What Makes an Effective Leader?

Throughout California, dedicated individuals who care about the health and well-being of their communities are leading organizations, directing programs mobilizing fellow residents, and advocating for health improvements that create safer, healthier places to live. These individuals exercise leadership without expectation of outside recognition, motivated only by their own missions and selfless commitment. While we frequently encounter them in our daily lives—they are our teachers, physicians, ministers, owners of small businesses—we don’t often stop to think about what our communities would be like without their leadership or about what qualities make them so successful in their work.

It can seem that literally everyone has a strong opinion about what makes a successful leader. A quick Internet search will yield links to dozens of recent magazine or journal articles. Psychologists conduct experimental research on the topic, and books about

leadership by management gurus fill the shelves of business school libraries and the self-help sections of bookstores.

Even when we acknowledge that no single definition of a successful leader is sufficient and that gender or cultural factors play a role in how leaders achieve success, a brief scan of some of the popular literature on the topic yields some common themes or traits:

- Vision: leaders have a clear vision of success and know how to articulate it to others.
- Integrity: a leader’s actions are consistently aligned with his values.
- Social boldness: leaders possess thick skins and emotional stamina in dealing with others.
- Emotional stability: they possess maturity and tolerance against frustration or stress.
- Intuitiveness: a leader “trusts her gut” when making decisions.
- Tough-mindedness: they are not cowed by hardship.

- Dedication: leaders give the time and energy required to achieve their goals and inspire dedication among others by their example.
- Creativity: leaders can think outside the box and see what others often readily cannot.

Some feel strongly about including charisma in these lists, while others argue with equal conviction that it’s overemphasized. Finally, Warren Bennis writes of a “crucible” or rite of passage that successful leaders pass through—often the result of conflict or stress.

“Some magic takes place in the crucible of leadership, whether the transformational experience is an ordeal like Mandela’s years in prison or a relatively painless experience such as being mentored. The individual brings certain attributes into the crucible and emerges with new, improved leadership skills. Whatever is thrown at them, leaders emerge from their crucibles stronger and unbroken. No matter how cruel the testing, they become more optimistic and open to



Serge Dedina

experience. They don't lose hope or succumb to bitterness." — Warren G. Bennis, *On Becoming a Leader*.

Through interaction with individuals working throughout our state in health care, social service or advocacy nonprofits, The California Wellness Foundation (TCWF) staff has encountered leaders who embody many of these characteristics. While TCWF doesn't subscribe to a singular "theory of leadership," we frequently find that one additional characteristic or trait shines through: humility.

As a result, we think it's important to pause, take time to say thanks, and let others know what these individuals have accomplished.

### Recognizing Leaders

We believe that our Foundation's leadership recognition awards are an effective strategy to offer thanks and appreciation—and to raise the profile of these exceptional individuals and their work.

In 1993, we debuted TCWF's California Peace Prize to honor exceptional individuals working in communities across California to prevent violence against youth. In the years that followed, the Foundation launched three more leadership recognition awards programs: the Champions of Health Professions Diversity Award honors the work of committed professionals who have helped students and changed systems to ensure that underrepresented minority candidates can succeed in the health professions; the TCWF Sabbatical Program Award provides an opportunity for much-needed rest and rejuvenation for executives at nonprofit health organizations, allowing them to return to their organizations in better health and with renewed focus and commitment; and the Public Policy Leadership Award recognizes legislators who have made substantial contributions to the advancement of public policies

that promote the health of underserved Californians.

The prizes—and the Foundation's communications plan that backs each award program announcement—honor the work of the awardees and help to raise their profiles across the state. By recognizing these leaders, the Foundation heightens awareness among key audiences of the important health issues the honorees address in professional capacities or as unsung community heroes.

Our awards are valued by the honorees, who appreciate the attention given to the health issues they've dedicated so much time and energy to addressing, and there is another dimension at play. Well-deserved public recognition that comes from one's peers in the community simply feels good. It's a motivating force to keep working, pushing against barriers, and building a corps of supporters—the next generation of leaders who will build upon their work.

To that end, we would like to share some of their stories. Following are portraits of a number of individuals who are representative of the 118 outstanding leaders that we have honored since 1993.



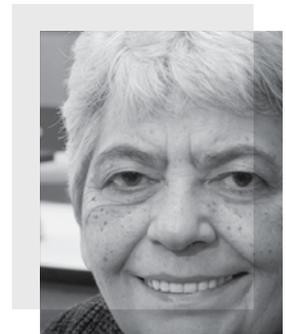
**Serge Dedina** (*Sabbatical Program Award, 2008*) has spent much of his life fighting environmental inequities associated with poverty. In 2000, he founded Wildcoast, an environmental agency focused on policy and advocacy to clean and protect water resources in California's border communities. Under Dedina's direction and leadership, Wildcoast employs a multicultural approach that links social justice, the environment and public health to mount campaigns to fight water pollution in south San Diego County and Baja California.



### **Leader Portraits**

**Juanita Barrena** (*Champions of Health Professions Diversity Award, 2008*) is a professor of biological sciences at California State University, Sacramento (CSUS). Throughout her 30-year tenure as a CSUS faculty member, Dr. Barrena has worked to create an academic environment where underrepresented minority students can achieve success.

In many respects, this has been a personal mission. When she was a child, her sister became fatally ill. Barrena told TCWF about the impact this had on her



Juanita Barrena

family, leading to her parents' separation. "I was angry," she said. "I didn't feel my sister was getting adequate access to health care." She went on to describe how this tragedy motivated her to pursue higher education, receive her doctorate in zoology, and become a professor to help students like her become health care professionals and to change the system.

One reason she joined the CSUS faculty was her belief that it was an institution that promised access to higher education for all

“You gain strength, courage and confidence by every experience in which you really stop and look fear in the face. You must do the thing you think you can’t do.”

- Eleanor Roosevelt

those who have the ability and will to succeed; however, from her own experience as a higher education student and what she observed on the CSUS campus, she knew that creating the right environment for student achievement was critical. She took the lead in the mid-1980s in establishing CSUS’ Science Educational Equity (SEE) Program to provide academic support for students who face social, economic and educational barriers to careers in the health professions, science research and science teaching.

“One of my goals is to provide them the place where they can excel and realize their own potential,” she told TCWF. “I believe that it’s the students who are the real champions. They’re the ones who struggle against tremendous obstacles. Our role is to provide support, a safe place where they can learn and grow, and a helping hand when they need it.”

• • •

California Assembly Speaker **Karen Bass** (*California Peace Prize, 2003*) quickly earned a reputation at the Capitol

for leadership among her fellow Democratic caucus members. Elected to the Assembly in 2004, Bass has been instrumental in developing policy that reframes issues of crime, violence and poverty as public health issues. She has also been a leading advocate for policies to increase access to health care and continuing education for youth who have emancipated, or are about to emancipate, from the foster care system.

Bass’ experience before entering the Legislature is worth recalling. She is the founder and former executive director of the Community Coalition of South Los Angeles, which leads community-based campaigns that help root out the causes of crime. After the 1992 civil unrest, the coalition prevented the rebuilding of 150 liquor stores. Research



Karen Bass

shows the higher the density of alcohol outlets in a community, the higher the risk of violence. Instead, she worked with business owners to transform more than 40 of these

sites into grocery stores, laundromats, family counseling centers and other businesses that benefit the community. The coalition also helped local high school students in South Los Angeles secure \$153 million for repairs to their schools.

A lifelong resident of South Los Angeles, Bass has dedicated her life and work to social justice and improving the quality of life in her community. She believes that real change requires addressing the root causes of violence and crime and involving community residents.

“The challenge is always that there are so many issues, so many things to get involved in,” Bass told TCWF. “What is not a challenge is apathy. I think apathy is a myth.”

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**Rufino Dominguez** (*Sabbatical Program Award, 2007*) is executive director of Centro Binacional Para El Desarrollo Indígena Oaxaqueño (CBDIO) in Fresno. He leads an organization that is dedicated to implementing projects on behalf of workers, including: education on prevention and treatment of different illnesses; facilitating access to health and social services; and



Rufino Dominguez

helping indigenous migrants learn how to make changes to improve the living conditions in their communities. He joined CBDIO in 1993, after several years of involvement in student and community organizing in Oaxaca, Mexico.

Dominguez came to California in 1985—forced to flee Oaxaca for his own safety and that of his family—after being jailed by municipal authorities and beaten for his work as a leader among the area’s workers. From the time he arrived at a farmworker camp in Fowler, where many from his *pueblo* had settled, Dominguez resumed his organizing work—building the capacity of indigenous communities to improve their lives.

He told TCWF: “In organizing, people need to know that being in a group and gathering strength from the masses is a method that works. This type of organizing is a cornerstone of advocacy and, in this country, has the potential to lead to policy that will help constituents of all nationalities for any issue they choose to take on.”

As an executive, among the things Dominguez is most proud of is bringing women into the organization. “The

indigenous culture is very *machista*,” he said. “I made it a goal to incorporate women and, in so doing, break barriers. We do not have women only as token leaders but rather people whose opinions and responsibilities are now valued.”

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**Sen. Martha Escutia** (*Public Policy Leadership Award, 2006*) devoted more than 14 years to public service, serving in the California State Assembly from 1992 to 1998 and then in the Senate from 1998 to 2006. While working in Sacramento, she gave particular focus and energy to ensuring access to culturally and linguistically competent health care for California’s diverse populations. She championed a bill to mandate that commercial health plans provide language services—specifically, oral interpretation and translated documents to those who need them.

Escutia also introduced legislation establishing the strongest school food nutrition and beverage standards

in the nation. Her efforts ignited a national and international discussion on the importance of combating childhood obesity.

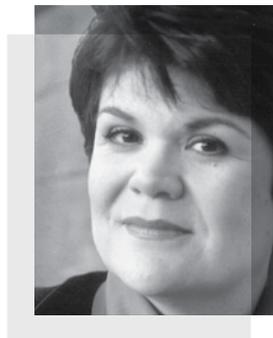
In 2005, Escutia shared her perspective on this issue: “This state has an epidemic [childhood obesity] that is impacting our most vulnerable and priceless members.... And the worst of it is, we—the adults—are partly to blame.”

Since children spend much of their days at school, she noted, it should

be a priority to provide them with healthy food options instead of fast-food lunches and sodas.

“Five years ago, when I first introduced legislation with the goal of getting healthy food into our schools, people said it was a wacky idea,” Escutia

said. “One lawmaker even said that my bill was, ‘Eat a burrito, go to jail.’ Hey, even I laughed at that one, but the serious issue still remained. We were neglecting a very important responsibility—seeing that our kids grow up healthy—and I was



Sen. Martha Escutia

determined to make that happen, no matter how long it took.”

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The first of **Lorna Hawkins'** (*California Peace Prize, 1993*) sons to die was Joe. He was 21 when gang members shot him on the night before Thanksgiving in 1988. He was not involved in gangs or criminal activity. He was an honor student in high school—but he was in the wrong place at the wrong time. A child counselor in the Los Angeles area community

of Lynwood, Hawkins found an outlet for her grief by forming Drive-by Agony, a network for grieving mothers whose children died under similar circumstances.



Lorna Hawkins

Vowing to make the public aware of the lives lost through gang violence, the group expanded its reach by tracking news stories about the latest killings and visiting the families of murder victims. Then, in 1992, Hawkins' son Gerald, a 22-year-old criminal justice major at Compton College, was shot down in the same manner.



