The California Wellness Foundation

Annual Report 02

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The past year marked The California Wellness Foundation celebrating a milestone — 10 years of grantmaking to improve the health of Californians. But this milestone coincided with serious fiscal problems in our state, which have caused many of our grantees and others in the nonprofit sector to grapple with even greater challenges.

At a time when nonprofit organizations face increased demands for their services, many are being forced to drastically cut their budgets because of funding shortfalls caused by the largest state budget deficit in California’s history, a stagnant economy and dropping foundation portfolios. Our grantees tell us that the flexibility of our Foundation’s core support funding has provided a needed buffer to help them “weather the storm.”

While we have provided funding for core operating support for several years, it became an emphasis of our new, more responsive grantmaking strategy introduced this year which features a balance of core operating and project grants. The Foundation awarded 463 grants totaling nearly $47 million, of which 47 percent were for core operating support. Organizations used their core operating grants to underwrite regular, ongoing health promotion and disease prevention activities; strengthen organizational infrastructure; engage in strategic planning; and sustain other important activities.

The Foundation also completed its first year of operation under the Board of Directors’ 2001 decision to concentrate its grantmaking over an extended period in eight priority areas: Diversity in the Health Professions; Environmental Health; Healthy Aging; Mental Health; Teenage Pregnancy Prevention; Violence Prevention; Women’s Health and Work and Health. In addition, the Foundation’s Special Projects Fund continued to respond to opportunities within the scope of our mission but that fell outside of the priority areas.

Our effort to communicate our new grantmaking strategy to potential applicants in the brochure titled Information for Grantseekers was recognized with a gold Wilmer Shields Rich Award for communications excellence by the Council on Foundations and the Communications Network. In addition, the Foundation’s Violence Prevention Initiative’s public education campaign “Choices for Youth,” funded by a grant from the Foundation to i.e. communications, received a silver Wilmer Shields Rich Award.

While these changes in our grantmaking program represent a significant evolution in TCWF’s definition of strategic philanthropy — from a major emphasis in earlier years on initiatives and a directive style of grantmaking, to our current more responsive approach — it is important to note that the Violence Prevention, Teen Pregnancy Prevention, and Children and Youth Community Health Initiatives continued over the past year, and we remain impressed by the commitment and excellent work of the grantees in these programs.
Grantee Highlights
Within the context of California’s budget woes, the efforts of our grantees to improve access to health services for underserved people have never been more crucial — and the Foundation continues to award grants to safety-net providers, as well as to advocacy organizations, to sustain and support their work. During the past fiscal year, 56 percent of our grants went to organizations for the provision of preventive health services and 30 percent went to advocates for policies that increase access to health care for California’s most vulnerable people.

The Foundation explored funding faith-based organizations to inform policymakers and opinion leaders. Grantees within this cluster included the Pacific Institute for Community Organization’s (PICO) California Project and local PICO-affiliate groups such as People and Congregations Together for Stockton, the Orange County Congregation Community Organization, the Contra Costa Interfaith Sponsoring Committee, and the Contra Costa Interfaith Sponsoring Committee, and the Inland Congregation United for Change. Among their many activities, the PICO grantees brought more than 3,000 people to Sacramento to advocate for policies to increase access to health care. Their statewide successes included securing $50 million for community clinic infrastructure and $10 million for community clinics providing care to indigent Californians. On the local level, PICO organizations were successful in securing the use of tobacco settlement funds for health care. Their efforts were also central to ensuring that these victories were maintained amid the many budget cuts this year.

Efforts to extend the benefits of emergency contraception throughout the state were rewarded — thanks to grantees the Public Health Institute, Planned Parenthood of San Diego and Riverside Counties, Population Services International, and the Reproductive Health Technologies Project. Gov. Gray Davis signed legislation that permits pharmacists to provide emergency contraceptive pills to individuals who come into pharmacies, provided they have a signed collaborative protocol with a physician.

Another grantee, Californians for Pesticide Reform, released the “Healthy Schools Pesticide Action Kit.” The kit, available in English and Spanish, helps parents and school staff understand the new Healthy Schools Act, which establishes the right to know about pesticides used in California’s public schools.

While space limitation prevents us from detailing all of our grantees’ activities, we encourage you to review the grants section for a comprehensive list of this year’s board-approved grants. A grants index is included in the back of this report to facilitate searching by an organization’s name.

Cover Story: The Children and Youth Community Health Initiative
In keeping with our commitment to highlight the work of our grantees, this year’s cover story is devoted to the grantees of our five-year, $20-million Children and Youth Community Health Initiative.

This grantmaking program sought to bring together youth and adults to improve the health of their communities. Central to the Initiative was the establishment of 10 “wellness villages” throughout the state, dedicated to transforming their chemical, physical and social environments to improve community health. Several of these villages received public recognition for their work.

The Chinatown Wellness Village in San Francisco, for example, was a project of NICOS, a community collaboration of five health care organizations. NICOS received a Rainbow Award from the Newspaper Association of America for its public information campaign on its Chinese Community Problem Gambling Project.
Community Services and Employment Training’s Goshen Wellness Village in the Central Valley received national recognition as a “Make a Difference Day” winner in recognition of the Goshen residents’ exemplary community service. The annual competition is a project of actor Paul Newman’s company, Newman’s Own Foods, which donates all profits to charity.

We invite you to read inspiring stories from across the state about the dedicated youth and adults who are working to improve their community’s health. We believe their efforts demonstrate the power that residents have to positively transform their own neighborhoods — and lives.

Looking Ahead
The Foundation is partnering with the World Health Organization (WHO) to support the publication and dissemination of the “World Report on Violence and Health” to policymakers, opinion leaders and violence prevention experts in California and throughout the country. The report builds on and supports the goal of the Foundation’s Violence Prevention Initiative — to reframe violence as a preventable public health problem. WHO’s document features a compilation of available data on violence and health, an examination of the breadth and depth of violence worldwide, and violence prevention efforts that have been successful.

In the spring, we will conduct a survey of grant applicants and recipients. This survey is conducted every three years to get feedback about our grantmaking strategies and our constituents’ interactions with Foundation staff. We encourage honest responses and do not require that the name of the organization or individual completing the survey be included. After compiling the data, we will share a report summarizing the findings and staff will use the feedback to increase our effectiveness.

During these difficult economic times, we will maintain our grantmaking commitments while continuing our current strategy of supporting safety net and advocacy organizations, with an emphasis on providing core operating support.

Sincerely,

Luz A. Vega-Marquis, Chair

Gary L. Yates, President & CEO
Places have various meanings to the people who live in them. They can be seen as problems, but they can also be seen as powerful places where relationships are fostered and group action toward creating healthier communities can occur. Because people have such potent ties to where they live, many researchers suggest that by harnessing this energy, residents’ lives and communities can improve. As people engage in changing their environments, and as their perceptions of them change along with it, they gain more control over their own futures and set their lives on healthier paths.

The California Wellness Foundation (TCWF) embraces the World Health Organization’s broader public health definition of environment; that is, a healthy community has characteristics that include: a clean, safe physical environment and a sustainable ecosystem; the provision of residents’ basic needs; a high level of appropriate, quality, accessible public health and sick-care services; quality educational opportunities; and a diverse, vital and innovative economy. Achieving a healthy community requires active, daily involvement of residents in ways that promote awareness, provide education, create dialogue and improve their skills in addressing health concerns.

In June of 1996, TCWF’s board approved a five-year, $20-million grantmaking program called the Children and Youth Community Health Initiative (CYCHI). The Initiative sought to enhance the health of communities by engaging children and youth in the transformation of their chemical, physical and social environments. The Foundation funded the CYCHI grants following competitive application processes within the interrelated components of community action, initiative support, technical assistance and evaluation and dissemination.

Central to the community action component, and to the CYCHI as a whole, was the establishment of “wellness villages” in neighborhoods throughout the state. Led by youth and adults working as partners, the wellness village was conceived as a community-based approach to improving health that builds on the well-documented assertion that people who feel connected to their communities and to each other often enjoy better health.

Sixteen grants were awarded to support 18 months of planning for the creation of the wellness villages. The planning grantees then competed for 10 grants to support three years and six months of wellness village program implementation. Six of the planning sites not selected to become wellness villages were given additional funding to explore community health improvements through smaller CYCHI “Community Wellness Enhancement Project” grants over one year and six months.
CYCHI wellness village youth and adults planned and implemented community health, mentoring and academic support projects to change their existing social, physical and chemical environments. These committed residents affect change in myriad ways. Counseling services were provided to heal intergenerational and other family conflicts. Health centers and after-school programs were established where none existed before. Residents’ chemical environments were transformed through health education and advocacy efforts that resulted in the removal of toxic substances. The list goes on.

Extended across the state from Ukiah to San Diego, the 10 wellness villages are not only diverse in terms of geography but also in terms of the cultures, languages and lifestyles of their residents. The knowledge and skills of residents to improve community health were enhanced by a technical assistance and Initiative support grantee that provided training and education to enhance local efforts and coordinated a series of convenings for the wellness villages. These efforts proved to be among the most challenging aspects of the Initiative, given that the sites’ technical assistance needs and skill levels were as diverse as the villages themselves. Nunn Consulting, Inc., the technical assistance and Initiative support grantee, used a variety of approaches to meet the challenges: one-on-one education, coaching, workshops, group support, regional and Initiative-wide trainings, all framed within the context of strengthening existing community assets.

The Imoyase Group, Inc., which provided the Initiative-wide evaluation and dissemination services, also assisted the wellness village sites in identifying community needs and assets, establishing evaluation objectives and developing assessment indicators. The evaluation program was designed to be participatory in nature to assist the sites in developing their capacities to evaluate their own efforts. Village participants, especially youth, were involved in the evaluation at all levels.

It has been inspiring to witness the work of young people all over California who have the will to make changes in their local communities. We encourage you to read on as the words and faces of these powerful residents help tell the stories of The California Wellness Foundation’s Children and Youth Community Health Initiative.
How the Initiative’s Wellness Villages Improved Community Health

The Children and Youth Community Health Initiative

The Foundation’s CYCHI wellness villages found that an important part of creating healthier neighborhoods is mobilizing residents and cultivating the leadership of youth and adults.

The wellness village sites addressed resident-identified needs that ignited the commitment of the community and gained support from outside institutions and decisionmakers. The community needs were determined through surveys, assessments and focus groups conducted by the youth and adults working in partnership — with an emphasis on fostering the leadership skills of youth.

“The key to getting youth to participate is to have youth do the recruiting,” said Luis Diaz, who first began his activities with the Santa Ana-based Wellness Village 92701 at age 14. He is now in his third year at Santa Ana College and serves as a board member of Latino Health Access, the village’s sponsoring agency. “Opening the door to the concerns of the youth was so important.”

The wellness villages’ approach was to change specific aspects of their environments in order to enhance their communities’ health. The Central Valley’s Goshen Wellness Village, for example, created the Goshen Planning Committee (GPC), made up of adults and youth, to advocate for this unincorporated community’s needs. One of the GPC’s successful advocacy efforts resulted in an improved physical infrastructure for Goshen when major state funding was secured for a pedestrian crossing, so that children could safely cross over the freeway to get to school.

“We’ve had to put up with a lot because this community did not have a voice when decision makers made choices that affected us,” said Billie Shawl, Goshen’s project coordinator. “Now our needs no longer go unheeded. Now we get things changed or change them ourselves.”

All of the villages engaged in strategies that targeted the social environments of their communities. Many villages identified improved cultural pride and tolerance as important social environment transformations. Others, like the San Francisco-based Chinatown Wellness Village, developed a program to improve intergenerational communication that aimed to improve relationships among family members. The village also identified gambling as a public health issue.
“I’ve learned through our work that youth and adults can effectively address health issues, including ‘new’ ones like problem gambling,” said Kent Woo, executive director of NICOS Chinese Health Coalition, the lead agency of the Chinatown Wellness Village. “We’ve also found that our public education efforts have resulted in increased calls to our gambling hotline and support group attendance. We used to hear only from family members, but now we’ve seen a shift with more gamblers themselves seeking help.”

Another major focus of the villages’ activities was to transform the chemical environments of their communities. The Jordan Downs Wellness Village, based in one of the largest public housing developments in South Los Angeles, embarked on efforts to educate its more than 2,500 residents about the hazards of lead exposure. Youth and adults received training about lead testing and education. The youth provided door-to-door health education regarding lead exposure, and screening services were offered at on-site health fairs. These strategies to positively impact the residents’ chemical environment were aided by another effort—a major renovation of the Jordan Downs housing development, which brought with it the removal of the lead toxins.