Free Clinic of Simi Valley was founded in 1971, and at 22 years of age, **Fred Bauermeister** (*Sabbatical Program Award, 2007*) was one of its first volunteers and became its founding executive director. Today the clinic offers medical and dental care, individual and family counseling and legal assistance - all through professional volunteers. Clinic services are guided by a belief that intervention at life-critical moments, whether medical or otherwise, is key to effecting positive change for an individual, family, and, by extension, an entire community.



Sen. Sheila Kuehl

“My sons meant everything to me and I want people to know that,” she told TCWF. “I also want other mothers to know that, yes, it’s devastating; yes, you may feel like dying or killing yourself, but the best thing to do with that grief is to give back and help others. It’s all about getting out of yourself and your pain, and helping others.”

As a result of the widespread publicity about her work—Hawkins has received numerous awards and has been interviewed on national TV and radio and profiled by many newspapers—she has become an advisor to other mothers who have started similar programs across the country. Her story took on legendary dimensions in the song “The Ballad of Lorna Hawkins,” performed in 2000 on Mother’s Day during the Million Mom March on Washington, D.C., a gun violence protest in which an estimated 750,000 participated.

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**Sen. Sheila Kuehl** (*Public Policy Leadership Award, 2008*) spent much of the time during her 14 years of service in the California Assembly and Senate working on policy solutions to promote the health and safety of underserved Californians. She authored 171 bills that were signed into law. Prior to her election, in her work as a law professor and as managing attorney of the California Women’s Law Center, she drafted and fought to get into California law more than 40 pieces of legislation relating to children, families, women and domestic violence.

The passion and tenacity she brings to advocacy work date back to her experience in law school, where she was only the second woman to win Harvard Law School’s moot court competition, and these traits were on display throughout her tenure in Sacramento. She was named “Rookie of the Year” by the *California Journal*. In 1998 and again in 2000, they chose her as the Assemblymember with the greatest intelligence and the most integrity.

Kuehl’s appointment as chair of the Senate Health Committee put universal access to health care at the center of California’s policy debate. She wrote in a 2006 magazine article, “If we embrace our inevitable interdependence, if we embrace

“A great leader’s courage to fulfill his vision comes from passion, not position.”  
– Abraham Lincoln

“Successful leaders don’t start out asking, ‘What do I want to do?’ They ask, ‘What needs to be done?’ Then they ask, ‘Of those things that would make a difference, which are right for me?’”

– Peter Drucker

that human impulse we call kindness, we can see that universal health care is not only the compassionate solution, it is the fiscally tough solution as well.”

While her time in the Senate is complete, she continues to work with advocates statewide and nationally to bring universal, affordable, quality health care to all Californians. Her commitment is still strong: “Now I get to say what I really think! I’m not going away,” she told TCWF.

• • •

**Dr. Rolland C. Lowe** (*Champions of Health Professions Diversity Award, 2006*) provided high-quality health care to low-income residents and mentored young doctors in his Chinatown-based private practice in San Francisco for several decades. Lowe aided in the formation of the Chinese Community Health Care Association, which helped create a culturally and linguistically appropriate health education center. At the Chinese Hospital, he has held many key positions, including chief of staff and chairman of the board. Lowe was involved in forming the Asian Pacific Islander American Health Forum, a recognized national voice of the

Asian Pacific Islander community on health issues.

In describing an advocacy role for ethnic minority physicians, Lowe told TCWF: “We all want to narrow the health disparities in the United States. How do we do that? By working with the community at large and by educating the people we work with to develop a louder legislative voice, so that the community can help improve health care. Ethnic-minority physicians, because we are respected in the community for our one-on-one service, need to extend that trust to be sure that the community can work together to be better advocates for their own care.”

Lowe retired in 2006, a milestone that received extensive coverage throughout the San Francisco Bay Area. In a feature article in the *San Francisco Chronicle*, he described how definitions of community have changed over time, affecting advocacy strategies. “In my



Dr. Rolland C. Lowe

dad’s generation when you ask, ‘What is his community?’ he would say China. In our generation we say, ‘Chinatown is my community.’ The youngest now think globally. How do you tie the three generations together? How can we be cohesive? That’s the big challenge.”

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**Sen. Bruce McPherson** (*Public Policy Leadership Award, 2004*) began his legislative career in the State Assembly in 1993 and moved to the Senate in 1996, where he served until 2004. Subsequently, he served for two years as California Secretary of State. A Republican elected to represent a district that includes liberal-leaning Santa Cruz, McPherson told TCWF that he’s been called an oxymoron and worse.



Sen. Bruce McPherson

Well-known in Sacramento for his commitment to working with colleagues from across the aisle, he was appointed to high-profile committee positions by the Senate’s Democratic leadership. He chaired the Senate Public Safety Committee and was vice-chair of the Education

Committee and the Environmental Quality Committee.

During his legislative career, he consistently emphasized school-based health and violence prevention strategies to prevent injury and death caused by violence—especially among youth. His was often a lone Republican voice. His public policy accomplishments include sponsoring legislation that placed additional school nurses in public schools throughout the state and improved school counseling programs. Another major achievement was the After-School Safety and Enrichment Program, which greatly increased access to supervised activities during the critical after-school hours, when research indicates that youth are most likely to be victims of violent crime.

In his opening statement before the Senate at his confirmation hearing in 2005 for appointment to the office of Secretary of State, McPherson said, “My newspaper publisher father, Fred McPherson, Jr., who ran for Assembly

in 1932 and lost by 400 votes, told me, as his father told him, that we are very fortunate to be in the position we are in, but that in itself is not good enough.

We must participate in our community; we must give back; we must make it better than we found it.”

• • •

**Wayne Sakamoto's**  
*(California Peace Prize, 2002) 20-year commitment to violence prevention*



Wayne Sakamoto

stems from the challenges he faced as a third-generation Japanese-American growing up in a rural community. The son of two internment camp detainees, Sakamoto learned early the consequences of hatred and bigotry. In his violence prevention work, he battles what he sees as one cause of violence: hate.

Sakamoto was instrumental in developing and implementing a nationally recognized program, Project COURAGE (Community Organizations United to Reduce the Area's Gang Environment), which began in Riverside

and trains community members and college students to provide prevention and intervention programming in their communities. He is an enthusiastic, charismatic advocate for including youth in decision-making, believing that youth must be partners in the effort to prevent violence—by creating platforms for empowerment.

While working as coordinator for the San Diego County Office of Education Safe Schools Unit, Sakamoto designed and implemented violence prevention programs for school districts with both small- and large-scale needs. He is currently the director of school safety for the Murrieta Valley Unified School District.

“We are all, including youth, involved in creating positive outcomes for young people,” Sakamoto told TCWF. “We are all part of the solution. As program people, the best that we can hope for is to instill hope in kids.”

Having provided support in the aftermath of the Santana High School shooting, Sakamoto emphasizes that school violence, while carried out on a school campus, is really an issue of community violence. This belief guides the design



Margo Leathers Sidener

of his programs, which reach out to include both family and community.

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During her 25 years of working for Breathe California of the Bay Area (formerly part of the American Lung Association) and two decades as its president and CEO, **Margo Leathers Sidener** (*Sabbatical Program Award, 2008*) built a dynamic organization that plays a prominent role in many environmental health policy battles. Its four program areas address air quality, tobacco control, lung disease and community health. The organization's 400 volunteers and 13 staff serve more than 100,000 people each year, with a focus on minority and underserved communities.

"Speaking just personally, it has been incredible to be at the forefront of the antismoking movement for 25 years. It was a long road..." she told TCWF. "I still remember the first time that I entered a restaurant here and had them ask me, 'Smoking or nonsmoking?' due to an ordinance for which I led the advocacy. And now, we just passed smoke-free parks!"

When asked to list three lessons she learned along the way, she responded: "1) to hire for attitude and train for skill (If you can assemble staff who are passionate, seek excellence, and have integrity, you can train them to do anything.); 2) to do what you have a passion for doing and act from your own perspective and orientation (Every time I have gone against my 'intuitive' insights, usually because I could not explain them to others, I have regretted it.); and 3) to ask people for help (After these many years, there is nothing that I would be uncomfortable requesting on behalf of this agency. And there is no one I would hesitate to ask.)"

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**Martin Waukazoo** (*Champions of Health Professions Diversity Award, 2005*), an enrolled member of the Rosebud Lakota Tribe, is CEO of the Native American Health Center (NAHC), which provides a broad range of health services to members



Martin Waukazoo

from diverse Native tribes and from other underserved communities. His leadership over more than two decades has helped the organization grow from a budget of \$827,000 and a staff of 14 to a budget of nearly \$14 million and a staff of 170.

The Bay Area organization has clinics in Oakland, San Francisco and Alameda and is now one of the country's largest providers of health care and prevention services to the urban Indian community. "A clinic is not just a health facility, it's also a community center," Waukazoo said. "If someone comes from Arizona, New Mexico or South Dakota and they pull into the Greyhound bus station, the first question they're going to ask is, 'Where's the clinic?'"

The clinic is the heart of the community."

In addition to focusing on providing culturally competent care, Waukazoo has created innovative programs to increase the diversity of the health workforce and

has inspired many young Native Americans to pursue careers in the health professions. He told TCWF: "There's more to health care than just physical healing. Having an [Native American] RN who is educated in Western medicine and practices his or her traditions, increases the chances of a person getting well. And when that person gets well, their family gets well, and then the community gets well. Healing doesn't take place within individuals, it takes place within communities."

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**Richard Zaldivar** (*Sabbatical Program Award, 2005*) is executive director of The Wall-Las Memorias Project, an HIV/AIDS prevention organization based in Northeast Los Angeles. He founded the organization in 1993 to construct a monument in Lincoln Park to those who have died from AIDS as a way of addressing the cultural denial, guilt and shame that contribute to the virus' spread. The Wall-Las Memorias, the first publicly funded AIDS monument in the nation, consists of six mural panels depicting life with AIDS in the Latino community and two panels with inscribed names of people who have died from complications of AIDS.

CONTINUED

For more than 20 years, **Juanita Barrena** has helped students in the Science Educational Equity Program at California State University, Sacramento. A comprehensive academic support program for students facing social, economic and educational barriers to careers in health professions and science, SEE creates a learning community where students are expected to share their knowledge with other students, provide personal and moral support to each other, participate in academic and extracurricular activities, and expand their understanding and appreciation for the cultural experiences of all members of the SEE family. SEE sponsors activities designed to build academic excellence, enhance personal development, and develop a sense of social responsibility.



“Becoming a leader is synonymous with becoming yourself. It is precisely that simple, and it is also that difficult.”  
- Warren Bennis, Author

“The personal challenge for me was to keep my head up high and try to be an example about the good that we stood for.”  
- Richard Zaldivar

“I am involved with the issue of HIV/AIDS because of my personal journey,” Zaldivar told TCWF. “Through my journey I learned more about myself and my culture—and wanted to give something back to my community. My goal became a reality on December 1, 2004, with the dedication of an AIDS monument on the eastside of Los Angeles.”



Richard Zaldivar

The organization’s work extends beyond the monument to include AIDS education and awareness services, discussion groups for Latino men, leadership training and grassroots organizing.

The fact that it took 11 years from when he founded the organization until the memorial’s dedication is testament to Zaldivar’s persistence against entrenched bigotry. “A small group opposed the monument due to the tremendous fear that homosexuals would invade the park,” he said.

“[For two years] our organization spent countless hours in meetings with local elected officials responding to concerns voiced by the very few.... The personal challenge for me was to keep my head up high and try to be an example about the good that we stood for.”

**PASSION  
DREAMS  
& VISION**

**Gaze**  
**Faces**  
**of**  
**to find Passion,**

**upon the**

**Leaders**

**Dreams & Vision**

## Honor Roll - TCWF Leadership Award Honorees

Between 1993 and 2008, 118 leaders from California were lauded by The California Wellness Foundation for their work to improve the health of their communities and of our state. Listed here are the honorees who received one of the Foundation's four leadership awards: the **California Peace Prize**; the **Champions of Health Professions Diversity Award**; the **Public Policy Leadership Award**; and the **Sabbatical Program Award**.

### TCWF CALIFORNIA

#### PEACE PRIZE

##### 1993

Norman Berry, *Concord*  
Lorna Hawkins, *Lynwood*  
Bong Hwan Kim, *Los Angeles*

##### 1994

Sylvia Castillo, *Los Angeles*  
David Lewis, *East Palo Alto*  
Gayle Zepeda, *Ukiah/Redwood Valley*

##### 1995

Deane Calhoun, *Berkeley*  
Romie J. Lilly, II, *Inglewood*  
Judith Magsaysay, *Santa Ana*

##### 1996

Leonard Edwards, *San Jose*  
Jitu Sadiki, *Los Angeles*  
Glenda Savage, *East Palo Alto*

##### 1997

Chea Sok Lim, *Santa Ana*  
Barbara Rivas, *San Diego*  
Jerry Williams, *Oakland*

##### 1998

Barbara Aragon, *Sacramento*  
Carol Dela Torre, *Fresno*  
Beckie Masaki, *San Francisco*

##### 1999

Rubén Lizardo, *Los Angeles*  
Clara Luz Navarro, *San Francisco*  
Gilbert Sanchez, *Los Angeles*

##### 2000

Greg Boyle, *Los Angeles*  
Matt Sanchez, *Santa Barbara*  
Gianna Tran, *Oakland*

##### 2001

Brian Contreras, *Salinas*  
Joan Cuadra, *Visalia*  
Constance Rice, *Los Angeles*

##### 2002

Joseph A. Myers, *Santa Rosa*  
Raja Rahim, *San Francisco*  
Wayne Sakamoto, *San Diego*

##### 2003

Karen Bass, *Los Angeles*  
Azim Khamisa, *San Diego*  
Bo Taylor, *Los Angeles*

##### 2004

Zelenne Cardenas, *Los Angeles*  
Patricia Giggans, *Los Angeles*  
Rev. Anthony Ortiz, *San Jose*

##### 2005

Otilio "O.T." Quintero, *Santa Cruz*  
Maria Velasquez, *Shingletown*  
Sayre Weaver, *Los Angeles*

##### 2006

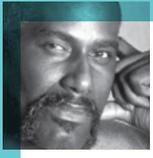
Sahra Abdi, *San Diego*  
Margaret Diaz, *Victorville*  
Anthony Thigpenn, *Los Angeles*

##### 2007

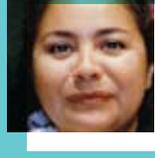
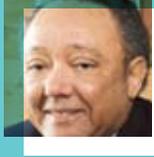
Casey Gwinn, *San Diego*  
Patricia Lee, *San Francisco*  
Cora Tomalinas, *San Jose*

##### 2008

Kismet Evans, *San Bernardino*  
Orlando Ramos, *Richmond*  
Billie Weiss, *Los Angeles*



“ We are proud to honor their **passion, dreams & vision** – and we applaud them for their **commitment.** ”



**TCWF CHAMPIONS OF HEALTH  
PROFESSIONS DIVERSITY AWARD**

**2003**

Linda Burnes Bolton, *Los Angeles*  
Pilar De La Cruz-Reyes, *Fresno*  
Bob Montoya, *Sacramento*

**2004**

Linda Billey-Sevedge, *Santa Barbara*  
Katherine A. Flores, *Fresno*  
Priscilla Gonzalez, *Sacramento*

**2005**

Elia V. Gallardo, *Sacramento*  
Sherry M. Hirota, *Oakland*  
Martin Waukazoo, *Oakland*

**2006**

José A. Arévalo, *Sacramento*  
Rolland C. Lowe, *San Francisco*  
Patricia Pratt, *Los Angeles*

**2007**

Michael V. Drake, *Irvine*  
Hector Flores, *Los Angeles*  
Ernest C. Levister, Jr., *San Bernardino*

**2008**

Juanita Barrera, *Sacramento*  
David Hayes-Bautista, *Los Angeles*  
Linda Squires-Grohe, *San Francisco*

**TCWF PUBLIC POLICY  
LEADERSHIP AWARD**

**2004**

Sen. Dede Alpert, *San Diego*  
Sen. John Burton, *San Francisco*  
Sen. Bruce McPherson, *Santa Cruz*  
Sen. John Vasconcellos, *Santa Clara*

**2006**

Sen. Martha Escutia, *Los Angeles*  
Attorney General Bill Lockyer, *California*  
Sen. Jackie Speier, *San Francisco*

**2008**

Sen. Sheila Kuehl, *Los Angeles*  
Sen. Jack Scott, *Los Angeles*

**TCWF SABBATICAL  
PROGRAM AWARD**

**2003**

Ann Britt, *North Hollywood*  
boona cheema, *Berkeley*  
Dave Jones, *Bieber*  
Stephen Schilling, *Bakersfield*  
Diane Takvorian, *San Diego*  
Karin Wandrei, *Ukiah*

**2004**

Jane Garcia, *Oakland*  
Dian Harrison, *San Francisco*  
Rick Mesa, *Desert Hot Springs*  
Barbara Mitchell, *Monterey*  
Debra Oto-Kent, *West Sacramento*  
Bernita Walker, *Los Angeles*

**2005**

Shannon Rose Chavez, *Lompoc*  
Shirley J. Cole, *Vista*  
Cherry L. Houston, *Alta Loma*  
Camille Schraeder, *Ukiah*  
April Y. Silas, *San Francisco*  
Diane Sommers, *Yolo County*  
Lue N. Yang, *Fresno*  
Richard Zaldivar, *Los Angeles*

**2006**

Speranza Avram, *Nevada City*  
Louis Chicoine, *Fremont*  
Brian Contreras, *Salinas*  
Xavier Flores, *San Fernando*  
Harry Foster, *Visalia*  
Michael Green, *Oakland*  
Rojane Jackson, *Carlsbad*  
Pheng Lo, *Stockton*

**2007**

Fred Bauermeister, *Simi Valley*  
Maria Costello, *San Diego*  
Rufino Dominguez, *Fresno*  
April Lea Go Forth, *Alturas*  
Marsha Krouse-Taylor, *Yuba City*  
Penny Newman, *Riverside*  
William "Blinky" Rodriguez, *Los Angeles*  
Mary Szecey, *Guerneville*

**2008**

Serge Dedina, *San Diego*  
Linnea Hunter, *Ukiah*  
Katherine Kneer, *Sacramento*  
Vannessa Lindsey, *Sacramento*  
Linda Broadous Miles, *Los Angeles*  
Dee O'Brien, *Santa Cruz*  
Margo Leathers Sidener, *San Jose*  
Houa Vang, *Merced*



# grantmaking program





“Core operating support can be used to help underwrite the regular, ongoing health care, health promotion and disease prevention activities of your organization.”

## Grantmaking Program

The Foundation prioritizes eight health issues for funding and responds to timely issues or special projects outside the funding priorities. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health care, health promotion and disease prevention activities of your organization. Such funds can be used for ongoing organizational costs such as salaries for key administrative staff or operating expenses. Core support funds can also be used for strengthening organizational capacity through activities such as engaging in strategic planning, facilitating board development or developing information systems.

Each prioritized health issue is described below. For a list of recent grants and future updates, please visit our website at [www.CalWellness.org](http://www.CalWellness.org)—or call the Foundation to request a copy of one of our publications.

### **Diversity in the Health Professions**

Grants that address the issue of diversity in the health professions are commonly given to organizations that provide pipeline programs, scholarships, outreach and retention programs, internships and fellowships and loan repayment programs for ethnic minorities that are underrepresented in the health professions. Careers in medicine, nursing, public health and other allied health professions are included. Organizations that support leadership development for people of color in the health professions are also eligible for funding. In addition, the Foundation funds organizations that provide information about the California health care workforce to policymakers and opinion leaders.

### **Environmental Health**

Grants that address the issue of environmental health are commonly given to organizations that provide environmental health education and

awareness activities; community organizing to promote environmental health; screening and testing for exposure to environmental toxins; leadership development; and collaborations such as partnerships between public health departments and community-based health programs to improve environmental health. The Foundation also funds efforts to inform policymakers and opinion leaders about improving environmental health issues.

### **Healthy Aging**

Grants that address the issue of healthy aging are commonly given to organizations that provide clinical preventive services, falls prevention programs, food and nutrition programs and in-home support. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that inform policymakers and opinion



leaders about healthy aging, as well as organizations that provide leadership development programs for seniors.

### **Mental Health**

Grants that address the issue of mental health are commonly given to organizations that provide services for transition-age youth (ages 16-23)—with a focus on those in, or exiting from, foster care and on runaway/homeless youth. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, as well as organizations that inform policymakers and opinion leaders about the health/mental health issues of transition-age youth.

### **Teenage Pregnancy Prevention**

Grants that address the issue of teenage pregnancy prevention are commonly given to organizations that provide outreach activities for reproductive health care, access to contraceptive services, and comprehensive programs for pregnant teens. An emphasis is placed on funding peer-provider clinics and other reproductive health organizations

that work with high-risk, sexually active, underserved teen populations. The Foundation also funds organizations that provide leadership development activities for reproductive health care workers and organizations that inform policymakers and opinion leaders about the issue of teen pregnancy.

### **Violence Prevention**

Grants that address the issue of violence prevention are commonly given to organizations that provide services for youth (ages 12–24) including mentoring programs, gang intervention programs, reentry programs, community-based violence prevention programs and after-school programs. An emphasis is placed on funding organizations that work with at-risk youth, including gang-affiliated and previously incarcerated youth. Grants are also made to organizations that provide leadership development activities to those working in the field of violence prevention, as well as organizations that inform policymakers and opinion leaders about the public health aspects of violence against youth.

### **Women's Health**

Grants that address the issue of women's health are commonly given to organizations that provide reproductive health care, prenatal care, community-based comprehensive health care services, HIV/AIDS programs for women of color, case management, and supportive housing for homeless women. Priority is given to organizations that create welcoming environments for women in underserved communities. The Foundation also funds organizations that provide leadership development activities for women and those that inform policymakers and opinion leaders about the issue of women's health.

### **Work and Health**

Grants that address the issue of work and health are commonly given to nonprofit organizations that provide health care services to farmworkers, in-home health workers, garment workers, day laborers and other low-income workers. Worker centers that provide culturally sensitive and linguistically appropriate services, such as health education and access to health care for low-wage workers, are



also prioritized for funding. In addition, the Foundation funds organizations that provide leadership development programs for low-wage workers, as well as organizations that inform policymakers and opinion leaders about the issue of work and health.

### **Special Projects**

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit our mission but are outside the eight health issues prioritized for funding. The Foundation places an emphasis on grants to support and strengthen safety net providers of health care, help low-income consumers understand and navigate the health care system, and to inform policymakers and opinion leaders about health care issues affecting the underserved. The Foundation also provides funding to address the health care needs of the California/Mexico border population, the urban homeless, and culturally appropriate programs for underserved ethnic populations.

### **Application Process**

1. Review the guidelines above and check the eligibility criteria below.
2. Write a one- to two-page letter of interest. **Please note that submissions beyond two pages will not be accepted.** The letter should include:
  - information about your organization’s mission, activities and operating budget;
  - the region and population(s) served;
  - how the funds will be used;
  - the total amount requested from the Foundation; and
  - project goals, leadership and duration, if you are requesting project funding.
3. Clearly indicate the TCWF funding priority for which you want your request considered (for example, healthy aging). This will help us accurately process your letter.