“Whatsoever the activity, whether it was getting rid of the lead or promoting physical fitness, something’s happened to the residents who’ve worked on these projects—now there is self-pride,” said Karen Forte, Jordan Downs’ project director.

“Before, the African-American and the Latino families did not interact much. Now people have forgotten about color and are exercising together, having supper together...It’s a beautiful thing to see.”

Each of the villages incorporated the three program components of community health, mentoring and academic partnerships into their plans for creating healthier neighborhoods.

Following attacks on some ethnic minorities by local white supremacists, the youth and adults of the Ojai Valley Wellness Village decided to make respect for all cultures and harmony a major focus of their community health activities. Among their many activities, they created the “ABC: Anti-Bias Club,” conflict intervention programs at the schools, and launched a series of large, communitywide events such as “Diversity Day” and Ojai’s first Martin Luther King, Jr. birthday celebration.

“I don’t think a perfect community is achievable, but I think what makes a community healthy is when people respect each other and there is a willingness to come together and deal with situations,” said 17-year-old Skyler Chapin, who has participated with the Ojai Valley Wellness Village for five years and currently serves as a youth commissioner for the Ojai City Council.
Many of the wellness villages faced challenges while implementing the mentoring component because of difficulties securing long-term commitments from adults to be mentors. Some sites addressed this obstacle by having adults from various fields come in and engage small groups of youth instead of using the traditional one-on-one model. Others, such as TEAM Chapman, a wellness village in Chico’s Chapman neighborhood, used a peer-based mentoring model, with high school youth and young adults mentoring younger youth ages 9 to 12.

“I feel proud of myself for being a mentor and community health organizer — I can see that the young kids look up to me,” said 21-year-old Mai Sayavong, who has been active with TEAM Chapman for more than four years. “Before, I didn’t know what I wanted to do or where I wanted to be, but this work has made me realize that I want to work with people. That’s why I’m majoring in social work at Chico State University.”

Based in Ukiah, the Northern Circle Indian Housing Authority’s Alliance of Adults and Youth Wellness Village (AAY) put positive reinforcement of Native American culture at the center of all their village activities and used cultural mentoring as an important vehicle to build self-esteem among youth and adults from more than 10 tribes within the Mendocino County area. Tribal elders taught youth traditional dances, songs and teachings, as well as regalia making, basket weaving and instruction in the Pomo languages.

“To promote a healthy community and prevent self-destructive behavior, it’s important to develop cultural pride and self-esteem,” said Gayle Zepeda, AAY’s community organizer. “In today’s society, adults often fear youth and the state seems to criminalize them. A very significant lesson that we have learned is that if young people are given the opportunity, they will choose to be involved in positive, life-enhancing activities.”
The academic support program established partnerships between the wellness villages and local institutions of higher learning to develop activities designed to increase understanding and capacity to address health issues within the community. A wide range of projects were created out of this component. For example, health education seminars were held for community members; medical students fulfilled their residency requirements at village sites; and college courses for area providers focused on the health issues and practices of local ethnic communities.

“Although the Initiative has ended, it is our goal to continue striving to increase local health care providers’ cultural competency to effectively serve the Latino and Vietnamese immigrant families in this community,” said Patricia Carrillo, program manager of the San Jose-based Andrew Hill Wellness Village. “Many families use traditional health practices that they’ve brought with them from their countries. The data on traditional health practices and health care barriers, gathered by our community residents in partnership with San Jose State University, will enable us to raise awareness around the health issues affecting the immigrant community and help us to advocate for their needs.”

The villages have had some success in securing public and private funds, as well as in-kind support, to help sustain the program efforts now that TCWF funding has ended. Some sites have developed youth-run businesses, including a graphic arts company and flower delivery services, that generate money for the villages’ operations or for the youth themselves.

“We have a project where high school students grow flowers and sell them to local businesses,” said 15-year-old Mersadez Hogan of the Del Paso Heights Wellness Village. “The gardening project has been very positive because it gives youth a chance to get work experience while they are in high school, and it raises money for college scholarships.”

Some youth discovered that the very process of working in partnership with adults can be very rewarding. “What I found most valuable about my involvement was seeing that the adults really had a concern to bring the talent that youth possess out to the community,” said 19-year-old Precious Jackson, who first started working with the Lincoln Park Wellness Village in San Diego when she was 14 — and continues to do so during her summer breaks from Howard University where she is a student. “As youth, we sometimes think that adults do not take our concerns seriously — but here that is not the case.”

The Foundation has learned, through the efforts of the CYCHI grantees, that when youth and adults work together, communities — and lives — become healthier.
**Children and Youth Community Health Initiative Grantees**

**COMMUNITY ACTION PROGRAM**

**Community Action Planning Grantees** ($125,000 each over one year and six months):

- Butte County Office of Education
  Oroville
- Catholic Charities of Santa Clara County
  San Jose
- Community Build, Inc.
  Los Angeles
- Community Services & Employment Training, Inc.
  Visalia
- Contra Costa County Opportunity West
  Richmond
- Drew Economic Development Corporation
  Los Angeles
- Latino Center for Prevention and Action in Health and Welfare
  (known as Latino Health Access)
  Santa Ana
- Mutual Assistance Network of Del Paso Heights
  Sacramento
- NICOS Chinese Health Coalition
  San Francisco
- Northern Circle Indian Housing Authority
  Ukiah
- Ojai Valley Youth Foundation
  Ojai
- The Peoples Community Organization for Reform and Empowerment
  Los Angeles
- Project New Village
  San Diego
- Redwood Community Action Agency
  Eureka
- South Bay Community Services, Inc.
  Chula Vista
- Youth Leadership Institute
  San Francisco

**Wellness Village Grantees** ($1,050,000 each over three years and six months):

- Butte County Office of Education
  (TEAM Chapman Wellness Village)
  Oroville
- Catholic Charities of Santa Clara County
  (Andrew Hill Wellness Village)
  San Jose
- Community Services & Employment Training, Inc.
  (Goshen Wellness Village)
  Visalia
- Latino Health Access
  (Wellness Village 92701)
  Santa Ana
- Mutual Assistance Network of Del Paso Heights
  (Del Paso Heights Wellness Village)
  Sacramento
- NICOS Chinese Health Coalition
  (Chinatown Wellness Village)
  San Francisco
- Northern Circle Indian Housing Authority
  (Alliance of Adults and Youth Wellness Village)
  Ukiah
- Ojai Valley Youth Foundation
  (Ojai Wellness Village)
  Ojai
- Project New Village
  (Lincoln Park Wellness Village)
  San Diego
- Prototypes: A Center for Health, Mental Health and Social Services
  (Jordan Downs Wellness Village)
  Los Angeles

**Community Wellness Enhancement Projects** ($90,000 each over one year and six months):

- Community Build, Inc.
  Los Angeles
- Contra Costa County Opportunity West
  Richmond

**The Peoples Community Organization for Reform and Empowerment**
Los Angeles

**Redwood Community Action Agency**
Eureka

**South Bay Community Services, Inc.**
Chula Vista

**Youth Leadership Institute**
San Francisco

**Total Community Action Program:** $13,040,000

**INITIATIVE SUPPORT PROGRAM**

- Education, Training and Research Associates
  Santa Cruz ($1,104,000 over two years)
- Laurel Consulting Group, Inc.
  Los Angeles ($512,000 over two years)
- Nunn Consulting, Inc.
  Culver City ($413,000 over one year and three months)

**Total Initiative Support Program:** $2,029,000

**TECHNICAL ASSISTANCE**

- Nunn Consulting, Inc.
  Culver City ($1,635,000 over three years and six months)
- Imoyase Group, Inc.
  Los Angeles ($3,296,000 over six years)

**INITIATIVE GRAND TOTAL:** $20,000,000
Grants Program

The Foundation makes grants within eight priority areas and the Special Projects Fund. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health promotion and disease prevention activities of your organization. Such funds can also be used to strengthen organizational infrastructure through activities such as providing salaries for key administrative staff, covering operating expenses, engaging in strategic planning or facilitating board development.

Each priority area and the Special Projects Fund are described below. For a list of recent grants, please visit our website at www.tcwf.org or call the Foundation to request a copy of our newsletter, Portfolio.

**DIVERSITY IN THE HEALTH PROFESSIONS**
The goal of this priority area is to support multiple strategies to increase diversity in the health professions in California. Grants are commonly given to organizations that provide pipeline programs, scholarships, mentoring programs, internships and fellowships that support and advance career opportunities for people of color in the health professions, including allied health and public health professions. Organizations that support people of color in the health professions through strategic partnerships, leadership development, continuing education and networking activities are also eligible for funding. In addition, the Foundation funds organizations that educate policymakers about public and institutional policies that promote diversity in the health professions.

**ENVIRONMENTAL HEALTH**
The goal of this priority area is to support and strengthen organizations working to alleviate the disproportionate health costs of environmental hazards for children and low-income communities of color. Grants are commonly given to organizations that provide environmental health education and awareness activities, community organizing to promote environmental health, screening and testing for environmental health exposure, leadership development, and partnerships between public health departments and community-based health programs to improve environmental health. The Foundation also funds efforts to inform policymakers and advocate for policies that could improve environmental health among underserved populations.
HEALTHY AGING
The goal of this priority area is to support and strengthen organizations that improve functional independence and the quality of healthy years of life among older Californians. Grants are commonly given to organizations that provide clinical preventive services, leadership development, recreation programs, food and nutrition services, consumer education, adult immunizations, family caregiving and chronic disease management. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that educate policymakers about issues such as prescription drugs, family caregiving, employment, elder abuse and appropriate and affordable housing for the elderly.

MENTAL HEALTH
The goal of this priority area is to support and strengthen existing mental health organizations, increase visibility for the field of mental health, expand knowledge about effective services and decrease stigma. Grants are commonly given to organizations that provide primary and secondary prevention services for older teens transitioning to adulthood, with a focus on those in foster care, the juvenile justice system and runaway/homeless youth. Services for other underserved populations, such as homeless adults and immigrants, are funded as well. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, increase public awareness of mental health issues and advocate for policies that promote mental health.

TEENAGE PREGNANCY PREVENTION
The goal of this priority area is to support and strengthen organizations that work to decrease rates of teen pregnancy and promote healthy adolescent sexuality. Grants are commonly given to organizations that provide outreach activities for reproductive health care, comprehensive sexuality education, access to contraception, education and counseling about contraception, comprehensive programs for pregnant teens, peer counseling programs and male involvement programs. An emphasis is placed on funding organizations that work with high-risk, sexually active, underserved teen populations. The Foundation also provides grants to organizations that provide leadership development activities for reproductive health care workers and to organizations that inform policymakers and opinion leaders about effective policies and programs to prevent teen pregnancy.

VIOLENCE PREVENTION
The goal of this priority area is to support and strengthen organizations that work to prevent violence against youth. An emphasis is placed on grants to organizations that provide mentoring programs for youth, community-based conflict resolution programs, domestic violence prevention, peer mediation, after-school programs and school-based violence prevention programs. Grants are also made to organizations that provide leadership development activities for violence prevention workers. In addition, the Foundation funds organizations that inform policymakers and advocate for public policies that increase resources for programs that prevent violence against youth and that reduce injury and death by firearms.

WOMEN’S HEALTH
The goal of this priority area is to support and strengthen organizations that work to improve access to women-centered, culturally appropriate health care and increase the active involvement of women in the health policy arena. Grants are commonly given to organizations that provide clinical services, screenings, prenatal care, mobile health care, self-help groups, community health education and related services. Priority is given to organizations that create welcoming environments for women and girls in underserved communities. The Foundation also funds organizations that involve women in leadership development, policy advocacy and community mobilization around women’s health issues.

WORK AND HEALTH
The goal of this priority area is to support and strengthen organizations that work to improve the health of vulnerable working populations and the unemployed. Grants are commonly given to organizations that increase workers’ access to preventive health care, help prevent workplace injuries and illnesses and provide worksite health promotion programs. Organizations that provide technology training to help low-income youth obtain employment and its corresponding health benefits are also funded. In addition, the Foundation funds organizations that provide leadership development programs focused on the health of workers. Organizations that educate policymakers about the connections between work and health and promote policies that would improve the health of low-income workers are funded as well.
SPECIAL PROJECTS FUND

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit our mission but are outside the eight established priority areas. Of particular interest are proposals to help California communities deal effectively with the health impact of the shift of federal responsibilities for health and human services to state and local levels. The Foundation has made grants to strengthen safety net providers of preventive care, to help low-income consumers understand and navigate changes in the health care system, and to inform public decision making through policy analysis and advocacy. Examples of other areas funded over the past few years include border health, HIV/AIDS prevention, rural health and partnerships with government agencies and other foundations to improve the health of Californians.