“For a list of recent grants and future updates, please visit our website at [www.CalWellness.org](http://www.CalWellness.org)— or call the Foundation to request a copy of one of our publications.”



4. Mail your letter of interest to:

Director of Grants Management  
The California Wellness Foundation  
6320 Canoga Avenue, Suite 1700  
Woodland Hills, CA 91367

No application form is needed, and formal proposals are not accepted at this preliminary stage. Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three months. Those encouraged to submit proposals will receive further guidance at that time.

#### **Eligibility Criteria**

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and that are not private foundations as defined in IRC Section 509(a) or are public charities as defined in IRC Section 170(b)(A)(vi). The Foundation also funds government agencies. **The Foundation does not fund Section 509(a)(3) Type III non-functionally integrated supporting organizations.**

Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered. The Foundation does not provide international funding or fund organizations located outside the United States.

“We encourage requests for core operating support. Such funds can be used for ongoing organizational costs such as salaries for key administrative staff or operating expenses. Core support funds can also be used for strengthening organizational capacity through activities such as engaging in strategic planning, facilitating board development or developing information systems.”

# grants list





## Grants List



### **A Healthy House Within a MATCH Coalition**

Merced, CA

*\$180,000 over three years*

For support to provide culturally effective case management and health education for ethnically diverse, primarily immigrant seniors in Merced County.

### **Al Wooten Jr. Youth and Adult Cultural-Educational Center**

Los Angeles, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

### **Alliance for Rural Community Health**

Ukiah, CA

*\$375,000 over three years*

For core operating support to continue to strengthen infrastructure and sustain the provision of primary health care services at member clinics.

### **Anka Behavioral Health, Incorporated**

Concord, CA

*\$180,000 over three years*

For core operating support to sustain safe housing, mental health and other supportive services for former foster youth in Riverside County.

### **Another Choice, Another Chance**

Sacramento, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

### **Arc Ecology**

San Francisco, CA

*\$250,000 over three years*

For core operating support to continue to provide technical assistance for California communities that struggle with adverse environmental health issues related to military bases.

### **Asian & Pacific Islander American Health Forum**

San Francisco, CA

*\$150,000 over two years*

For core operating support to continue to inform policymakers about the health issues and concerns affecting California's Asian American, Native Hawaiian and Pacific Islander communities.

### **Asian Americans for Community Involvement of Santa Clara County**

San Jose, CA

*\$250,000 over three years*

For core operating support to sustain primary health care for low-income immigrants and refugees in Santa Clara County.

### **Asian Health Services**

Oakland, CA

*\$250,000 over three years*

For core operating support to continue to provide comprehensive health care services for low-income Asians and Pacific Islanders in Alameda County.

## Grants List



**Asian Health Services/California Healthy Nail Salon Collaborative**

Oakland, CA

*\$150,000 over three years*

For core operating support for the California Healthy Nail Salon Collaborative to continue to inform nail salon workers, policymakers and opinion leaders about workplace health and safety issues.

**Asian Pacific Health Care Venture, Inc.**

Los Angeles, CA

*\$225,000 over three years*

For core operating support for the Diabetes Collaborative to sustain diabetes care management services for low-income, primarily Asian/Pacific Islander immigrant seniors in Los Angeles County.

**Bear Valley Unified School District/ Bear Valley Healthy Start**

Big Bear Lake, CA

*\$200,000 over three years*

For core operating support for the Bear Valley Healthy Start program to sustain the provision of school-based health services for elementary and middle school students in Big Bear Valley.

**Berkeley Food and Housing Project**

Berkeley, CA

*\$120,000 over three years*

For core operating support to continue to provide case management and supportive housing services for homeless women and their children in Alameda County.

**Bienvenidos Children's Center, Inc.**

Los Angeles, CA

*\$225,000 over three years*

For core operating support to sustain the school-based *El Joven Noble* male-involvement teenage pregnancy program serving at-risk and sexually active youth in East Los Angeles.

**Breakout Prison Outreach**

San Jose, CA

*\$250,000 over three years*

For core operating support to sustain violence prevention programming targeting gang-affiliated and previously incarcerated youth in Alameda, Fresno and Santa Clara Counties.

**Breathe California of the Bay Area**

San Jose, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

**BUILD Program**

Los Angeles, CA

*\$225,000 over three years*

For core operating support to sustain violence prevention and intervention services for high-risk youth in South Los Angeles.

**California Black Health Network**

San Diego, CA

*\$150,000 over three years*

For core operating support to continue to inform policymakers and opinion leaders about the health issues affecting African-Americans in California.

**California Black Women's Health Project**

Inglewood, CA

*\$275,000 over three years*

For core operating support to continue to build the advocacy capacity of black women and communities to reduce health disparities in California.



**California Budget Project**

Sacramento, CA

*\$180,000 over three years*

For core operating support to continue to inform policymakers and opinion leaders about the impact of state fiscal policies on the health and well-being of low- and middle-income Californians.

**California Legislative Black Caucus Foundation, Inc.**

Los Angeles, CA

*\$70,000 over two years*

To support the Advocacy in Action Program to inform policymakers and opinion leaders about the health issues affecting people of color within Los Angeles County.

**California Pan-Ethnic Health Network**

Oakland, CA

*\$150,000 over three years*

For core operating support to sustain Having Our Say!, a statewide coalition representing communities of color focused on informing policymakers about health care issues impacting underserved communities of color.

**California Planned Parenthood Education Fund Incorporated**

Sacramento, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

**California Planned Parenthood Education Fund Incorporated**

Sacramento, CA

*\$250,000 over three years*

For core operating support to inform policymakers, opinion leaders and media outlets in the Central Valley about promising teenage pregnancy prevention and comprehensive sexuality education programs.

**California Rural Legal Assistance, Inc.**

San Francisco, CA

*\$200,000 over three years*

For core operating support for the Dairy Worker Safety Program to continue to improve the occupational health and safety of dairy workers.

**California School Health Centers Association**

Oakland, CA

*\$225,000 over two years*

For core operating support to inform policymakers and opinion leaders about school health centers that provide reproductive health services and comprehensive sexuality education.

**California State Library Foundation/California State Library, California Research Bureau**

Sacramento, CA

*\$240,000 over three years*

For support for the California State Library's California Research Bureau to inform policymakers, opinion leaders and other stakeholders about the mental health and social connectedness needs of homeless and runaway youth in California.

**California State Rural Health Association**

Sacramento, CA

*\$150,000 over three years*

For core operating support to continue to inform policymakers and opinion leaders about rural health issues in California and to strengthen advocacy capacity of the membership.

## Grants List

**California State University,  
Channel Islands Foundation**

Camarillo, CA

*\$240,000 over three years*

For support to provide scholarships to attract and retain a culturally diverse nursing student population at California State University, Channel Islands.

**California State University,  
Fresno Foundation/Educational  
Opportunity Program**

Fresno, CA

*\$180,000 over three years*

For core operating support for the Educational Opportunity Program at California State University, Fresno, to sustain case management, counseling, housing support and other supportive services for former foster youth enrolled at the university.

**Campaign for College Opportunity**

Los Angeles, CA

*\$600,000 over two years*

For support to develop policy, communication and coalition strategies to improve college access and success in California's community colleges and higher education to prepare a diverse health workforce.

**Catholic Charities of the Diocese  
of Oakland, Inc.**

Oakland, CA

*\$100,000 over two years*

For core operating support to sustain the CARE program's provision of safe housing, counseling and other supportive services for former foster youth in Alameda and Contra Costa Counties.

**Center for Environmental Health/  
Californians for a Healthy and  
Green Economy**

Oakland, CA

*\$250,000 over three years*

For core operating support for Californians for a Healthy and Green Economy to inform policymakers, opinion leaders and the public on the health impacts of chemicals and other toxins.

**Center for Governmental Studies/  
Insure the Uninsured Project**

Los Angeles, CA

*\$225,000 over three years*

For core operating support for the Insure the Uninsured Project to continue to provide policymakers, advocates and consumers with information that identifies, analyzes and informs about measures needed to link those in California without health insurance to viable, sustainable health care.

**Center for Health Care Rights**

Los Angeles, CA

*\$180,000 over three years*

For core operating support to continue improving access to Medicare for seniors in Los Angeles County.

**Center on Policy Initiatives**

San Diego, CA

*\$225,000 over three years*

For core operating support to continue to inform policymakers, opinion leaders and the public about health care issues facing low-wage workers in San Diego.

**Centro De Salud La Comunidad  
De San Ysidro, Inc.**

San Ysidro, CA

*\$325,000 over three years*

For core operating support to continue to provide primary health care services for underserved residents of San Ysidro, located in the South Bay region of San Diego.



**Chico Feminist Women's Health Center**

Sacramento, CA

*\$300,000 over three years*

For core operating support to continue to provide reproductive health services, education and outreach to low-income women in Northern California and the Sacramento area.

**Children Now**

Oakland, CA

*\$150,000 over two years*

For core operating support to continue to inform policymakers and opinion leaders about children's oral health.

**Children's Dental Foundation**

Long Beach, CA

*\$258,750 over three years*

For core operating support to continue to provide ongoing health education and oral health care treatment services for underserved and severely medically compromised children in Long Beach and surrounding areas.

**Children's Hospital of Orange County**

Orange, CA

*\$80,000 over two years*

For core operating support to continue to provide environmental health and asthma prevention education through the Breathmobile project, a mobile health van.

**Children's Initiative**

San Diego, CA

*\$130,000 over two years*

For core operating support to sustain juvenile diversion services as a violence prevention strategy for at-risk youth in San Diego County.

**Chinatown Service Center**

Los Angeles, CA

*\$200,000 over three years*

For core operating support to continue to provide primary health care services for low-income Chinese residents in Los Angeles.

**City and County of San Francisco, Department of Public Health/Community Health Programs for Youth**

San Francisco, CA

*\$225,000 over three years*

To support the Community Health Programs for Youth's Peer Provider Project to reduce teen pregnancy rates in San Francisco County.

**City of Stockton**

Stockton, CA

*\$100,000 over two years*

For core operating support to sustain the Operation Peacekeepers program to reduce gang-related violence in Stockton and the surrounding communities of Lodi, Manteca and Tracy.

**Clergy & Laity United for Economic Justice**

Los Angeles, CA

*\$172,000 over three years*

For core operating support to continue to coordinate interfaith efforts at promoting access to health coverage and to create healthier working conditions for low-wage workers.

**Clinica Msr. Oscar A. Romero**

Los Angeles, CA

*\$170,000 over two years*

For core operating support to continue to provide primary health care services for underserved residents in Los Angeles.

## Grants List



### **Collective SPACE**

Los Angeles, CA

*\$210,000 over three years*

For core operating support to continue to provide environmental health education and leadership development to residents of substandard housing in the MacArthur Park community in Los Angeles.

### **Common Ground-The Westside**

#### **HIV Community Center**

Santa Monica, CA

*\$225,000 over three years*

For core operating support for the Homeless Youth Peer Education program to sustain the provision of mental health and other supportive services in Santa Monica for homeless and runaway youth.

### **Commonweal**

Bolinas, CA

*\$250,000 over three years*

For core operating support to sustain production and dissemination of reports on California policies regarding youth violence prevention programs.

### **Communities in Schools of San Fernando Valley, Inc.**

North Hills, CA

*\$150,000 over two years*

For core operating support to sustain violence prevention and intervention programming for at-risk and gang-involved youth in the northeast San Fernando Valley region of Los Angeles.

### **Community Foundation of Santa Cruz County**

Soquel, CA

*\$250,000 over three years*

For project support for a regranting project to promote the health of low-income and underserved residents of Santa Cruz County.

### **Community Health Awareness Council**

Mountain View, CA

*\$150,000 over three years*

For core operating support to sustain the Plain Talk and Blossom Project programs, comprehensive sexuality education programs serving youth in Santa Clara County.

### **Community Initiatives/John Burton Foundation for Children Without Homes**

San Francisco, CA

*\$100,000 over two years*

For project support to improve and expand supportive housing programs across California for homeless former foster youth.

### **Community Partners**

Los Angeles, CA

*\$225,000 over one year*

To plan, coordinate and evaluate a statewide conference on environmental health.

### **Community Partners/California Latinas for Reproductive Justice**

Los Angeles, CA

*\$180,000 over three years*

For core operating support for the California Latinas for Reproductive Justice to continue to educate policymakers, opinion leaders and community members about reproductive health issues facing Latinas in California.



**Community Partners/Khmer Girls in Action**

Los Angeles, CA

*\$100,000 over two years*

For core operating support for Khmer Girls in Action to continue the provision of a youth leadership training program as a teenage pregnancy prevention strategy.

**Community Partners/Violence Prevention Coalition of Greater Los Angeles**

Los Angeles, CA

*\$225,000 over three years*

For core operating support for the Violence Prevention Coalition of Greater Los Angeles to continue to inform policymakers and opinion leaders about violence prevention issues.

**CompassPoint Nonprofit Services**

San Francisco, CA

*\$200,000 over two years*

For project support to create the Leadership Program for Next Generation Leaders of Color, a pilot program for health and human service professionals in the San Francisco Bay Area.

**CompassPoint Nonprofit Services**

San Francisco, CA

*\$145,000 over one year*

For project support to plan, implement and evaluate TCWF's Conference on Violence Prevention and California Peace Prize Awards dinner in 2009.

**CompassPoint Nonprofit Services**

San Francisco, CA

*\$310,000 over two years*

To support leadership development training and support for executives at California nonprofit organizations that improves the health and well-being of transition-age youth.

**Conejo Free Clinic**

Thousand Oaks, CA

*\$200,000 over three years*

For core operating support to sustain health care services for low-income, uninsured residents of Ventura County.

**Consultative Group on Biological Diversity/Health and Environmental Funders Network**

San Francisco, CA

*\$100,000 over three years*

For core operating support for the Health and Environmental Funders Network to continue to work to strengthen philanthropic efforts related to environmental health and justice in California.

**Costa Mesa Senior Citizens Corporation**

Costa Mesa, CA

*\$100,000 over two years*

For core operating support to sustain falls prevention services for low-income seniors in Costa Mesa and surrounding communities.

**Creating Healthy Lives, Inc.**

Ridgecrest, CA

*\$115,000 over two years*

For core operating support to sustain workplace wellness programs and health education, screenings and referrals for low-income workers in the Indian Wells Valley.

## Grants List



### **CRLA Foundation**

Sacramento, CA

*\$120,000 over two years*

For core operating support to sustain the Pesticide and Work Safety Project to inform policymakers, opinion leaders and others about occupational health and safety hazards affecting California farmworkers.

### **CSULA Auxiliary Services, Inc./ Edmund G. Pat Brown Institute of Public Affairs**

Los Angeles, CA

*\$150,000 over three years*

For core operating support to continue to engage in community health care policy and research programming and activities focused on the Asian and Pacific Islander and Latino Communities of East Los Angeles and San Gabriel Valley.

### **Desarrollo Familiar**

Richmond, CA

*\$100,000 over two years*

For core operating support to sustain the *Proyecto Bienestar* teenage pregnancy prevention programming for at-risk, underserved youth in Contra Costa County.

### **Dolores C. Huerta Foundation**

Bakersfield, CA

*\$100,000 over two years*

For core operating support to sustain teenage pregnancy prevention and education activities serving at-risk youth in Kern County.

### **Donald P. McCullum Youth Court, Inc.**

Oakland, CA

*\$100,000 over two years*

For core operating support to sustain an alternative sentencing diversion program for first-time youth offenders in Alameda, Contra Costa and San Francisco Counties as a violence prevention strategy.

### **Downtown Women's Center**

Los Angeles, CA

*\$225,000 over three years*

For core operating support to continue to provide case management and health education to homeless women in the Skid Row area of Los Angeles.

### **Each One Reach One**

South San Francisco, CA

*\$100,000 over two years*

For core operating support to sustain the Healthy Choices teenage pregnancy prevention program serving incarcerated youth in South San Francisco and San Mateo County.

### **East Valley Community Health Center, Inc.**

West Covina, CA

*\$135,000 over two years*

For core operating support to continue to provide primary health care services for underserved residents in the East San Gabriel Valley.

### **Effort, Inc.**

Sacramento, CA

*\$200,000 over three years*

For core operating support for the Community Health Center to continue to provide primary health care services to underserved residents in Sacramento.

### **El Centro De Accion Social**

Pasadena, CA

*\$180,000 over three years*

For core operating support for the Senior Citizens Network Program to sustain health promotion services in Pasadena for low-income, primarily Latino immigrant seniors.

**Environmental Center of San Luis Obispo**

San Luis Obispo, CA

*\$225,000 over three years*

To support the Environmental Health Education Project to raise awareness of the health risks of pesticide exposure in San Luis Obispo County.

**Evans, Kismet**

San Bernardino, CA

*\$25,000 over one year*

For the 2008 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.

**Faith In Community**

Fresno, CA

*\$150,000 over three years*

For core operating support to continue to strengthen community organizing efforts to improve the health of residents in Fresno County.

**Family Health Care Centers of Greater Los Angeles, Inc.**

Bell Gardens, CA

*\$250,000 over three years*

For core operating support to continue to provide health care services for low-income residents of Southeast Los Angeles.

**Fenton Communications**

San Francisco, CA

*\$1,000,000 over one year*

For project support to implement a public education campaign to provide information to policymakers and opinion leaders about the health care workforce and its diversity and to inform underrepresented minority youth about health careers.

**Field Research Corporation**

San Francisco, CA

*\$325,000 over two years*

To support the Field Poll to place health and health policy questions on statewide public surveys and to examine and update these topics intermittently over time.

**Filipino-American Service Group, Inc.**

Los Angeles, CA

*\$225,000 over three years*

For support to develop and implement a comprehensive diabetes awareness, prevention and disease management program for low-income, primarily Filipino seniors in Los Angeles County.

**Foundation for California Community Colleges/San Francisco Welcome Back Center**

Sacramento, CA

*\$235,000 over two years*

For core operating support for the San Francisco Welcome Back Center to continue to support the entrance of internationally trained health workers into California's health workforce.

**The Foundation for Taxpayer and Consumer Rights**

Santa Monica, CA

*\$150,000 over three years*

For core operating support for the Health Consensus Project to continue to inform policymakers, opinion leaders and the public about the issue of health care reform.

**Gang Reduction Intervention Team**

Redlands, CA

*\$240,000 over three years*

For core operating support to sustain violence prevention programming targeting gang-affiliated and previously incarcerated youth in San Bernardino County.

## Grants List



**Gay and Lesbian Elder Housing Corporation**

Hollywood, CA

*\$180,000 over three years*

For core operating support to sustain health promotion and other supportive services in Hollywood for low-income, primarily lesbian, gay, bisexual and transgender seniors.

**Girls Club of Los Angeles**

Los Angeles, CA

*\$300,000 over three years*

For core operating support for Project Lead to sustain comprehensive sexuality education programs serving youth at Washington Prep High School in unincorporated South Los Angeles.

**Great Beginnings for Black Babies, Inc.**

Inglewood, CA

*\$175,000 over two years*

For core operating support to continue to provide case management to improve pregnancy outcomes among underserved women in South Los Angeles and the surrounding areas.

**Greater Sacramento Urban League**

Sacramento, CA

*\$300,000 over three years*

For core operating support for the PROMISE project to sustain community-based teenage pregnancy prevention programs serving at-risk youth in the Del Paso Heights area of Sacramento.

**Greenaction for Health and Environmental Justice**

San Francisco, CA

*\$225,000 over three years*

For core operating support to continue to provide environmental health education, technical assistance and environmental justice organizing.

**Grossmont-Cuyamaca Community College District Auxiliary Organization/San Diego Welcome Back Center**

El Cajon, CA

*\$300,000 over three years*

To support the San Diego Welcome Back Center to provide internationally trained health providers in Imperial Valley with support to re-enter the health professions.

**Haight Ashbury Free Clinics, Inc.**

San Francisco, CA

*\$200,000 over three years*

For core operating support to continue to provide primary health care services to underserved residents in San Francisco.

**Harbor Free Clinic, Inc.**

San Pedro, CA

*\$210,000 over three years*

For core operating support to continue to provide health services to underserved women in the Los Angeles Harbor area.

**Harder + Company Community Research**

San Francisco, CA

*\$75,000 over six months*

To augment a current evaluation grant focused on the first five years of TCWF's Responsive Grantmaking Program.

**Health Access Foundation**

Oakland, CA

*\$200,000 over two years*

For core operating support to continue health policy analysis, community organizing and ongoing coalition-building efforts on behalf of uninsured and underinsured Californians.



**Health Professions  
Education Foundation**

Sacramento, CA

*\$300,000 over two years*

For core operating support to provide scholarship and loan repayments to economically disadvantaged health profession students who practice in medically underserved communities in California.

**The Health Trust**

Campbell, CA

*\$300,000 over three years*

To support a community-based prevention and education program addressing health disparities among low-income Latino and Vietnamese families in Santa Clara County.

**Healthy Building Network**

Washington, DC

*\$250,000 over three years*

For core operating support to continue to provide information about healthier, less toxic building materials to improve environmental health.

**Healthy Smiles Mobile  
Dental Foundation**

Fresno, CA

*\$258,750 over three years*

For core operating support to continue to provide oral health services to children residing in four counties of the Central Valley.

**Hillsides**

Pasadena, CA

*\$150,000 over three years*

For core operating support to sustain Youth Moving On's provision of safe housing, counseling and other supportive services for former foster youth in Los Angeles County.

**Homies Unidos, Inc.**

Los Angeles, CA

*\$240,000 over three years*

For core operating support to sustain violence prevention programming targeting at-risk youth in the Pico Union district of Los Angeles.

**Hope Works Santa Rosa, Inc.**

Santa Rosa, CA

*\$150,000 over three years*

For core operating support to sustain employment training and support services for gang-involved and previously incarcerated youth in Sonoma County, as a violence prevention strategy.

**Horizons Foundation**

San Francisco, CA

*\$600,000 over three years*

To support the Working to Increase Services to Elders program to promote healthy aging among lesbian, gay, bisexual and transgender seniors in Bay Area counties through a regranteeing and technical assistance program.

**Humboldt State University  
Sponsored Programs Foundation/  
California Center for Rural Policy**

Arcata, CA

*\$150,000 over three years*

For core operating support for the California Center for Rural Policy to continue to conduct research and analysis about the health of rural communities in California.

## Grants List



### **Independent Sector**

Washington, DC

*\$300,000 over three years*

For core operating support to continue to inform policymakers and opinion leaders about policies that affect health nonprofits and foundations in California.

### **Individuals Now, Inc., Social Advocates for Youth**

Santa Rosa, CA

*\$225,000 over three years*

For core operating support to sustain safe housing, counseling and supportive services for homeless, runaway and former foster youth in Sonoma County.