"To present a grant request, an organization should first write a one- to two-page letter of interest."

Grants Program cont’d.

APPLICATION PROCESS

To present The California Wellness Foundation with a grant request, an organization should first write a one- to two-page letter of interest that describes the organization’s mission and activities, the region and population(s) served, how the funds will be used and the total funds requested from the Foundation. If requesting project funding, please include project goals, leadership and duration. Your letter will be processed most accurately if you clearly designate the priority area through which you want your request considered for funding. No application form is needed, and formal proposals are not accepted at this preliminary stage.

Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three to four months. Those encouraged to submit a proposal will receive further guidance at that time.

ELIGIBILITY CRITERIA

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and are deemed as “not a private foundation” under Section 509(a). The Foundation also funds government agencies.

Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered. We do not provide international funding or fund organizations that are located outside the United States.

Letters of interest should be directed to:
Director of Grants Administration
The California Wellness Foundation
6320 Canoga Avenue, Suite 1700
Woodland Hills, CA 91367
Selected Grants

**SELECTED GRANTS 2001-2002**

The following grants were made during fiscal year 2001-2002. These grants may not be indicative of the grants the Foundation will make in the future. Please see page 15 for current application guidelines or visit our website at www.tcwf.org.

**DIVERSITY IN THE HEALTH PROFESSIONS**

**American Public Health Association, Inc.**
Washington, DC
$100,000 over two years
To support the California Campaign To Eliminate Racial and Ethnic Disparities in Health, a state-supported, multisector initiative.

**Cabrillo College**
Aptos, CA
$150,000 over three years
To support the establishment of a comprehensive system to increase diversity in the allied health professions.

**California State University, Sacramento, Science Educational Equity Program**
Sacramento, CA
$150,000 over three years
For core operating support to increase diversity in the health professions by enhancing the competitiveness of health professional school applicants.

**Center for the Study of Latino Health and Culture**
Los Angeles, CA
$200,000 over two years
For core operating support to translate research information on Latino health into teaching materials for students interested in health professions.

**Central California Center for Health and Human Services**
Fresno, CA
$150,000 over two years
For core operating support for the Central California Allied Health Academies Project to increase the number of students prepared to enter careers in allied health.

**Chicano/Latino Medical Student Association**
Los Angeles, CA
$100,000 over one year and six months
For core operating support to increase the number of Latino students in California medical schools.

**Community Health Centers of the Central Coast, Inc.**
Santa Maria, CA
$100,000 over two years
To support the Medical Professionals Enrichment Program to provide full scholarships for current employees to attend nursing schools.

**Discrimination Research Center**
Berkeley, CA
$75,000 over two years
To support a statewide study and dissemination of the health care industry’s hiring practices to determine the prevalence of employment discrimination.

**Fulfillment Fund**
Los Angeles, CA
$150,000 over three years
To implement a science and math enhancement program to address the academic preparedness of economically disadvantaged youth of color to better prepare them for career opportunities in the health professions.

**Greenlining Institute**
San Francisco, CA
$189,000 over two years
To support the development of the Health Academy Fellows Program, a multiethnic leadership and advocacy training program.

**Multicultural Curriculum Program**
Oakland, CA
$100,000 over two years
For core operating support to provide community-based fellowships for postgraduate pediatric residents.

**National Medical Fellowships, Inc.**
San Francisco, CA
$200,000 over two years
For core operating support to provide need-based scholarships for minority medical students who plan to practice in low-income California communities.

**Partners for Health, Inc.**
North Richmond, CA
$200,000 over two years
To support the Multi-Cultural Health Professions Training Program to create college and career ladders in the health professions.

**Salvadoran American Leadership and Educational Fund**
Los Angeles, CA
$90,000 over three years
For core operating support to expand the Fulfilling Our Dreams scholarship fund for students pursuing health-related degrees.

**San Diego State University, School of Nursing**
San Diego, CA
$150,000 over three years
To support the Nurses Now program to increase the number of disadvantaged, underserved and underrepresented Bachelor of Nursing graduates.

**San Francisco Bay Area Health Professions Partnership Initiative**
Berkeley, CA
$100,000 over two years
For core operating support for the Center of Excellence, which implements programs to increase the number of underrepresented minority students in medicine.

**Stanford University School of Medicine**
Palo Alto, CA
$150,000 over two years
For core operating support for the Dental Career Program to generate interest and enhance the prospect of success in dental careers for disadvantaged and minority students.

**University of California, San Francisco, School of Dentistry**
San Francisco, CA
$100,000 over two years
For core operating support for the Dental Career Program to generate interest and enhance the prospect of success in dental careers for disadvantaged and minority students.

**University of California, San Francisco, School of Medicine**
San Francisco, CA
$160,000 over two years
For core operating support to provide interrelated medical school application programs.
University of Southern California School of Policy, Planning & Development  
Los Angeles, CA  
$100,000 over two years  
For core operating support for the Diversity in Healthcare Leadership Initiative, to increase the number of diverse students who apply and enroll in health administration graduate programs.

Western University of Health Sciences  
Pomona, CA  
$150,000 over three years  
To support the development of relationships and programs that increase the number of underrepresented minorities entering the health professions in the Inland Empire.

Yolo Family Service Agency  
Woodland, CA  
$90,000 over three years  
For core operating support to improve access to mental health services by providing social work and/or counseling internships for bilingual, bicultural graduate students.

**ENVIRONMENTAL HEALTH**

Californians for Pesticide Reform  
San Francisco, CA  
$100,000 over two years  
For core operating support to protect public health through continued efforts to eliminate the use of the most harmful pesticides, reduce dependence on pesticides, and promote the use of sustainable pest control solutions.

CALPIRG Charitable Trust  
San Francisco, CA  
$100,000 over two years  
For core operating support to educate the public and policymakers about the health effects of toxins and advocate for policies that reduce their use.

Center for Community Action and Environmental Justice  
Riverside, CA  
$80,000 over two years  
For core operating support to strengthen efforts to improve the environmental health of residents in Riverside and San Bernardino Counties.

Center for Justice, Tolerance and Community  
Santa Cruz, CA  
$100,000 over two years  
To collect, analyze and disseminate data on environmental air pollution and the risks to health and learning for school children in California.

Children’s Environmental Health Network  
Washington, DC  
$150,000 over three years  
For core operating support to continue the development of a California children’s environmental health agenda and expand the resource clearinghouse.

Chinatown Community Development Center, Inc.  
San Francisco, CA  
$170,000 over three years  
For core operating support to continue the neighborhood interventions designed to alleviate specific health risks and costs associated with environmental conditions in San Francisco’s Chinatown.

Clean Water Fund  
San Francisco, CA  
$150,000 over three years  
For core operating support for Preventing Harm, a program that conducts health education workshops on the linkages between toxins and developmental disabilities and ways to reduce toxins in homes and the outdoor environment.

Communities for a Better Environment  
Oakland, CA  
$90,000 over two years  
For core operating support to strengthen and continue statewide environmental health and justice efforts.

Environmental Defense Center  
Santa Barbara, CA  
$90,000 over two years  
For core operating support to continue the Central Coast Environmental Health Project, which seeks to reduce health risks associated with pesticide use through outreach, health education and training of health care professionals and advocates.

Environmental Health Coalition  
San Diego, CA  
$90,000 over two years  
For core operating support to continue and strengthen programs aimed at alleviating environmental health problems in San Diego’s lowest income communities.

Environmental Working Group  
Oakland, CA  
$100,000 over two years  
For core operating support to continue efforts in analyzing and publicizing data on environmental and public health issues.

Esperanza Community Housing Corporation  
Los Angeles, CA  
$150,000 over three years  
For core operating support for education, outreach and prevention efforts to promote environmentally safe housing in South Central Los Angeles.

Healthy Children Organizing Project  
San Francisco, CA  
$100,000 over three years  
For core operating support for community-based health education and advocacy efforts to protect children from environmental hazards.

Inner City Law Center  
Los Angeles, CA  
$130,000 over three years  
For core operating support to continue the work of the Housing for Healthy Families program, which conducts outreach, health education, leadership development and community organizing to reduce environmental health hazards related to poor housing.

Liberty Hill Foundation  
Santa Monica, CA  
$330,000 over three years  
To support the Environmental Justice Fund and Training Institute’s efforts to promote environmental health.

Los Angeles Safe Schools Coalition  
Toluca Lake, CA  
$60,000 over two years  
For core operating support to protect the health of students by strengthening the efforts to reduce the use of environmental toxins in the Los Angeles Unified School District.

Pacoima Beautiful  
Pacoima, CA  
$80,000 over two years  
To educate and empower residents to address environmental health hazards in and around Pacoima homes in the Northeast San Fernando Valley.

People United for a Better Oakland  
Oakland, CA  
$160,000 over three years  
For core operating support for the Strategic Action for Environmental Health project.

Physicians for Social Responsibility  
Los Angeles, CA  
$90,000 over two years  
To strengthen efforts to increase knowledge of environmental health issues within the medical and public health communities and promote specific public policy measures to reduce exposures to toxicants.
Selected Grants

Redefining Progress
Oakland, CA
$50,000 over two years
To analyze, explain and promote the “precautionary principle” among public health advocates, policymakers and the general public, which calls for preventive action to protect the public’s health and the environment.

The San Diego Foundation
San Diego, CA
$160,000 over two years
To support the Environmental Health and Justice priority area of the Environment Program, which provides grants to organizations working to improve environmental health.

The San Francisco Foundation
San Francisco, CA
$200,000 over two years
To support the Environmental Health and Justice Initiative, which seeks to address the disproportionate impact of health problems related to environmental conditions on low-income and indigenous people and communities of color.

State of California Department of Health Services, Division of Environmental and Occupational Disease Control
Oakland, CA
$100,000 over two years
To support a planning effort to produce implementation options for an environmental health surveillance system.

Waterkeepers Northern California
San Francisco, CA
$60,000 over two years
To support the Delta Pathogen Monitoring and Health Alert Project, which collects, analyzes and disseminates data on bacterial contamination to minimize the consequent threats of illness for people who swim and fish in the Stockton waterways.

Youth United for Community Action
East Palo Alto, CA
$100,000 over three years
For core operating support for a leadership development program addressing environmental health for high school youth of color in East Palo Alto.

HEALTHY AGING

Alliance on Aging, Inc.
Monterey, CA
$80,000 over two years
For core operating support to improve functional independence and quality of life for Monterey County seniors.

California Physical Activity and Health Initiative
Sacramento, CA
$54,000 over one year and six months
To support the California Physical Activity and Health Initiative’s Active Aging Community Task Force Project.

Center for Health Care Rights
Los Angeles, CA
$100,000 over two years
For core operating support for education, counseling, legal assistance and health policy programs for Medicare beneficiaries.

Center for Healthy Aging
Santa Monica, CA
$100,000 over three years
For core operating support for the Physician Liaison Project that links elders with needed community-based and medical services.

Chicano Federation of San Diego County, Inc.
San Diego, CA
$120,000 over two years
For core operating support to strengthen and sustain the Senior Services Program.

City of Riverside Park and Recreation Department
Riverside, CA
$90,000 over two years
To support the Riverside Walkers for Health and Fun program.

City of Sacramento, Older Adult Services Section
Sacramento, CA
$90,000 over two years
To support the 50+ Wellness Program and the provision of health promotion services for underserved older adults.

County of Imperial Public Health Department
El Centro, CA
$90,000 over two years
For core operating support to continue the Active Aging Program and the provision of fitness services for older adults residing in Imperial County.

County of Shasta, Department of Public Health
Redding, CA
$90,000 over two years
To support the Active Aging Program and the continuation of physical activity programs for inactive older adults.

El Concilio of San Mateo County
 Burlingame, CA
$90,000 over two years
To support and sustain Gente Adulta y Tercedad Edad or the Active Aging Program.

Food Bank for Monterey County
Salinas, CA
$120,000 over two years
To support, strengthen and sustain the Senior Brown Bag Program, which provides low-income seniors, 60 years of age and older, with food and nutrition services.

Glenn and Colusa County Senior Nutrition Program
Willows, CA
$80,000 over two years
To support the Senior Nutrition Program, which serves homebound, low-income Latino seniors.

Healthy Aging Association
Modesto, CA
$100,000 over two years
For core operating support for the Young at Heart program and health promotion services for homebound older adults.

Hollywood Senior Multipurpose Center
Los Angeles, CA
$100,000 over three years
For core operating support to provide case management, preventive health and intergenerational services to underserved seniors.
HUC-Skirball Cultural Center  
Los Angeles, CA  
$90,000 over one year and six months  
To support a series of health-related community educational programs titled Lifespan: Exploring and Celebrating the New Longevity.

Institute on Aging  
San Francisco, CA  
$80,000 over two years  
For core operating support for a suicide prevention service for elders and health education outreach for older African Americans.

Irvine Adult Day Health Services, Inc.  
Irvine, CA  
$70,000 over two years  
For core operating support for an adult day health program and the provision of health and social services for underserved older adults.

Keiro Services  
Los Angeles, CA  
$90,000 over one year and six months  
To provide core operating support for the Keiro Cares program, which addresses health needs of seniors.

Legal Services for Seniors  
Seaside, CA  
$80,000 over two years  
For core operating support to strengthen and sustain legal services to low-income seniors in Monterey County.

LifeLong Medical Care  
Berkeley, CA  
$100,000 over three years  
For core operating support for a chronic disease and clinical preventive services program for seniors.

Lifespan Services Network, Inc.  
San Luis Obispo, CA  
$25,000 over two years  
For core operating support for the Senior Peer Counseling Program and the provision of in-home mental health counseling services for an underserved population of elders in San Luis Obispo and northern Santa Barbara Counties.

Little Company of Mary Health Services  
Torrance, CA  
$130,000 over two years  
To support the Active Aging Program designed to promote physical activity among older adults.

Mizell Senior Center of Palm Springs  
Palm Springs, CA  
$100,000 over two years  
To support Project ReachOut, a program that promotes healthy aging and seeks to increase access to health and other services among low-income, underserved seniors in the Palm Springs area.

North County Council on Aging  
Vista, CA  
$30,000 over one year and six months  
For core operating support to continue the provision of health screening, education, outreach and referral services for the frail elderly population in the northern region of San Diego County.

Older Adult Services and Intervention Systems  
Camarillo, CA  
$30,000 over two years  
For core operating support to provide bilingual care management services to link seniors with needed health services in the underserved, rural areas of Ventura County.

Peninsula Jewish Community Center  
Belmont, CA  
$90,000 over one year and six months  
For core operating support to continue the Active Aging Program, which provides fitness programs and services for older adults residing in San Mateo County.

Senior Community Centers of San Diego  
San Diego, CA  
$100,000 over three years  
For core operating support to continue critical health and social services for low-income, at-risk and homeless seniors.

Shanti Project, Inc.  
San Francisco, CA  
$150,000 over three years  
For core operating support to enhance infrastructures in eldercare organizations through training and technical assistance to volunteer management staff.

University of California, Berkeley, School of Public Health  
Berkeley, CA  
$190,000 over two years  
To support a program to identify, honor and provide training and technical assistance to a group of California senior leaders who promote healthy aging in low-income and minority communities.

University of California, San Francisco, Institute for Health and Aging  
San Francisco, CA  
$30,000 over one year  
To support the planning of a statewide conference on improving clinical and community preventive services for older adults in California.

The Volunteer Center of the Redwoods  
Eureka, CA  
$80,000 over two years  
For core operating support of the Intergenerational Visiting and You project, designed to strengthen the physical and emotional health of elders through social support.

Western Services Foundation, Inc.  
North Hollywood, CA  
$80,000 over two years  
For core operating support for More Than Shelter for Seniors, five health and social service programs for seniors residing in apartment communities throughout Los Angeles County.

Westside Family Health Center  
Santa Monica, CA  
$75,000 over two years  
For core operating support for the Healthy Aging Clinics, which help clients maintain the healthy aging process by controlling chronic conditions.

MENTAL HEALTH

California Partnership for Children  
Sacramento, CA  
$285,000 over three years  
To develop statewide leadership, raise public awareness, and advocate for policies to improve mental health services for California youth with a focus on those emancipating from the foster care system.

California Women’s Mental Health Policy Council  
Sacramento, CA  
$200,000 over three years  
For core operating support to build organizational capacity to improve mental health services in California by ensuring cultural and gender sensitivity.

California Youth Connections  
San Francisco, CA  
$200,000 over two years  
For core operating support to develop leadership and inform policymakers and the public about strategies for improving mental health services for transitioning foster youth and to educate the youth about available services.
Selected Grants

Community College Foundation
Sherman Oaks, CA
$220,000 over two years
To enhance the mental health of foster youth and former foster youth through a peer mentoring program that supports success in college.

Feather River Tribal Health, Inc.
Oroville, CA
$40,000 over two years
To implement the Bear Dreamers mentoring program to improve the mental health of high-risk youth in Butte, Sutter and Yuba Counties.

The First Place Fund for Youth
Oakland, CA
$100,000 over two years
For core operating support to address the mental health needs of youth emancipated from the foster care system.

Grantmakers In Health
Washington, DC
$25,000 over one year
To convene a one-day issue dialogue to discuss grantmaking opportunities to improve mental health in California communities and nationwide.

A Home Within, Inc.
San Francisco, CA
$100,000 over two years
For core operating support to provide pro bono mental health services to foster children and youth.

Los Angeles Gay and Lesbian Community Services Center, Inc
Los Angeles, CA
$142,000 over three years
For core operating support to sustain the mental health services of a transitional living facility including case management, group therapy and individual counseling.

Manpower Demonstration Research Corporation
Oakland, CA
$50,000 over six months
To help low-income Californians overcome barriers to self-sufficiency stemming from problems with mental health, substance abuse and domestic violence.

Mental Health Association in Los Angeles County
Los Angeles, CA
$140,000 over two years
For the Human Services Academy Pipeline Project to guide bilingual and bicultural high school students toward careers in mental health and other human services.

National Council on Crime and Delinquency
Oakland, CA
$185,000 over two years
To assist policymakers in improving the delivery of mental health services to youth in the juvenile justice system at the county level.

National Indian Child Welfare Association, Inc.
Portland, OR
$120,000 over two years
To develop leadership among Native American families with seriously mentally ill children in Northern California by advocating to expand and improve the availability of high quality mental health services for youth.

Orangewood Children’s Foundation
Garden Grove, CA
$140,000 over three years
For core operating support for the Peer Health Network to provide emancipating foster youth with a supportive connection to high quality mental health services in Orange County.

The Pasadena Children’s Training Society
Pasadena, CA
$142,000 over three years
For core support for the Transitional Independent Living Program for emancipating foster youth with mental health needs in Los Angeles County.

Prototypes: A Center for Innovation in Health, Mental Health and Social Services
Culver City, CA
$142,000 over three years
For core operating support to provide mental health and substance abuse services at a residential program in Ventura County to assist women by offering housing, educational and vocational counseling.

Sacramento Employment and Training Agency
Sacramento, CA
$142,000 over three years
To build peer leadership as a component of a new program providing a variety of mental health, employment, educational and other support services for youth emancipating from the foster care system.

San Diego Youth & Community Services, Inc.
San Diego, CA
$140,000 over three years
For core operating support to develop a system of care that provides for the screening, assessment and treatment of youth who suffer the consequences of co-occurring mental illness and substance abuse.

Shelter for the Homeless
Midway City, CA
$100,000 over two years
For core operating support to provide mental health services to emancipated foster youth living in a transitional residential program in northern Orange County.

United Friends of the Children
Culver City, CA
$142,000 over three years
To support a program offering a full spectrum of mental health and other services for young people transitioning out of the Los Angeles County foster care system.

West Coast Children’s Center
El Cerrito, CA
$100,000 over two years
For core operating support to provide individual, group, family and psychosocial assessment services to foster care youth in Alameda and Contra Costa Counties.

Youth Law Center
San Francisco, CA
$95,000 over two years
For core operating support to document and study the increasing numbers of youth with mental health problems detained in youth shelters and detention facilities and to disseminate findings and advocate for policy changes.
TEENAGE PREGNANCY PREVENTION

Advocates for Youth
Washington, DC
$150,000 over two years
To provide support to develop and disseminate information to California policymakers and opinion leaders about effective policies to reduce teen pregnancy.

Bay Area Community Resources
San Rafael, CA
$900,000 over three years
For support to continue the Amandela Project to provide community-based teen pregnancy prevention services in the South Richmond area.

Blue Mountain Coalition for Youth
West Point, CA
$50,000 over three years
To provide core operating support for the Teen Challenge program providing teen pregnancy prevention and sexuality education for adolescents in Calaveras County.

California Alliance Concerned with School-Age Parents, Inc.
Sacramento, CA
$100,000 over two years
For core operating support to improve organizational capacity to respond to member needs and to implement strategies that support the objectives of the organization.

California Center
Sacramento, CA
$150,000 over two years
To establish the Policy Leadership Program on Adolescent Health to address policy issues including teen pregnancy prevention.

California Coalition for Youth
Sacramento, CA
$150,000 over two years
To inform California policymakers and opinion leaders about effective teen pregnancy prevention policies and programs.

California Elected Women’s Association for Education and Research
Sacramento, CA
$150,000 over two years
To identify and advocate for public policies to reduce teen pregnancy rates.

California Family Health Council, Inc.
Los Angeles, CA
$150,000 over two years
To expand the Youth Public Leadership Project to train youth in public policy advocacy.

California Family Health Council, Inc.
Los Angeles, CA
$1,200,000 over three years
To continue to improve and increase staff development and training opportunities for youth-serving professionals and paraprofessionals on issues related to healthy adolescent sexuality and teen pregnancy prevention.

Camp Fire Boys and Girls - Orange County Council
Tustin, CA
$150,000 over two years
To support a program that empowers teens to develop a voice in public policy and contribute to positive social change related to teen pregnancy prevention.

Center for Health Improvement, Inc.
Sacramento, CA
$150,000 over two years
To provide support for policy advocacy efforts that inform and educate California decision makers and opinion leaders about youth-identified policies that prevent teen pregnancy.

Charitable Council of Monterey County
Salinas, CA
$100,000 over two years
For core operating support for the Education, Careers, Health, Opportunities program for high school girls in Monterey County.

Childrens Hospital Los Angeles
Los Angeles, CA
$900,000 over three years
For support to continue the Hollywood Teen Community Project to provide community-based teen pregnancy prevention services in the Hollywood area of Los Angeles.

Chinatown Service Center
Los Angeles, CA
$50,000 over two years
For core operating support for the TeenSMART pregnancy prevention program.

CHOICES
City of Industry, CA
$100,000 over two years
To advocate for the development of school district policies and associated institutional changes that influence the development of comprehensive and effective teen pregnancy prevention education programs.

Cornerstone Consulting Group, Inc.
Houston, TX
$790,000 over three years
To provide training and technical support for the Community Action Program of the California-focused Teen Pregnancy Prevention Initiative.

CRLA Foundation
Sacramento, CA
$900,000 over three years
For support to continue the Teen Life Challenge program to provide community-based teen pregnancy prevention services in West Modesto.

Darin M. Camarena Health Centers, Inc.
Madera, CA
$900,000 over three years
For support to continue the Project Community in Action program to provide community-based teen pregnancy prevention services in the city of Madera.

Filipinos for Affirmative Action, Inc.
Oakland, CA
$85,000 over two years
To provide core operating support for the Taking Responsibility Project, a pregnancy prevention and leadership development program.

Florence Crittenton Services
San Francisco, CA
$50,000 over two years
For core operating support to continue the Get Your Stuff Together teen pregnancy prevention and education program.

Hispanas Organized for Political Equality - California
Los Angeles, CA
$150,000 over two years
To support the HOPE Leadership Institute to facilitate the development, implementation and advocacy of policies and regulations to reduce teen pregnancies in California.

Kaweah Delta Hospital Foundation
Visalia, CA
$100,000 over two years
For core operating support for the Youth Connection teen pregnancy prevention program.

Lao Family Community of Stockton, Inc.
Stockton, CA
$50,000 over two years
To support the implementation of the Hmong Women’s Circle program, which provides sexuality education to middle and high school students in Stockton.
Selected Grants

National Organization on Adolescent Pregnancy and Parenting, Inc.
Washington, DC
$150,000 over three years
For core operating support to strengthen technical assistance capacity and expand membership services in California.