### **Inland Congregation United for Change, Sponsoring Committee, Inc.**

San Bernardino, CA

*\$150,000 over three years*

For core operating support to continue to strengthen community organizing efforts to improve the health of residents in San Bernardino and Riverside Counties.

### **Institute for Healthcare**

La Habra, CA

*\$200,000 over three years*

For core operating support for the Friends of Children Health Center to continue to provide primary health care services to Latino children in the community of La Habra.

### **Instituto de Educacion Popular del sur de California**

Los Angeles, CA

*\$250,000 over three years*

For core operating support for the Workers Health Project to continue to provide health education and referrals to day laborers and domestic workers in the Los Angeles region.

### **Interface Children Family Services**

Camarillo, CA

*\$100,000 over two years*

For core operating support to sustain crisis intervention, counseling, emergency shelter and other supportive services for homeless, runaway, emancipating foster and other at-risk youth in Ventura County.

### **International Community Foundation**

National City, CA

*\$100,000 over one year*

To support the Tuberculosis in San Diego-Baja California Initiative to improve coordination of tuberculosis control efforts in the border region.

### **Inyo Mono Area Agency on Aging**

Bishop, CA

*\$300,000 over three years*

For core operating support for the Inyo Mono Senior Program to sustain health promotion services for seniors in Inyo and Mono Counties.

### **Jewish Community Free Clinic**

Rohnert Park, CA

*\$250,000 over three years*

For core operating support to continue to provide health care to low-wage workers and their families in Sonoma County.

### **John Muir Health/Dental Health Collaborative of Contra Costa Mobile Dental Clinic**

Walnut Creek, CA

*\$150,000 over three years*

For core operating support to continue to provide underserved children with access to oral health services and education.



**JWCH Institute, Inc.**

Los Angeles, CA

*\$300,000 over three years*

For core operating support to continue to provide primary health care services to women and girls in the Bell Gardens and Norwalk communities of Los Angeles County.

**Kern County Department of Public Health/Nurse Family Partnership Program**

Bakersfield, CA

*\$300,000 over three years*

For core operating support for the Nurse Family Partnership Program to continue to provide high-risk, first-time moms in Kern County with support to ensure healthy pregnancy outcomes and improve child health and development.

**Kids Come First**

Ontario, CA

*\$325,000 over three years*

For core operating support to continue to provide free and low-cost health care to underserved children in Ontario.

**Korean Community Services, Inc.**

Buena Park, CA

*\$100,000 over two years*

For project support to provide outreach, health education, health care enrollment and navigation services for Korean-Americans in Orange County.

**Korean Health Education Information and Research Center**

Los Angeles, CA

*\$240,000 over three years*

For core operating support to continue to provide primary and preventive health services to low-income Korean and Latina immigrant women in Los Angeles.

**Korean Immigrant Workers Advocates of Southern California**

Los Angeles, CA

*\$190,000 over two years*

For project support for the CLEAN Carwash Campaign to improve the health and safety of carwash workers in Los Angeles.

**La Raza Centro Legal-San Francisco**

San Francisco, CA

*\$250,000 over three years*

For core operating support for the *Jornaleros Unidos* Project to continue promoting the health and well-being of day laborers and domestic workers through health education, leadership development, and occupational health and safety interventions.

**Labor's Training and Community Development Alliance**

San Diego, CA

*\$275,000 over three years*

For core operating support for the Employee Rights Center to continue to provide health education, referrals and assistance to low-wage workers in the San Diego area.

**Leadership Training and Education Fund/Building Skills Partnership**

Oakland, CA

*\$250,000 over three years*

For core operating support for the Building Skills Partnership to continue to provide occupational and prevention health education to janitors and other building service workers.

## Grants List

### **Liberty Hill Foundation**

Santa Monica, CA

*\$1,000,000 over two years*

For project support for a pilot program to provide capacity-building grants to small, grassroots, minority-led health and/or human service organizations in Los Angeles County.

### **LIFE ElderCare, Inc.**

Fremont, CA

*\$100,000 over two years*

For core operating support to sustain home-delivered meals and falls prevention services for homebound seniors in the Tri-City area of Alameda County.

### **LifeLong Medical Care**

Berkeley, CA

*\$225,000 over three years*

For core operating support to sustain high-quality health and psychosocial services for low-income seniors in Alameda County.

### **Lions Blind Center of Diablo Valley**

Pittsburg, CA

*\$100,000 over two years*

For core operating support to sustain vision impairment detection, intervention and management services for low-income seniors in Alameda and Contra Costa Counties.

### **Los Angeles Brotherhood Crusade, Inc.**

Los Angeles, CA

*\$250,000 over three years*

For core operating support to sustain the Inland Empire Violence Prevention Coalition.

### **Los Angeles Center for Economic Survival/Coalition for Economic Survival**

Los Angeles, CA

*\$225,000 over three years*

For core operating support for the Coalition for Economic Survival to improve environmental health conditions in low-income housing in Los Angeles County.

### **Los Angeles Gay and Lesbian Community Services Center, Inc.**

Los Angeles, CA

*\$225,000 over three years*

For core operating support for the Youth Services Department to continue to provide mental health and other supportive services for lesbian, gay, bisexual and transgender homeless and runaway youth in Hollywood.

### **Ma-at Youth Academy**

Richmond, CA

*\$145,000 over two years*

For core operating support to continue to provide environmental health education in West Contra Costa County.

### **Martha's Village and Kitchen, Inc.**

Indio, CA

*\$300,000 over three years*

For core operating support for Martha's Medical Clinic to continue to provide health care services to homeless and uninsured individuals in the Coachella Valley.

### **Meals-on-Wheels Greater San Diego, Inc.**

San Diego, CA

*\$100,000 over two years*

For core operating support to sustain home-delivered meals for homebound seniors in San Diego County.

### **Mendocino Community Health Clinic, Inc.**

Ukiah, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.



**Merced Lao Family Community, Inc.**

Merced, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

**Mission City Community Network, Inc.**

North Hills, CA

*\$135,000 over two years*

For core operating support to sustain the TeenSMART Outreach pregnancy prevention program serving at-risk, underserved youth in the Northeast San Fernando Valley region of Los Angeles.

**Ms. Foundation for Women, Inc.**

Brooklyn, NY

*\$100,000 over two years*

For project support for the Women and AIDS Fund to support organizations led by and for HIV-positive women in California.

**Mujeres Unidas y Activas**

San Francisco, CA

*\$100,000 over two years*

For core operating support to sustain occupational health and safety education to Latina domestic workers through the Caring Hands Worker's Association.

**Murrieta Valley Unified School District**

Murrieta, CA

*\$225,000 over two years*

To support the creation of the Southwest Riverside County Gangs in School Training and Technical Assistance Center, as a violence prevention strategy.

**National Campaign to Prevent Teen Pregnancy**

Washington, DC

*\$130,000 over two years*

For project support to develop a culturally appropriate teenage pregnancy prevention media campaign targeted at Latino youth in the Central Valley region of California.

**National Health Law Program, Inc.**

Los Angeles, CA

*\$150,000 over three years*

For core operating support to continue to provide technical assistance and training on state and federal health policies to advocates, policymakers and providers working to improve the health of low-income residents in California.

**National Indian Justice Center, Inc./California Indian Environmental Alliance**

Santa Rosa, CA

*\$100,000 over two years*

For core operating support for the California Indian Environmental Alliance to continue to provide environmental health education and leadership training to California tribal members.

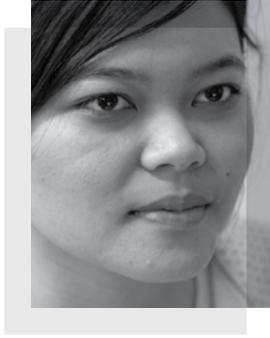
**North Coast Clinics Network**

Eureka, CA

*\$375,000 over three years*

For core operating support to strengthen consortium infrastructure and to support the delivery of primary health care services at member clinics.

## Grants List



### **North County Interfaith Council, Inc.**

Escondido, CA

*\$250,000 over three years*

For core operating support for the *Confianza Ti* program to continue providing health services and case management to migrant workers and day laborers and their families in north inland San Diego County.

### **Northeast Valley Health Corporation**

San Fernando, CA

*\$135,000 over two years*

For core operating support for the San Fernando High School Teen Health Center to sustain teenage pregnancy prevention activities.

### **Northern Sierra Rural Health Network**

Nevada City, CA

*\$425,000 over three years*

For core operating support to continue to strengthen network infrastructure and to support the delivery of primary health care services through member providers.

### **Oakland Community Organization**

Oakland, CA

*\$150,000 over three years*

For core operating support to continue to strengthen community organizing efforts to improve the health of residents in Alameda County.

### **OASIS Institute**

St. Louis, MO

*\$180,000 over three years*

To support the Baldwin Hills Center to implement an evidence-based falls prevention program in South and East Los Angeles for low-income, primarily African-American and Latino seniors.

### **Olive View-UCLA Medical Center Foundation, Inc.**

Sylmar, CA

*\$100,000 over two years*

For project support to provide health promotion and disease prevention services to low-income residents of Northeastern Los Angeles County.

### **Optimist Boys Home & Ranch**

Los Angeles, CA

*\$180,000 over three years*

For core operating support for the Transitional Housing + Program to sustain safe housing, counseling and other supportive services for former foster youth in Riverside County.

### **Pacific Family Health/ Orchard Medical Center**

Fresno, CA

*\$200,000 over three years*

For core operating support for the Orchard Medical Center to continue to provide primary health care services to underserved residents in the City of Orange Cove.

### **Para Los Ninos**

Los Angeles, CA

*\$300,000 over three years*

For core operating support to continue providing community-based teen pregnancy prevention programming to high-risk youth in central and downtown Los Angeles.



**Parks and Recreation Community Foundation/AllForOne Youth Mentoring Program**

Santa Barbara, CA  
*\$230,000 over three years*  
For core operating support for the AllForOne Youth Mentoring Program to sustain male-involvement teenage pregnancy prevention programming serving gang-involved youth in Santa Barbara County.

**Partnership for the Children of San Luis Obispo County**

San Luis Obispo, CA  
*\$258,750 over three years*  
For core operating support for *La Clinica de Tolosa* to continue to provide oral health services to children from underserved families in San Luis Obispo County.

**Pediatric and Family Medical Center**

Los Angeles, CA  
*\$150,000 over two years*  
For core operating support to continue to provide pregnancy care and education to underserved women and girls in Los Angeles.

**Peninsula Interfaith Action**

San Carlos, CA  
*\$100,000 over two years*  
For core operating support to continue to inform policymakers about the health care needs of low-income residents in San Mateo and Santa Clara Counties.

**Penny Lane Centers**

North Hills, CA  
*\$200,000 over three years*  
For core operating support to sustain teenage pregnancy prevention programming serving high-risk youth in the Antelope and San Fernando Valleys of Los Angeles County.

**People Assisting the Homeless**

Los Angeles, CA  
*\$200,000 over three years*  
For core operating support to sustain the provision of comprehensive health and social services for homeless clients in Los Angeles County.

**People Organized to Win Employment Rights**

San Francisco, CA  
*\$150,000 over three years*  
For core operating support to provide environmental health education to community residents and information to policymakers and opinion leaders about environmental health issues in Bayview-Hunters Point.

**Physicians for Social Responsibility, Inc./Healthy Homes Collaborative**

Los Angeles, CA  
*\$135,000 over two years*  
For core operating support for the Healthy Homes Collaborative to inform policymakers and opinion leaders about environmental health issues affecting low-income tenants in Los Angeles.