Neighborhood House Association
San Diego, CA
$75,000 over three years
For core operating support for The Connection Program to reduce and prevent teenage pregnancy and promote responsible parenting.

Network for Family Life Education
Piscataway, NJ
$45,000 over three years
To provide comprehensive sexuality education through distribution of the SEX, ETC. health educational newsletter in California.

Northeast Valley Health Corporation
San Fernando, CA
$25,000 over one year
For core operating support for the San Fernando High School Teen Health Center.

Ogilvy Public Relations Worldwide
Sacramento, CA
$4,400,000 over three years
For support to continue to develop and implement a strategic public education campaign to inform and educate policymakers, opinion leaders and the public about effective policies and interventions to prevent teen pregnancy.

Persephone Productions, Inc.
Washington, DC
$150,000 over two years
To develop and disseminate information to California policymakers and opinion leaders about what works to reduce teen pregnancy.

Population Services International
Sacramento, CA
$150,000 over two years
To advocate for access to emergency contraception for teens.

Public Health Institute
Berkeley, CA
$150,000 over two years
To inform and educate state and local policymakers from select legislative districts about the “rights, respect, and responsibility” approach to healthy adolescent sexuality.

Southwest Community Health Center
Santa Rosa, CA
$90,000 over three years
For core operating support to strengthen and sustain the Elsie Allen School-based Health Center serving teens in Southwest Santa Rosa.

Teen Pregnancy Coalition of San Mateo County
Redwood City, CA
$150,000 over two years
To provide guidance and support to young policy advocates for comprehensive sexuality education in select school districts.

Vista Community Clinic
Vista, CA
$900,000 over three years
To continue the Every Teen Counts project to provide community-based teen pregnancy prevention services in the Crown Heights and Eastside communities of Oceanside.

Youth Leadership Institute
San Francisco, CA
$150,000 over two years
To support the SAFETY program, a teen pregnancy prevention policy advocacy project.

VIOLENCE PREVENTION

AllForOne Youth Mentoring Program
Santa Barbara, CA
$60,000 over three years
For core operating support to prevent violence through outreach, mentoring and after-school activities for gang-affiliated youth in Santa Barbara County.

California State Coalition of Rape Crisis Centers
Sacramento, CA
$90,000 over two years
For core operating support to strengthen public policy advocacy efforts focused on preventing sexual violence in California.

Center for Public Health Studies, Portland State University
Portland, OR
$250,000 over one year and nine months
To develop a qualitative evaluation report and other publications articulating the story of the Policy and Public Education Program of the California-focused Violence Prevention Initiative.

Childrens Hospital Los Angeles
Los Angeles, CA
$500,000 over one year and nine months
To develop a qualitative evaluation report that documents the experiences and impact of collaboratives in the Community Action Program of the Violence Prevention Initiative.

City of Sanger Recreation Department
Sanger, CA
$75,000 over three years
For core operating support to continue the Freedom From Fear violence prevention recreation program that provides positive after-school activities and role models for youth in Sanger.

Community Partners
Los Angeles, CA
$1,000,000 over two years and two months
To provide violence prevention fellowships to 13 community leaders in California.

Brian Contreras
Salinas, CA
$25,000 over one year
For the 2001 California Peace Prize Award, which acknowledges violence prevention activities of individuals working to address the root causes of violence prevention in their communities.

Crisis Intervention Services
Kings Beach, CA
$75,000 over three years
For core operating support to continue a violence prevention education program for students and young adults in the North Lake Tahoe/Truckee area.

Joan Cuadra
Visalia, CA
$25,000 over one year
For the 2001 California Peace Prize Award, which acknowledges violence prevention activities of individuals working to address the root causes of violence prevention in their communities.
DreamYard Los Angeles
Los Angeles, CA
$70,000 over three years
For core operating support to continue the Street Poets United program that trains incarcerated and formerly incarcerated youth to be gang and violence prevention educators for at-risk youth.

Educational Fund to Stop Gun Violence
Washington, DC
$50,000 over two years
For core operating support to prevent violence by providing public education, technical assistance and advocacy related to gun policies in California.

Fern Tiger Associates
Oakland, CA
$237,000 over one year and six months
To develop an objective history of the Violence Prevention Initiative.

Friends for Youth, Inc.
Redwood City, CA
$100,000 over two years
For core operating support to continue providing mentoring services to youth in San Mateo and Santa Clara Counties.

Grassroots for Kids
Shingletown, CA
$50,000 over three years
For core operating support to continue and expand violence prevention services for youth in Shingletown, in Eastern Shasta County.

Homeboy Industries
Los Angeles, CA
$122,500 over three years
For core operating support for the Jobs for a Future program to continue employment services for at-risk and formerly incarcerated youth, as a violence prevention strategy.

Homies Organizing the Mission to Empower Youth
San Francisco, CA
$50,000 over two years
For core operating support to continue providing violence prevention programs to local high school youth in the Mission District of San Francisco.

Jon Wilkman Productions, Inc.
Hollywood, CA
$150,000 over eight months
To produce a short video to document the efforts, work, experiences and lessons learned by Violence Prevention Initiative grantees.

Leadership Learning Community
Oakland, CA
$300,000 over one year and nine months
To develop a qualitative evaluation report on the overall efficacy and impact of the Leadership and Professional Development Program of the Violence Prevention Initiative.

National Funding Collaborative on Violence Prevention, Inc.
Washington, DC
$100,000 over two years
For core operating support to implement a business plan for its California community collaboratives regarding knowledge enhancement, capacity building, public education and advocacy on violence prevention.

Constance Rice
Los Angeles, CA
$25,000 over one year
For the 2001 California Peace Prize Award, which acknowledges past violence prevention activities of individuals working to address the root causes of violence prevention in their communities.

Violence Policy Center
Washington, DC
$50,000 over two years
For core operating support to continue providing research, expertise and public education to shape public policy and reduce gun death and injury in California.

West Angeles Community Development Corporation
Los Angeles, CA
$85,000 over three years
For core operating support to prevent violence through the Community Mediation Center’s Peacemakers Program, which provides peer mediation training for youth in elementary and middle schools in South Los Angeles.

Women’s Health

Alta Bates Summit Medical Center Foundation
Berkeley, CA
$50,000 over two years
For core operating support for Breast Health Access for Women with Disabilities program, which provides clinical breast health services for women with disabilities and develops and disseminates protocols in this field.

Arc Fresno
Fresno, CA
$45,000 over three years
To support a community education program designed to prevent fetal alcohol syndrome aimed at middle and high school girls in Fresno County.

Black Women for Wellness
Los Angeles, CA
$60,000 over two years
For core operating support to provide preventive health services to black women and families in Central Los Angeles.

The Body Positive
Berkeley, CA
$75,000 over three years
For core operating support to continue providing health education and leadership development in California on eating disorder prevention and body esteem building.

California Black Women’s Health Project
Inglewood, CA
$150,000 over two years
For core operating support to maintain advocacy and leadership for health issues crucial to black women in California.

Center for Collaborative Planning
Sacramento, CA
$120,000 over two years
For core operating support to strengthen the Alumni Network of the Women’s Health Leadership program.

Center for Health Policy Research
Los Angeles, CA
$50,000 over one year
To develop and disseminate updated information about women’s health in California.

Chico Feminist Women’s Health Center
Chico, CA
$90,000 over three years
For core operating support to continue reproductive health education and outreach services in rural Northern California.

Community Access Center
Riverside, CA
$150,000 over three years
For core operating support for a health education program for the prevention and early detection of sexually transmitted diseases among deaf women in Riverside County.

Family Planning Centers of Greater Los Angeles, Inc.
Bell Gardens, CA
$120,000 over three years
For core operating support to provide primary health care services to low-income women.
Family Service Association of Western Riverside
Riverside, CA
$100,000 over two years
For core operating support to sustain health promotion and preventive health services for underserved Latina and African-American women in Riverside County.

Good Samaritan Hospital
Los Angeles, CA
$120,000 over three years
For core operating support to provide perinatal case management services to underserved women in the Pico-Union/MacArthur Park area of Los Angeles.

Los Angeles Free Clinic
Los Angeles, CA
$120,000 over three years
For core operating support to provide medical services including screenings, prenatal care and menopausal care to uninsured women in Los Angeles.

Los Angeles Indigenous Peoples’ Alliance
Los Angeles, CA
$90,000 over three years
For core operating support for programs to promote women’s health for indigenous Latinas in Northeast Los Angeles.

Lyon-Martin Women’s Health Service, Inc.
San Francisco, CA
$120,000 over three years
For core operating support to provide health care and preventive health services for medically underserved women in the San Francisco Bay Area.

Our Saviour Center, Cleaver Family Wellness Clinic
El Monte, CA
$150,000 over three years
For core operating support to provide health services to low-income and poverty-level women and girls in the Greater El Monte Area.

Pacific Institute for Women’s Health
Los Angeles, CA
$100,000 over two years
To strengthen community education training and advocacy efforts for women’s reproductive health and rights in California.

Planned Parenthood Shasta-Diablo
Concord, CA
$225,000 over three years
For core operating support to provide health services to underserved women in Northern California.

Santa Cruz Women’s Health Center
Santa Cruz, CA
$90,000 over three years
For core operating support to provide health care services to low-income female residents of Santa Cruz County.

Sonoma County People for Economic Opportunity
Santa Rosa, CA
$90,000 over three years
For core operating support for a health screening and case management program for homeless women in Sonoma County.

South Asian Network, Inc.
Artesia, CA
$120,000 over three years
For core operating support to provide community outreach and health promotion services for women of South Asian origin living in Southern California.

Tahoe Forest Hospital District
Truckee, CA
$60,000 over three years
For core operating support for a women’s health and wellness program to promote bone health and prevent osteoporosis.

URDC Human Services Corporation
Pasadena, CA
$100,000 over two years
To support the Bill Moore Community Health Center that provides health services to low-income women and girls in Pasadena and Altadena.

Valley Community Clinic
North Hollywood, CA
$100,000 over two years
For core operating support to maintain women-centered health services for low-income women and girls in the San Fernando Valley.

The Women’s Community Clinic
San Francisco, CA
$80,000 over two years
For core operating support to maintain free health care services for uninsured and underinsured women in San Francisco.

Women’s Health Collaborative
Oakland, CA
$25,000 over one year
For core operating support of a leadership and policy development program for women’s health activists throughout the state.

WORK & HEALTH

Alliance Medical Center
Healdsburg, CA
$90,000 over two years
For core operating support to provide preventive health care services for Latino farmworkers and their families in rural northern Sonoma County.

California Food Policy Advocates, Inc.
San Francisco, CA
$150,000 over two years
For core operating support of advocacy efforts to strengthen state and local policies that increase access to nutrition through the Food Stamp Program.

Casa Familiar, Inc.
San Ysidro, CA
$125,000 over two years
For core operating support to provide access to technology training programs for low-income youth and residents in San Ysidro as a health promotion strategy.

Center for Community Advocacy
Salinas, CA
$110,000 over two years
For core operating support for the Promotores de Salud program, a health education and leadership training program for farmworker families in Santa Cruz and Monterey Counties.

Center for Justice, Tolerance and Community
Santa Cruz, CA
$90,000 over two years
To support Work and Health fellowships to the Social Change Across Borders Summer Institute targeting community-based leaders in California and the border region.
The Children’s Partnership
Santa Monica, CA
$150,000 over three years
For core operating support for policy advocacy, research and technical assistance efforts that seek to direct technology resources into underserved communities as a health promotion strategy across California.

Coalition to Abolish Slavery and Trafficking
Los Angeles, CA
$140,000 over two years
For core operating support to strengthen intensive case management services to improve the overall health and well-being of women and girls trafficked for forced labor to Los Angeles.

Ernesto Galarza Applied Research Center
Riverside, CA
$100,000 over two years
For core operating support for the Communities for Virtual Research unit to continue to provide access to technology and training as a health promotion strategy for low-income youth and adults in East Riverside.

Garment Worker Center
Los Angeles, CA
$150,000 over three years
For core operating support to continue to coordinate outreach, conduct health and safety workshops and improve health access for garment workers in Los Angeles.

Hispanics in Philanthropy
Emeryville, CA
$150,000 over three years
To make grants to California nonprofit organizations that work to improve the health of vulnerable working populations and the unemployed.

Karuk Tribe of California
Happy Camp, CA
$125,000 over two years
For core operating support for the Happy Camp Community Computer Center to provide computer technology training services to Native American and non-Native youth in the Karuk Ancestral Territory as a health promotion strategy.

Korean Immigrant Workers Advocates of Southern California
Los Angeles, CA
$100,000 over two years
For core operating support to sustain health services for Korean immigrant workers in Los Angeles.

National Campaign for Jobs and Income Support, California Campaign
Los Angeles, CA
$100,000 over two years
To support a health advocacy project to increase access to care for low-income Californians.

P.F. Bressee Foundation
Los Angeles, CA
$150,000 over two years
For core operating support to provide access to computer technology, job preparation and placement services for low-income youth and adults in Los Angeles as a health promotion strategy.

Pilipino Workers Center of Southern California
Los Angeles, CA
$60,000 over three years
For core operating support to strengthen case management, leadership training and employment services to improve the short- and long-term health of low-wage Pilipino workers and their families in Los Angeles.

Sacramento Valley Organizing Community
Sacramento, CA
$80,000 over two years
To address the workplace health and safety needs of low-wage immigrant workers in Northern California.

Santa Clara Center for Occupational Safety and Health
San Jose, CA
$100,000 over two years
For core operating support to provide occupational health, safety education and services to underserved, low-wage workers in the Silicon Valley.

University of California, San Francisco, School of Nursing
Oakland, CA
$200,000 over two years
For core operating support for the UCSF Oakland Workers Clinic to provide health education, medical treatment and prevention services to low-wage workers in Alameda County.

Westside Center for Independent Living, Inc.
Los Angeles, CA
$90,000 over two years
For core operating support for the Peer Support Employment Project, a training and internship program for people with mental disabilities that enhances capacity to find and retain employment.

Women’s Action to Gain Economic Security
Oakland, CA
$90,000 over three years
For core operating support to train low-income women in the least toxic housecleaning methods and to create livable wage jobs through housecleaning cooperatives in the Greater San Francisco Bay Area.

Women’s Economic Agenda Project
Oakland, CA
$150,000 over two years
For core operating support to continue to provide access to computer technology and training for low-income youth and adults in Oakland as a health promotion strategy.

The Women’s Foundation
San Francisco, CA
$150,000 over two years
To support the work and health component of the Initiatives Forum, a collaborative policy action fund for low-income women and girls in the Central Valley.

Working Partnerships USA
San Jose, CA
$150,000 over two years
For project support to enroll uninsured contingent workers in the Silicon Valley in a subsidized health plan and to research portable health insurance options.

SPECIAL PROJECTS FUND

Adolescent Health
California Adolescent Health Collaborative
Oakland, CA
$100,000 over three years
For core operating support to continue efforts to promote adolescent health throughout California.

California Center
Sacramento, CA
$140,000 over two years
To implement a pilot program to support youth participation in local government to promote adolescent health policies.

Capacity Building
Center for Civic Partnerships
Sacramento, CA
$250,000 over one year
To pilot technical support services for Special Projects Fund grantees of The California Wellness Foundation.
## Selected Grants

<table>
<thead>
<tr>
<th>Grant Program</th>
<th>Organization</th>
<th>Location</th>
<th>Funding Details</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Center for Community Change</strong></td>
<td>San Francisco, CA</td>
<td>$150,000 over two years</td>
<td>For core operating support to implement capacity building and technical assistance work with community-based health service providers in California.</td>
<td></td>
</tr>
<tr>
<td><strong>Women’s Funding Network</strong></td>
<td>San Francisco, CA</td>
<td>$100,000 over one year and three months</td>
<td>To support a pilot project that measures the social change impact of the work of nonprofit organizations and the funding strategies of philanthropic institutions that seek to improve the health and wellness of women and girls in California.</td>
<td></td>
</tr>
<tr>
<td><strong>Consumer Education</strong></td>
<td>Orange, CA</td>
<td>$120,000 over three years</td>
<td>For core operating support to strengthen organizational capacity to enhance the ability to influence consumer-centered changes in health care in Southern California.</td>
<td></td>
</tr>
<tr>
<td><strong>Fresno Health Consumer Center</strong></td>
<td>Fresno, CA</td>
<td>$90,000 over two years</td>
<td>For core operating support for community outreach, consumer education and assistance regarding the resolution of health access problems, and fund development.</td>
<td></td>
</tr>
<tr>
<td><strong>Culture-specific Services</strong></td>
<td>Santa Barbara, CA</td>
<td>$110,000 over three years</td>
<td>For core operating support to strengthen organizational infrastructure and provide health promotion and disease prevention services.</td>
<td></td>
</tr>
<tr>
<td><strong>Asian &amp; Pacific Islander American Health Forum</strong></td>
<td>San Francisco, CA</td>
<td>$100,000 over three years</td>
<td>For core operating support to strengthen communication capacity and support health advocacy efforts.</td>
<td></td>
</tr>
<tr>
<td><strong>Asian Health Services</strong></td>
<td>Oakland, CA</td>
<td>$110,000 over three years</td>
<td>To establish a chronic illness treatment and prevention program.</td>
<td></td>
</tr>
<tr>
<td><strong>Fontana Native American Center</strong></td>
<td>Fontana, CA</td>
<td>$95,000 over two years</td>
<td>To support health and wellness programs serving Native Americans in San Bernardino County.</td>
<td></td>
</tr>
<tr>
<td><strong>Fresno Center for New Americans</strong></td>
<td>Fresno, CA</td>
<td>$100,000 over two years</td>
<td>For a health education project for Hmong people in the Central Valley.</td>
<td></td>
</tr>
<tr>
<td><strong>Kalusugan Community Services</strong></td>
<td>Chula Vista, CA</td>
<td>$150,000 over two years</td>
<td>For the establishment of a health care center designed to meet the needs of diverse Pilipino-American communities in San Diego County.</td>
<td></td>
</tr>
<tr>
<td><strong>Faith-based Strategies</strong></td>
<td>San Bernardino, CA</td>
<td>$200,000 over two years</td>
<td>For core operating support to sustain community health services for youth and adults with HIV/AIDS in San Bernardino County.</td>
<td></td>
</tr>
<tr>
<td><strong>Central City Lutheran Mission</strong></td>
<td>Martinez, CA</td>
<td>$100,000 over two years</td>
<td>To support the planning and implementation of the Parish Nurse Program that will serve the uninsured and underserved residents of Contra Costa County.</td>
<td></td>
</tr>
<tr>
<td><strong>Contra Costa Interfaith Sponsoring Committee</strong></td>
<td>San Bernardino, CA</td>
<td>$250,000 over three years</td>
<td>For core operating support to increase access to health care for farmworkers and indigents in Coachella Valley, San Bernardino, Highland, Rialto and Riverside.</td>
<td></td>
</tr>
<tr>
<td><strong>The PICO California Project</strong></td>
<td>Sacramento, CA</td>
<td>$300,000 over three years</td>
<td>For core operating support to continue efforts to increase access to affordable health insurance and direct services for the uninsured in California.</td>
<td></td>
</tr>
<tr>
<td><strong>Foundation Partnerships</strong></td>
<td>Washington, DC</td>
<td>$300,000 over three years</td>
<td>For core operating support to strengthen capacity to be an effective resource for health philanthropy in California.</td>
<td></td>
</tr>
<tr>
<td><strong>The HealthCare Foundation for Orange County</strong></td>
<td>Santa Ana, CA</td>
<td>$100,000 over one year</td>
<td>For core operating support to enhance local health philanthropy and provide technical assistance to health care providers in Orange County.</td>
<td></td>
</tr>
<tr>
<td><strong>Los Angeles Urban Funders</strong></td>
<td>Los Angeles, CA</td>
<td>$100,000 over two years</td>
<td>To provide technical assistance to build capacity for health promotion programs in three underserved communities in Los Angeles County.</td>
<td></td>
</tr>
<tr>
<td><strong>Southern California Association for Philanthropy</strong></td>
<td>Los Angeles, CA</td>
<td>$100,000 over two years</td>
<td>For core operating support for ongoing programs and services to promote effective grantmaking for health funders and increase giving to underserved communities.</td>
<td></td>
</tr>
<tr>
<td><strong>HIV/AIDS</strong></td>
<td>San Francisco, CA</td>
<td>$73,000 over two years</td>
<td>For core operating support to strengthen HIV/AIDS prevention services.</td>
<td></td>
</tr>
</tbody>
</table>
Asian and Pacific Islander Wellness Center: Community HIV/AIDS Services, Inc.
San Francisco, CA
$80,000 over two years
For core operating support to strengthen capacity to deliver HIV/AIDS health promotion services for underserved Asian and Pacific Islander communities.

Foothill AIDS Project
Claremont, CA
$40,000 over two years
For core operating support to strengthen health education and risk reduction services for individuals at risk for, or newly infected by, HIV in the San Gabriel Valley and San Bernardino County.

Gay and Lesbian Community Services Center of Orange County
Garden Grove, CA
$73,000 over two years
For core operating support to continue and strengthen the HIV/AIDS prevention programs for youth.

Harm Reduction Center
Encinitas, CA
$74,000 over two years
For core operating support to continue HIV/AIDS prevention efforts for active injection drug users, their noninjecting partners and family members.

Tenderloin AIDS Resource Center
San Francisco, CA
$60,000 over two years
For core operating support to continue comprehensive HIV prevention and care services.

Immigrants and Refugees

African Families Health Initiative
San Diego, CA
$150,000 over three years
For core operating support to sustain health and social support services for East-African immigrants and refugees in San Diego County.

Centro Binacional para el Desarrollo Indigena Oaxaqueño
Fresno, CA
$250,000 over two years
To sustain health education programs in Fresno and Madera and to establish a new health education program in Los Angeles serving indigenous Oaxacan migrants.

Centro Latino De Educación Popular
Los Angeles, CA
$220,000 over three years
For core operating support for health literacy services to low-income, recently arrived Latino immigrants in the Pico-Union neighborhood of Central Los Angeles.

Leadership Development

Californians for Justice Education Fund
Oakland, CA
$200,000 over two years
To increase low-income students’ access to health services and to ensure a healthy school environment in five community-based sites as part of a strategy to develop young leaders.

Community Partners
Los Angeles, CA
$20,000 over one year
For core operating support to build the capacity of nonprofit leaders from health-serving organizations in Los Angeles.

Transformation Through Education and Mutual Support
Oakland, CA
$100,000 over three years
To support a leadership development program to improve the health of low-income communities in the Bay Area.

Nutrition/Fitness

Sports 4 Kids
Oakland, CA
$100,000 over three years
For core operating support to strengthen fund development and support school sports activities to improve the health of underserved children.

Strategic Alliance To Prevent Childhood Obesity
Oakland, CA
$90,000 over two years
For core operating support to build organizational infrastructure of a statewide coalition of nutrition and fitness organizations working to prevent childhood obesity.

Students Run America
Van Nuys, CA
$100,000 over three years
For core operating support to strengthen infrastructure and prepare at-risk middle school students to compete in the Los Angeles Marathon.

Oral Health

Childrens Hospital Los Angeles
Los Angeles, CA
$150,000 over two years
To support the Teledentistry Project to decrease barriers to dental care and increase dental services in rural Imperial and Tehama Counties.

Healthy Start
Thermal, CA
$100,000 over three years
To support a promotora-based dental health education project.

University of California, Los Angeles, School of Dentistry
Los Angeles, CA
$250,000 over three years
To expand a school-based program of oral health education and prevention services for low-income children and families in northeast San Fernando Valley.

Victor Valley Community Dental Service Program
Apple Valley, CA
$150,000 over two years
For core operating support to provide free dental services to underserved children of the High Desert of Southern California.

Strengthening the Safety Net

Alameda Health Consortium
Oakland, CA
$300,000 over two years
For core operating support to strengthen infrastructure and support the delivery of health promotion and disease prevention services by member clinics.

Association of Asian Pacific Community Health Organizations
Oakland, CA
$130,000 over three years
For core operating support to strengthen community health centers serving the Asian American and Pacific Islander populations in California.

Coalition for Community Health
Los Angeles, CA
$140,000 over two years
For core operating support to strengthen existing health care services for residents of Central Los Angeles.

Coalition of Orange County Community Clinics
Santa Ana, CA
$300,000 over two years
For core operating support to strengthen infrastructure and support health promotion and disease prevention services.
Selected Grants

Community Clinic Association of Los Angeles County
Los Angeles, CA
$400,000 over two years
For core operating support to strengthen safety-net service capacity and support the delivery of pharmaceutical services.