**Pilipino Workers Center of Southern California**

Los Angeles, CA  
*\$225,000 over three years*  
For core operating support to continue to provide occupational health and safety education to low-wage Filipino workers and information to policymakers and opinion leaders about occupational health and safety issues facing these workers.

## Grants List

### **Planned Parenthood Shasta Diablo, Inc.**

Concord, CA

*\$200,000 over two years*

For core operating support to continue to provide reproductive health services and health education to underserved women in Northern California.

### **Playa Vista Job Opportunities and Business Services**

Los Angeles, CA

*\$175,000 over two years*

For project support to implement a pilot employment internship program for previously incarcerated youth participating in the Los Angeles County Probation Department's Adult Day Reporting Center, as a violence prevention strategy.

### **Prevention Institute**

Oakland, CA

*\$150,000 over two years*

For core operating support to continue to inform policymakers and other stakeholders about strategies that integrate and advance prevention as a key element of health care reform.

### **Project Open Hand**

San Francisco, CA

*\$100,000 over two years*

For core operating support for the Senior Lunch Program to sustain a nutrition program for seniors in San Francisco and Alameda Counties.

### **Project Sister Family Services**

Pomona, CA

*\$150,000 over three years*

For core operating support to sustain comprehensive sexuality education programs serving at-risk youth in Los Angeles and San Bernardino Counties.

### **PTA California Congress Of Parents Teachers & Students, Inc./Los Angeles Tenth District PTSA**

Los Angeles, CA

*\$175,000 over two years*

For core operating support for the Los Angeles Tenth District PTSA Dental Referral Program to continue to provide oral health prevention and referral services for uninsured and underinsured children of Los Angeles County.

### **Public Health Foundation Enterprises, Inc./CHOICES**

City of Industry, CA

*\$150,000 over three years*

For core operating support to sustain the CAMP program, a school-based, comprehensive sexuality education program serving youth in the San Gabriel Valley.

### **Public Health Institute**

Oakland, CA

*\$200,000 over two years*

For project support to implement the Safe Futures/Safe California initiative to replicate and refine an evidence-based strategy to reduce gang- and gun-related violence in California.

### **Public Policy Institute of California**

San Francisco, CA

*\$50,000 over one year*

To produce and disseminate a report on the environmental health impacts of California's air quality and climate change policies.



**Quartz Valley Indian Reservation**

Fort Jones, CA

*\$200,000 over three years*

For core operating support for the Anav Tribal Health Center to continue to provide primary health care services to underserved tribal members and residents of the surrounding community.

**Radio Bilingue, Inc.**

Fresno, CA

*\$200,000 over three years*

To produce a three-year radio campaign to provide health education to farmworkers.

**Ramos, Orlando**

Richmond, CA

*\$25,000 over one year*

For the 2008 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.

**Rancho Los Amigos Foundation, Inc.**

Downey, CA

*\$100,000 over two years*

For core operating support for the Know Barriers Outreach program to continue teenage pregnancy prevention programming serving high-risk, underserved youth in Compton.

**Reach Out West End, Inc.**

Upland, CA

*\$100,000 over two years*

For project support to implement a comprehensive sexuality education program as a teenage pregnancy prevention strategy in the Northtown area of Rancho Cucamonga.

**Redwood Community Action Agency**

Eureka, CA

*\$100,000 over two years*

For core operating support to sustain the Youth Services Division's provision of safe housing, counseling and other supportive services for youth who are homeless, runaway or aged out of foster care in Humboldt County.

**Redwood Community Health Coalition**

Santa Rosa, CA

*\$425,000 over three years*

For core operating support to strengthen the coalition's infrastructure and to support the delivery of primary health care services at member clinics.

**Regents of the University of California, Berkeley/Berkeley Center for Criminal Justice**

Berkeley, CA

*\$225,000 over three years*

For core operating support to sustain the Berkeley Center for Criminal Justice program, as a violence prevention strategy.

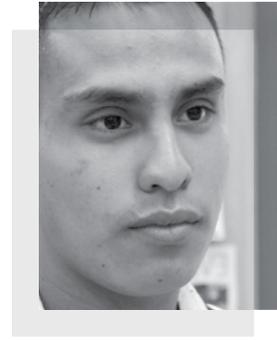
**Regents of the University of California, Berkeley/University of California, Berkeley, School of Public Health**

Berkeley, CA

*\$435,000 over three years*

To support the California Senior Leaders Program to recognize and train senior leaders from across California, as a health promotion strategy.

## Grants List



**Regents of the University of California, Davis/Consortium of Student Run Clinics**

Davis, CA

*\$135,000 over two years*

For core operating support for the Consortium of Student-Run Clinics to continue to provide preventive health services at six clinics in Sacramento.

**Regents of the University of California, Los Angeles/Center for Health Policy Research**

Los Angeles, CA

*\$300,000 over two years*

For project support for the Center for Health Policy Research to produce and disseminate California Health Information Survey-based policy briefs to improve understanding about critical health issues impacting underserved seniors in California.

**Regents of the University of California, Los Angeles/Center for Health Policy Research**

Los Angeles, CA

*\$150,000 over one year and six months*

For support for the UCLA Center for Health Policy Research to produce and disseminate information regarding women's health in California based on data collected from the California Health Interview Survey.

**Regents of the University of California, San Francisco/Center for the Health Professions**

San Francisco, CA

*\$325,000 over three years*

For support for the UCSF Center for the Health Professions to collect and disseminate information on efforts to address health workforce shortages and health professions education, training and regulation in California.

**Regents of the University of California, San Francisco/Latino Center for Medical Education and Research**

San Francisco, CA

*\$300,000 over two years*

For core operating support for the Latino Center for Medical Education and Research to continue to strengthen academic skills and health career awareness among disadvantaged middle and high school students in Fresno.

**Regents of the University of California, San Francisco/National Center of Excellence in Women's Health**

San Francisco, CA

*\$275,000 over three years*

For core operating support for the Women's HIV Program to continue to provide wraparound services to HIV-positive women in the San Francisco Bay Area.

**Richstone Center**

Hawthorne, CA

*\$180,000 over three years*

For core operating support for the Transitional Living Program to sustain safe housing, counseling and other supportive services for former foster youth in Los Angeles County.

**Riverside County Physicians' Memorial Foundation/Project K.I.N.D.**

Riverside, CA

*\$100,000 over two years*

For core operating support for Project Kids in Need of Doctors to continue to provide access to health care services for children in Riverside County.



**Rose Foundation for Communities and the Environment/Northern California Environmental Grassroots Fund**

Oakland, CA

*\$225,000 over three years*

For core operating support to sustain the Northern California Environmental Grassroots Fund project, which provides environmental health education to underserved populations in Northern California.

**SAC Health System**

Loma Linda, CA

*\$200,000 over three years*

For core operating support to strengthen infrastructure and to sustain the provision of primary health care services to underserved residents in San Bernardino County.

**SAJE**

Los Angeles, CA

*\$250,000 over three years*

For core operating support to sustain the provision of environmental health education to community residents and information to policymakers about environmental health conditions in low-income housing.

**Samuel Dixon Family Health Center, Inc.**

Valencia, CA

*\$350,000 over three years*

To establish and operate a new health center in the Newhall area of Santa Clarita Valley.

**The San Diego Foundation**

San Diego, CA

*\$190,000 over two years*

For core operating support to sustain the Clean Environments, Healthy Communities Initiative to provide grants and other support to organizations working to improve environmental health in underserved communities.

**San Diego Foundation for Change**

San Diego, CA

*\$225,000 over two years*

For project support to build the organizational capacity of nonprofits promoting the health and well-being of immigrant workers.

**San Diego Presbytery/Reality Changers: Agentes de Cambio**

San Diego, CA

*\$225,000 over three years*

For core operating support to sustain the Reality Changers program, a mentoring violence prevention strategy.

**San Diego Youth & Community Service, Inc.**

San Diego, CA

*\$150,000 over two years*

For core operating support to sustain safe housing, counseling and other supportive services for youth who are homeless, runaway or aging out of foster care in San Diego County.

**San Francisco Foundation**

San Francisco, CA

*\$100,000 over one year*

For the Bay Area Environmental Health Collaborative to provide information to policymakers and opinion leaders about the health impacts of air pollution.

**San Francisco Public Health Foundation/Transitions Clinic**

San Francisco, CA

*\$300,000 over three years*

For support to expand health care to parolees with chronic medical conditions in San Francisco.

## Grants List

**San Joaquin Community Data Council, San Joaquin Data Cooperative**

Stockton, CA

*\$200,000 over two years*

For project support of the Improving Health through Data and Evaluation project to provide comprehensive data and evaluation training for health care providers in San Joaquin County.

**Santa Barbara Neighborhood Clinics**

Santa Barbara, CA

*\$135,000 over two years*

For core operating support to continue to provide bilingual health care services for low-income diabetes patients in Santa Barbara County.

**Santa Cruz Women's Health Center**

Santa Cruz, CA

*\$300,000 over three years*

For core operating support to continue to provide primary health care services to low-income women in Santa Cruz County.

**The Second Chance Youth Program of Monterey County**

Salinas, CA

*\$270,000 over three years*

For core operating support to sustain violence prevention programming targeting gang-affiliated and previously incarcerated youth in Salinas.

**Senior Community Centers of San Diego**

San Diego, CA

*\$265,000 over three years*

For core operating support to sustain nutrition, case management, health and other supportive services for homeless and near-homeless seniors in San Diego County.

**Senior Gleaners, Inc.**

Sacramento, CA

*\$100,000 over two years*

For core operating support to sustain a nutrition program for low-income seniors in Sacramento and surrounding counties.

**Shasta Consortium of Community Health Centers**

Redding, CA

*\$375,000 over three years*

For core operating support to strengthen consortium infrastructure and support the delivery of primary health care services at member clinics.

**Sierra Club Foundation/ Sierra Club California**

San Francisco, CA

*\$130,000 over two years*

For core operating support for Sierra Club California for the Environmental Health Initiative to sustain efforts to inform policymakers and opinion leaders about environmental health issues in California.

**Social & Environmental Entrepreneurs/East Yard Communities for Environmental Justice**

Los Angeles, CA

*\$165,000 over three years*

For core operating support to continue to provide environmental health education and leadership training to residents of Commerce and nearby communities.

**South Asian Network, Inc.**

Artesia, CA

*\$200,000 over three years*

For core operating support for the Community Health Action Initiative, a culturally/linguistically competent health education and disease prevention program for South Asians in Los Angeles and Orange Counties.



**South County Community Health Center, Inc.**

East Palo Alto, CA

*\$145,000 over two years*

For core operating support to continue to provide primary health care services to underserved residents of Southern San Mateo County.

**South Hayward Parish**

Hayward, CA

*\$250,000 over three years*

For core operating support for the Hayward Day Labor Center to sustain the provision of health and safety education and services to day laborers.

**St. Anne's Maternity Home**

Los Angeles, CA

*\$150,000 over three years*

For core operating support to sustain the Transitional Housing Program's provision of safe housing, counseling and other supportive services in Los Angeles County for young women who have exited foster care and their children.

**Street Level Health Project**

Oakland, CA

*\$250,000 over three years*

For core operating support to continue to provide health services to low-income immigrant workers in Alameda County.

**Swords to Plowshares Veterans Rights Organization**

San Francisco, CA

*\$250,000 over three years*

For core operating support to continue providing case management for health services, legal, employment and advocacy services to homeless and at-risk veterans.