Community Health Partnership of Santa Clara County, Inc.
San Jose, CA
$300,000 over two years
For core operating support to strengthen technical assistance capacity and support the delivery of health promotion and disease prevention services by member clinics.

Council of Community Clinics
San Diego, CA
$400,000 over two years
For core operating support to provide technical assistance and support the provision of health promotion and disease prevention services by member clinics.

East Valley Community Health Center, Inc.
West Covina, CA
$110,000 over three years
For core operating support to improve organizational efficiency for providing services to the underserved in the east San Gabriel and Pomona valleys.

Los Angeles ACORN
Los Angeles, CA
$200,000 over two years
For core operating support to provide access to health and welfare benefits for low-income residents of Los Angeles.

San Francisco Community Clinic Consortium
San Francisco, CA
$300,000 over two years
For core operating support to strengthen infrastructure and support the provision of health promotion and disease prevention services by member clinics.

South County Community Health Center, Inc.
East Palo Alto, CA
$120,000 over three years
For core operating support to provide primary and preventive health care services to uninsured residents of South San Mateo County.

Southern California Center for Nonprofit Management
Los Angeles, CA
$150,000 over two years
For core operating support to sustain management assistance services to Southern California nonprofit health organizations seeking to improve the health of underserved populations.

School-linked Services
California Assembly on School-Based Health Care
Stockton, CA
$120,000 over three years
For core operating support to build infrastructure and strengthen advocacy and technical assistance capacities to promote the delivery of high-quality, comprehensive, accessible and affordable health care to children and adolescents at school sites.

Foundation Consortium
Sacramento, CA
$600,000 over three years
For core operating support to work with government and the private sector at the state, county and local levels to improve the health, mental health and social outcomes for at-risk children, youth and their families in California.

Uninsured
Center for Health Policy Research
Los Angeles, CA
$400,000 over two years
For support to produce an annual policy report on health insurance coverage in California.

National Health Law Program, Inc.
Los Angeles, CA
$100,000 over three years
For core support to continue advocacy efforts to improve the health of low-income Californians.

Pharmaceuticals and Indigent Care Program
Oakland, CA
$200,000 over two years
For core operating support to strengthen capacity to provide access to pharmaceutical care for low-income Californians.

Other Special Projects Fund Grants
Central Valley Health Network, Inc.
Sacramento, CA
$400,000 over two years
For core operating support to strengthen organizational infrastructure and support the provision of health promotion and disease prevention services by its members.

Children’s Advocacy Institute
San Diego, CA
$100,000 over three years
For core operating support for child health advocacy.

Edmund G. “Pat” Brown Institute of Public Affairs
Los Angeles, CA
$75,000 over two years
For core operating support to establish a center for health care policy research and advocacy to serve East Los Angeles and West San Gabriel Valley.

Health Policy Associates, Inc.
San Francisco, CA
$22,000 over one year
To produce and disseminate a special issue of a professional journal on the Health Improvement Initiative.
THE BOARD OF DIRECTORS
THE CALIFORNIA WELLNESS FOUNDATION:

We have audited the accompanying statement of financial position of The California Wellness Foundation (the Foundation) as of June 30, 2002, and the related statements of activities and cash flows for the year then ended. These financial statements are the responsibility of the Foundation’s management. Our responsibility is to express an opinion on these financial statements based on our audit. The accompanying financial statements of The California Wellness Foundation as of June 30, 2001 were audited by other auditors who have ceased operations. Those auditors expressed an unqualified opinion on those financial statements in their report dated August 17, 2001.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of The California Wellness Foundation as of June 30, 2002, and the changes in its net assets and its cash flows for the year then ended in conformity with accounting principles generally accepted in the United States of America.

KPMG LLP

KPMG LLP
Los Angeles, California
August 9, 2002
<table>
<thead>
<tr>
<th><strong>ASSETS</strong></th>
<th><strong>2002</strong></th>
<th><strong>2001</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$153,064</td>
<td>210,856</td>
</tr>
<tr>
<td>Investments (notes 3 and 4)</td>
<td>768,721,875</td>
<td>873,984,748</td>
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<tr>
<td>Investments loaned under securities lending agreement (note 4)</td>
<td>118,386,270</td>
<td>110,046,665</td>
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<tr>
<td>Collateral held under securities lending agreement (note 4)</td>
<td>122,049,005</td>
<td>113,776,967</td>
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<tr>
<td>Investment receivable, net</td>
<td>—</td>
<td>311,491</td>
</tr>
<tr>
<td>Interest and dividends receivable</td>
<td>3,512,240</td>
<td>6,551,029</td>
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<tr>
<td>Other assets</td>
<td>94,192</td>
<td>104,961</td>
</tr>
<tr>
<td>Property, plant, and equipment, net (note 5)</td>
<td>227,869</td>
<td>162,026</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>$1,013,144,515</strong></td>
<td><strong>1,105,148,743</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>LIABILITIES AND NET ASSETS</strong></th>
<th><strong>2002</strong></th>
<th><strong>2001</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$2,072,803</td>
<td>1,873,802</td>
</tr>
<tr>
<td>Investment payable, net</td>
<td>19,609,599</td>
<td>—</td>
</tr>
<tr>
<td>Payable under securities lending agreement (note 4)</td>
<td>122,049,005</td>
<td>113,776,967</td>
</tr>
<tr>
<td>Grants payable, net (note 6)</td>
<td>31,010,728</td>
<td>37,210,803</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>174,742,135</strong></td>
<td><strong>152,861,572</strong></td>
</tr>
<tr>
<td>Commitments and contingencies (note 7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted net assets</td>
<td>838,402,380</td>
<td>952,287,171</td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>$1,013,144,515</strong></td>
<td><strong>1,105,148,743</strong></td>
</tr>
</tbody>
</table>

See accompanying notes to financial statements.
## Financial Statements

### STATESMENT OF ACTIVITIES

Years ended June 30, 2002 and 2001

<table>
<thead>
<tr>
<th>Description</th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue and other gains:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net realized and unrealized loss on investments</td>
<td>$(83,377,935)</td>
<td>$(85,822,317)</td>
</tr>
<tr>
<td>Dividends and interest</td>
<td>26,595,681</td>
<td>31,381,108</td>
</tr>
<tr>
<td>Other income</td>
<td>27,079</td>
<td>—</td>
</tr>
<tr>
<td><strong>Total Revenue and other gains</strong></td>
<td>$(56,755,175)</td>
<td>$(54,441,209)</td>
</tr>
<tr>
<td><strong>Expenses:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Direct charitable</td>
<td>6,924,093</td>
<td>6,409,135</td>
</tr>
<tr>
<td>Grants</td>
<td>46,492,341</td>
<td>37,947,037</td>
</tr>
<tr>
<td>Other:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment</td>
<td>2,123,282</td>
<td>2,159,608</td>
</tr>
<tr>
<td>Management and general</td>
<td>1,589,900</td>
<td>1,458,779</td>
</tr>
<tr>
<td>Provision for federal excise tax</td>
<td>—</td>
<td>100,595</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>57,129,616</td>
<td>48,075,154</td>
</tr>
<tr>
<td><strong>Decrease in unrestricted net assets</strong></td>
<td>(113,884,791)</td>
<td>(102,516,363)</td>
</tr>
<tr>
<td><strong>Unrestricted net assets, beginning of year</strong></td>
<td>952,287,171</td>
<td>1,054,803,534</td>
</tr>
<tr>
<td><strong>Unrestricted net assets, end of year</strong></td>
<td>$838,402,380</td>
<td>952,287,171</td>
</tr>
</tbody>
</table>

See accompanying notes to financial statements.
# Statements of Cash Flows

## 2002 & 2001

**Years ended June 30, 2002 and 2001**

### Cash Flows from Operating Activities:

<table>
<thead>
<tr>
<th></th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in net assets</td>
<td>$(113,884,791)</td>
<td>$(102,516,363)</td>
</tr>
<tr>
<td>Adjustments to reconcile change in net assets to net cash used in operating activities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net realized and unrealized loss on investments</td>
<td>83,377,935</td>
<td>85,822,317</td>
</tr>
<tr>
<td>Depreciation and amortization</td>
<td>128,894</td>
<td>154,581</td>
</tr>
<tr>
<td>Gain on disposition of property, plant, and equipment</td>
<td>(925)</td>
<td>(5,262)</td>
</tr>
<tr>
<td>Changes in operating assets and liabilities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment receivable, net</td>
<td>311,491</td>
<td>(311,491)</td>
</tr>
<tr>
<td>Interest and dividends receivable</td>
<td>3,038,789</td>
<td>(1,837,282)</td>
</tr>
<tr>
<td>Other assets</td>
<td>10,769</td>
<td>105,966</td>
</tr>
<tr>
<td>Accrued federal excise tax</td>
<td>—</td>
<td>(524,405)</td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>199,001</td>
<td>210,628</td>
</tr>
<tr>
<td>Investment payable, net</td>
<td>19,609,599</td>
<td>(1,069,858)</td>
</tr>
<tr>
<td>Grants payable, net</td>
<td>(6,200,075)</td>
<td>(6,640,713)</td>
</tr>
<tr>
<td><strong>Net cash used in operating activities</strong></td>
<td><strong>(13,409,313)</strong></td>
<td><strong>(26,611,882)</strong></td>
</tr>
</tbody>
</table>

### Cash Flows from Investing Activities:

<table>
<thead>
<tr>
<th></th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proceeds from sale of investments</td>
<td>2,152,193,090</td>
<td>1,626,343,284</td>
</tr>
<tr>
<td>Purchases of investments</td>
<td>(2,138,647,757)</td>
<td>(1,599,539,810)</td>
</tr>
<tr>
<td>Purchases of property, plant, and equipment</td>
<td>(196,518)</td>
<td>(119,922)</td>
</tr>
<tr>
<td>Proceeds from sale of property, plant, and equipment</td>
<td>2,706</td>
<td>5,262</td>
</tr>
<tr>
<td><strong>Net cash provided by investing activities</strong></td>
<td><strong>13,351,521</strong></td>
<td><strong>26,688,814</strong></td>
</tr>
</tbody>
</table>

### Net Increase (Decrease) in Cash and Cash Equivalents:

<table>
<thead>
<tr>
<th></th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net increase (decrease) in cash and cash equivalents</td>
<td>(57,792)</td>
<td>76,932</td>
</tr>
<tr>
<td>Cash and cash equivalents, beginning of year</td>
<td>210,856</td>
<td>133,924</td>
</tr>
<tr>
<td><strong>Cash and cash equivalents, end of year</strong></td>
<td><strong>$153,064</strong></td>
<td><strong>210,856</strong></td>
</tr>
</tbody>
</table>

See accompanying notes to financial statements.
June 30, 2002 and 2001

(1) ORGANIZATION

The California Wellness Foundation (the Foundation), a California nonprofit public benefit corporation, was created in September 1990 in anticipation of the conversion of Health Net from nonprofit to for-profit status. The conversion of Health Net to a business corporation was finalized in February 1992, resulting in a contribution to the Foundation to further its purpose. The contribution consisted of cash, stock and notes receivable.

The mission of the Foundation is to improve the health of the people of California by making grants for health promotion, wellness education, and disease prevention.

(2) SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

(a) Basis of Presentation

The accompanying financial statements have been prepared on the accrual basis of accounting.

The Foundation recognizes contributions, including unconditional promises to give, as revenue in the period received. Revenues, gains, expenses, and losses are classified based on the existence or absence of donor-imposed restrictions. As of June 30, 2002 and 2001, all of the Foundation’s net assets are unrestricted.

(b) Cash and Cash Equivalents

Cash and cash equivalents consist of interest-bearing deposits and highly liquid investments with original maturities of less than 90 days. Cash equivalents are carried at cost, which approximates fair value.

(c) Investment Securities

Investments in equity securities with readily determinable fair values and all debt securities are stated at fair value at June 30, 2002 and 2001. Fair value is determined based on quoted market prices. Unrealized appreciation and depreciation on investments is recorded in the statement of activities. Investment sales and purchases are recorded on a trade-date basis, which may result in either a net receivable or net payable on unsettled investment trades at the statement of financial position date. Dividend and interest income is recorded when earned on an accrual basis. Realized gains and losses, recorded upon disposition of investments, are recorded in the period incurred. The cost used in determining the gain or loss from the sale of securities is based on the average cost of the securities involved in the transaction.

Investment manager services are provided by various companies whereby the assets are invested in accordance with the Foundation’s investment policy. The Foundation’s investments are held by The Northern Trust Company, which serves as the asset custodian and record keeper.