**Taller San Jose**

Santa Ana, CA

*\$160,000 over three years*

For core operating support to sustain employment training and support services for at-risk and formerly gang-involved youth in Orange County, as a violence prevention strategy.

**TERI, Inc.**

Oceanside, CA

*\$175,000 over two years*

For project support of the Increased Access to Preventive and Primary Dental Care Program to provide oral health services for developmentally disabled adults in San Diego County.

**Tides Center/Latino Coalition for a Healthy California**

San Francisco, CA

*\$200,000 over three years*

For core operating support for the Latino Coalition for a Healthy California to continue to inform policymakers and opinion leaders about California's health workforce and its diversity.

**Tides Center/National Asian Pacific American Women's Forum**

San Francisco, CA

*\$240,000 over three years*

For support for the National Asian Pacific American Women's Forum to train Asian and Pacific Islander college-age women to engage in research and advocacy on reproductive health issues in California.

**Tri-City Hospital Foundation**

Oceanside, CA

*\$150,000 over three years*

For support to increase recruitment and retention of underrepresented minority nurses at the Tri-City Medical Center.

## Grants List



### **Turning the Hearts Center**

Chula Vista, CA

*\$270,000 over three years*

For core operating support to sustain teenage pregnancy prevention programming targeting high-risk youth in southern San Diego County.

### **Union of Concerned Scientists, Inc.**

Cambridge, MA

*\$275,000 over three years*

For core operating support to sustain the California Clean Trucks Campaign to reduce the health impacts of diesel pollution.

### **United Friends of the Children**

Los Angeles, CA

*\$300,000 over three years*

For core operating support for the Pathways Transitional Living Program to sustain safe housing, mental health services and other supportive services for former foster youth in Los Angeles County.

### **Universal Health Foundation**

Los Angeles, CA

*\$200,000 over three years*

For core operating support to continue to provide primary health care services to underserved residents in the Boyle Heights community of Los Angeles.

### **The University Corporation, San Francisco State/Marian Wright Edelman Institute**

San Francisco, CA

*\$225,000 over three years*

To assist underrepresented nursing students in becoming successful leaders in the field of nursing.

### **University Enterprises, Inc./ California State University, Sacramento, Science Educational Equity Program**

Sacramento, CA

*\$300,000 over three years*

For core operating support for the Science Educational Equity Program to continue to provide academic and career support to students from underrepresented minority or disadvantaged backgrounds who are interested in pursuing health careers.

### **University of San Diego/ Children's Advocacy Institute**

San Diego, CA

*\$450,000 over three years*

For support to inform policymakers and other stakeholders about promising programs and policies affecting the health and well-being of California's emancipating and emancipated foster youth.

### **University of Southern California/ University of Southern California, School of Dentistry**

Los Angeles, CA

*\$258,750 over three years*

For core operating support for the University of Southern California, School of Dentistry's USC+URM Dental Clinic, to continue providing oral health care services in the Skid Row area of Los Angeles.

### **Valencia, Pérez & Echeveste, Inc.**

South Pasadena, CA

*\$200,000 over one year*

For project support to develop, plan and implement a conference on health issues affecting the California/Mexico border region in 2009.

### **Valley Vision, Inc.**

Sacramento, CA

*\$170,000 over two years*

For project support to develop a web-based asset map of violence prevention and youth development programs to inform policymakers and opinion leaders about promising programs in Sacramento County.



**Volunteer Center of Riverside County**

Riverside, CA

*\$200,000 over two years*

For project support of the Health Care: The Future of Nonprofits program to support nonprofits to be leaders in public policy reform and work together to strengthen services provided in Riverside County.

**Waking the Village**

Sacramento, CA

*\$180,000 over three years*

For core operating support for Tubman House to sustain safe housing, counseling and other supportive services for homeless pregnant and/or parenting youth and their children in Sacramento County.

**The Walking Shield American Indian Society**

Lake Forest, CA

*\$150,000 over three years*

For core operating support for the California Tribal Health Initiative to continue to provide health care services on three Native American reservations in California.

**Walnut Avenue Women's Center**

Santa Cruz, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

**Weiss, Billie**

Los Angeles, CA

*\$25,000 over one year*

For the 2008 California Peace Prize, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.

**Welcome Door**

San Diego, CA

*\$105,000 over three years*

For core operating support to continue to provide case management, health education and supportive housing to homeless women in the San Diego area.

**Western Center on Law and Poverty**

Los Angeles, CA

*\$150,000 over two years*

For core operating support to continue to inform policymakers and opinion leaders about the health care needs of low-income residents of California.

**Wildcoast**

Imperial Beach, CA

*\$80,000 over two years*

For core operating support to sustain efforts to improve the environmental health of residents of south San Diego County.

**Wildcoast**

Imperial Beach, CA

*\$35,000 over one year*

For the 2008 TCWF Sabbatical Program, providing respite to health nonprofit leaders to mitigate stress and burnout and to sustain their effectiveness in providing services to the underserved in California.

**Women Organized to Respond to Life Threatening Disease**

Oakland, CA

*\$180,000 over three years*

For core operating support to continue to provide services to women living with HIV and AIDS in California.

## Grants List



### **Women's Foundation of California**

San Francisco, CA

*\$100,000 over two years*

For project support of the Elder Women's Initiative to develop and implement a health-promoting leadership training program for senior women in California.

### **Women's Foundation of California**

San Francisco, CA

*\$140,000 over two years*

For core operating support for the Environmental Health and Justice Program, a grantmaking and technical assistance program that seeks to address the disproportionate impact of environmental degradation on women's health.

### **Woodland Memorial**

#### **Hospital Foundation**

Woodland, CA

*\$100,000 over two years*

For core operating support for the Your Life...Your Health project to sustain on-site health screenings and health education for farmworkers in Yolo County.

### **Working Partnerships USA**

San Jose, CA

*\$150,000 over two years*

For core operating support to sustain efforts to expand health coverage for low-wage workers in Santa Clara County.

### **World Institute on Disability**

Oakland, CA

*\$150,000 over two years*

For project support for the Medical Advocacy Program to provide leadership development activities to enable disabled women to effectively advocate for improved health care access in California.

### **YMCA of San Diego County/**

#### **YMCA Youth & Family Services**

San Diego, CA

*\$300,000 over three years*

For core operating support for the Youth & Family Services' Residential Services Program to sustain mental health services and other emergency shelter and transitional living services for homeless and runaway youth in San Diego County.

### **Youth Uprising**

Oakland, CA

*\$225,000 over three years*

For core operating support to sustain teenage pregnancy prevention programs for at-risk youth and teen parents in East Oakland.

### **YWCA of Santa Monica-Westside**

Santa Monica, CA

*\$150,000 over three years*

For core operating support for the Housing and Education Program to sustain safe housing, counseling and other supportive services for young women in Santa Monica who have aged out of foster care.

# financial statements







## Introduction to Financial Statements

The California Wellness Foundation's condensed statements of financial position and activities for the years ended December 31, 2008 and 2007 are presented in this section.

To present a clearer picture of the endowment balance available for charitable purposes, the Foundation has provided condensed financial statement information that departs from generally accepted accounting principles (GAAP) in two ways. First, the accompanying condensed financial statements report only the statements of financial position on December 31, 2008 and 2007 and statements of activities for the years ended December 31, 2008 and 2007 and do not include statements of cash flow or the accompanying notes to financial statements. Second, the Foundation has captured, under the term "investments," investments loaned under secured lending transactions, liabilities under investment loan agreements, investment sales receivable and investment purchases payable.

The Foundation's financial statements undergo an annual audit, which was performed by Bregante + Company LLP for the years ended December 31, 2008 and 2007. The Foundation's audited financial statements for the years ended December 31, 2008 and 2007 are presented in conformity with GAAP, and the auditor expressed an unqualified opinion on these financial statements. A copy of Bregante + Company's audit report dated March 31, 2009, may be viewed on the Foundation's website at [www.CalWellness.org](http://www.CalWellness.org).

Additional information about the Foundation can be found in its 2007 Form 990-PF, Return of Private Foundation, which is also available on the website.

“The California Wellness Foundation's condensed statements of financial position and activities for the years ended December 31, 2008 and 2007 are presented in this section.”

## Financial Statements

### Condensed Statements of Financial Position December 31, 2008 and 2007

<b>ASSETS</b>	<b>2008</b>	<b>2007</b>
Cash and cash equivalents	\$ 339,961	\$ 55,664
Interest and dividends receivable	2,182,582	2,596,850
Investments	691,841,267	1,190,940,081
Other assets	130,315	125,654
Property, plant, and equipment, net	211,560	158,453
Total assets <sup>1</sup>	<u>\$ 694,705,685</u>	<u>\$ 1,193,876,702</u>
 <b>LIABILITIES AND NET ASSETS</b>		
Accounts payable and accrued expenses	\$ 1,307,026	\$ 1,753,812
Grants payable, net	13,293,433	16,107,100
Federal excise tax liability	14,600	1,422,588
Total liabilities <sup>1</sup>	<u>14,615,059</u>	<u>19,283,500</u>
Commitments and contingencies		
Unrestricted net assets	<u>680,090,626</u>	<u>1,174,593,202</u>
Total liabilities and net assets <sup>1</sup>	<u>\$ 694,705,685</u>	<u>\$ 1,193,876,702</u>

Investments reflected at market value; all other assets shown at cost.

<sup>1</sup>For purposes of this presentation, the Foundation has departed from the presentation required under accounting principles generally accepted in the United States of America by netting amounts loaned and payable under security lending agreements and by netting investment sales receivable and investment purchases payable. Had these amounts not been netted, total assets for 2008 and 2007 would be \$722,845,574 and \$1,320,920,187, respectively; total liabilities for 2008 and 2007 would be \$42,754,948 and \$146,326,985, respectively; and total liabilities and net assets for 2008 and 2007 would be \$722,845,574 and \$1,320,920,187, respectively.

**Condensed Statements of Activities**  
**For the Years Ended December 31, 2008 and 2007**

	<b>2008</b>	<b>2007</b>
Changes in unrestricted net assets:		
Revenue and other gains:		
Net realized and unrealized gain (loss) on investments	\$ (455,669,583)	\$ 60,166,748
Dividends and interest	23,076,181	24,308,574
Other income	461,210	401,661
	<u>(432,132,192)</u>	<u>84,876,983</u>
Expenses:		
Program Services	7,960,110	7,623,439
Direct Charitable Grants	51,128,703	64,182,848
Other:		
Investment	3,351,742	4,401,323
Management and general	737,817	705,456
Provision for federal excise tax	(807,988)	797,800
	<u>62,370,384</u>	<u>77,710,866</u>
Increase (decrease) in unrestricted net assets	(494,502,576)	7,166,117
Unrestricted net assets, beginning of year	1,174,593,202	1,167,427,085
Unrestricted net assets, end of year	<u>\$ 680,090,626</u>	<u>\$ 1,174,593,202</u>

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*Director of Grants Management*

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Deborah H. Setele  
*Grants Management Associate*

Laura Ascencio Real  
*Senior Grants Management Assistant*

### Finance & Administration

Margaret W. Minnich  
*Vice President of Finance and Administration*

## Mission and Goals

The mission of The California Wellness Foundation is to improve the health of the people of California by making grants for health promotion, wellness education and disease prevention.

Guided by our mission, we pursue the following goals through our grantmaking:

- to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;
- to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;
- to recognize and encourage leaders who are working to increase health and wellness within their communities; and
- to inform policymakers and opinion leaders about important wellness and health care issues.

We deeply appreciate the cooperation of staff members and clients at several TCWF-funded organizations in securing photography for this Annual Report.

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*Grantmaking for a Healthier California*

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