(d) Property, Plant, and Equipment

Property, plant, and equipment are recorded at cost and depreciated on a straight-line basis over the estimated useful lives of the respective assets, presently three to five years, or amortized over the term of the respective lease, whichever is shorter.

The Foundation reviews property, plant, and equipment for impairment whenever events or changes in circumstances indicate that the carrying value of property, plant, and equipment may not be recoverable. Recoverability is measured by a comparison of the carrying amount of the asset to future net cash flows, undiscounted and without interest, expected to be generated by the asset. If such asset is considered to be impaired, the impairment to be recognized is measured by the amount by which the carrying amount of the asset exceeds the fair value of the asset. During 2002 and 2001, there were no events or changes in circumstances indicating that the carrying amount of the property, plant, and equipment may not be recoverable.
(e) Foreign Currency Contracts

In the normal course of business, the Foundation uses various financial instruments, including derivative financial instruments, to maintain desired asset allocations, primarily in fixed income securities. The Foundation’s investment managers are permitted, under the terms of individual investment guidelines, to utilize such financial instruments.

Foreign currency contracts are entered into as transactions to hedge the foreign currency exposures of investments denominated in currencies other than the U.S. dollar. The Foundation records these foreign currency contracts at their fair market value with any change reflected in the statement of activities during the period of the change. Realized gains or losses on foreign currency contracts are included in the accompanying financial statements in net realized and unrealized gain (loss) on investments and were not significant to the financial statements taken as a whole for the years ended June 30, 2002 and 2001.

(f) Grant Expenses

Grants made by the Foundation to other organizations are recorded as grant expense at their net present value in the period such grants have been approved and authorized by the board of directors. Grants which are expected to be paid in future years are discounted at the appropriate rate commensurate with the risks involved and are recorded at the present value of future cash flows. For each of the years ended June 30, 2002 and 2001, grants payable were discounted using a rate of 5%. Amortization of the discount on grants payable is recorded as additional grant expense.

Grants, which are conditional upon a future and uncertain event, are expensed when these conditions are substantially met. There were no conditional grants at June 30, 2002 or 2001.

(g) Functional Allocation of Expenses

The costs of providing program services and other activities have been summarized on a functional basis in the accompanying statements of activities. Certain costs have been allocated among the programs and supporting services benefited based on management’s estimates.

(h) Fair Value of Financial Instruments

The carrying value of the Foundation’s financial instruments, not otherwise disclosed herein, is comparable to the fair value due to the short-term nature of these financial instruments.

(i) Use of Estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

(j) Reclassifications

Certain reclassifications have been made to the 2001 financial statements in order to conform with the 2002 presentation.
(3) INVESTMENTS

At June 30, 2002 and 2001, the Foundation’s investments, at fair market value, consist of the following:

<table>
<thead>
<tr>
<th></th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short-term investments</td>
<td>$34,154,760</td>
<td>$19,276,293</td>
</tr>
<tr>
<td>Government and corporate obligations</td>
<td>273,330,683</td>
<td>316,580,185</td>
</tr>
<tr>
<td>Equity securities</td>
<td>579,622,702</td>
<td>647,767,337</td>
</tr>
<tr>
<td>Foreign currency contracts</td>
<td>—</td>
<td>407,598</td>
</tr>
<tr>
<td></td>
<td>$887,108,145</td>
<td>984,031,413</td>
</tr>
<tr>
<td>Investments</td>
<td>$768,721,875</td>
<td>873,984,748</td>
</tr>
<tr>
<td>Investments loaned under securities lending transactions</td>
<td>118,386,270</td>
<td>110,046,665</td>
</tr>
<tr>
<td></td>
<td>$887,108,145</td>
<td>984,031,413</td>
</tr>
</tbody>
</table>

(4) SECURITIES LENDING


The Foundation participates in securities lending transactions with a third-party investment company whereby the Foundation lends investments in exchange for collateral. Under the terms of its securities lending agreement, the Foundation requires collateral of a value at least equal to 102% of the then fair value of the loaned investments and accrued interest, if any. The Foundation maintains effective control of the loaned investments during the term of the agreement, in that they may be redeemed prior to the agreement’s maturity, and upon the maturity of the agreement, the borrower must return the same, or substantially the same, investments that were borrowed. The risks to the Foundation of securities lending transactions are that the borrower may not provide additional collateral when required or return the investments when due. Investments loaned under securities lending transactions totaled $118,386,270 and $110,046,665 as of June 30, 2002 and 2001, respectively. As of June 30, 2002 and 2001, cash collateral totaled $101,518,276 and $109,827,464, respectively, and noncash collateral totaled $20,530,729 and $3,949,503, respectively. Amounts received as collateral are included in the accompanying statements of financial position along with a payable under securities lending agreement as of June 30, 2002 and 2001.

(5) PROPERTY, PLANT, AND EQUIPMENT

At June 30, 2002 and 2001, property, plant, and equipment consist of the following:

<table>
<thead>
<tr>
<th></th>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Furniture and equipment</td>
<td>$1,558,672</td>
<td>1,413,829</td>
</tr>
<tr>
<td>Leasehold improvements</td>
<td>48,469</td>
<td>—</td>
</tr>
<tr>
<td>Automobiles</td>
<td>35,119</td>
<td>35,119</td>
</tr>
<tr>
<td></td>
<td>1,642,260</td>
<td>1,448,948</td>
</tr>
<tr>
<td>Less accumulated depreciation and amortization</td>
<td>(1,414,391)</td>
<td>(1,286,922)</td>
</tr>
<tr>
<td></td>
<td>$227,869</td>
<td>162,026</td>
</tr>
</tbody>
</table>

Depreciation expense for the years ended June 30, 2002 and 2001, totaled $128,894 and $154,581, respectively.
(6) GRANTS PAYABLE

Grants payable totaling $31,543,251 before the discount to reflect grants payable at present value at June 30, 2002 consist of approved grant commitments that are expected to be paid in the following fiscal years ending June 30:

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>$23,817,416</td>
</tr>
<tr>
<td>2004</td>
<td>4,095,833</td>
</tr>
<tr>
<td>2005</td>
<td>3,630,002</td>
</tr>
</tbody>
</table>

Less discount to reflect grants payable at present value

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>($532,523)</td>
</tr>
</tbody>
</table>

Net grants payable

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$31,010,728</td>
</tr>
</tbody>
</table>

(7) COMMITMENTS AND CONTINGENCIES

(a) Lease Commitments

The Foundation leases its office facilities under operating leases which expire in 2006. These leases provide options to renew and for payments of property taxes, insurance, and maintenance expenses. The Foundation also leases office equipment under a lease that expires in 2006. The following is a schedule by year of minimum future rental payments related to these leases as of June 30, 2002:

<table>
<thead>
<tr>
<th>Year ending June 30:</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>$819,981</td>
</tr>
<tr>
<td>2004</td>
<td>834,751</td>
</tr>
<tr>
<td>2005</td>
<td>849,965</td>
</tr>
<tr>
<td>2006</td>
<td>644,999</td>
</tr>
<tr>
<td>Total</td>
<td>$3,149,696</td>
</tr>
</tbody>
</table>

Rent expense totaled $795,742 and $623,731 for the years ended June 30, 2002 and 2001, respectively.

(b) Legal Matters

In the ordinary course of business, the Foundation is subject to certain lawsuits and other potential legal actions. In the opinion of management, such matters will not have a material effect on the financial position of the Foundation.

(8) FEDERAL EXCISE TAXES

The Foundation has been classified as a private foundation, which is exempt from federal income taxes under Section 501(c)(3) of the Internal Revenue Code. The Foundation is subject to federal excise taxes on investment income, imposed at the rate of 2% on the net investment income of a private foundation. The excise tax may be reduced to 1% based on a formula provided under the Internal Revenue Code. During each of the years ended June 30, 2002 and 2001, the Foundation paid excise taxes at the rate of 1%. The Foundation made cash payments of $0 and $625,000 for excise tax during the years ended June 30, 2002 and 2001, respectively.

The provision for excise tax related to unrealized appreciation on investments is reflected as a liability until the related investment is sold or there is a change in the valuation of such investment. There was no liability for deferred excise taxes at June 30, 2002 and 2001.

(continued)
(9) TAX-DEFERRED RETIREMENT PLAN

The Foundation previously maintained a qualified 403(b) deferred compensation plan for Foundation employees, which was frozen as of December 31, 1997. As of January 1, 1998, the Foundation instead sponsors a 401(k) plan for Foundation employees. Under the provisions of the plan, participating employees may make voluntary contributions through salary deductions up to the maximum amount allowed by law. The Foundation has contributed an amount equal to 12% of all eligible employee compensation and has matched eligible employee contributions up to 4% of compensation. Foundation contributions and expenses related to the plan totaled $487,946 and $434,584 for 2002 and 2001, respectively.

(10) SUPPLEMENTAL RETIREMENT PLAN AND POSTRETIREMENT BENEFITS

Liabilities related to the defined benefit retirement plans and postretirement benefits of the Foundation are accrued based on various assumptions and discount rates, as described below. The actuarial assumptions used could change in the near term as a result of changes in expected future trends and other factors which, depending on the nature of the changes, could cause increases or decreases in the liabilities recorded.

The Foundation has a defined benefit retirement plan (Supplemental Executive Retirement Plan) covering a group of highly compensated employees. The benefits are based on years of service and a percentage of the employee’s average compensation during their employment. In addition to the defined benefit retirement plan, the Foundation established, as of January 1, 2001, a supplemental retirement health care plan for employees that have completed 10 years of service to the Foundation and attained the age of 55.

The funded status of the defined benefit retirement plan and the supplemental retirement health care plan as of June 30, 2002 and 2001 is as follows:

<table>
<thead>
<tr>
<th></th>
<th>Defined benefit</th>
<th>Supplemental retirement health care</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2002</td>
<td>2001</td>
</tr>
<tr>
<td>Funded status:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benefit obligation at June 30</td>
<td>(267,374)</td>
<td>(293,822)</td>
</tr>
<tr>
<td>Fair value of plan assets at June 30</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Funded status</td>
<td>$ (267,374)</td>
<td>(293,822)</td>
</tr>
<tr>
<td>Accrued benefit cost included in the statements of financial position</td>
<td>$ (390,905)</td>
<td>(397,597)</td>
</tr>
<tr>
<td>Weighted average assumptions as of June 30:</td>
<td>7.50%</td>
<td>7.50%</td>
</tr>
<tr>
<td>Discount rate</td>
<td>7.50%</td>
<td>7.50%</td>
</tr>
<tr>
<td>Expected return on plan assets</td>
<td>—</td>
<td>N/A</td>
</tr>
<tr>
<td>Rate of compensation increase</td>
<td>4.00%</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>(872,659)</td>
<td>(695,615)</td>
</tr>
<tr>
<td></td>
<td>(695,615)</td>
<td></td>
</tr>
</tbody>
</table>
For measurement purposes, an 8% annual rate of increase in the per capita cost of covered health care benefits was assumed for 2003. The rate was assumed to decrease gradually to 4.5% for 2010 and remain at that level thereafter.

<table>
<thead>
<tr>
<th></th>
<th>Defined benefit</th>
<th>Supplemental retirement health care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2002</strong></td>
<td><strong>2001</strong></td>
<td><strong>2002</strong></td>
</tr>
<tr>
<td>Service cost</td>
<td>79,332</td>
<td>73,578</td>
</tr>
<tr>
<td>Interest cost</td>
<td>32,334</td>
<td>26,306</td>
</tr>
<tr>
<td>Amortization of prior service</td>
<td>16,044</td>
<td>16,044</td>
</tr>
<tr>
<td>Amortization of gain</td>
<td>(9,950)</td>
<td>(10,387)</td>
</tr>
<tr>
<td>Benefits paid</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td><strong>Net pension cost</strong></td>
<td><strong>$117,760</strong></td>
<td><strong>105,541</strong></td>
</tr>
</tbody>
</table>

An eligible participant in the defined benefit plan terminated employment as of June 30, 2002. The related curtailment of benefits totaling $124,452 was recognized in the fiscal year ended June 30, 2002.

**11) EXECUTIVE SAVINGS PLAN**

The Foundation maintains a qualified 457(f) Executive Savings Plan (ESP), which permits a select group of highly compensated employees to make voluntary contributions on a pretax basis. The plan was amended as of January 1, 1999 concurrent with the establishment of the Supplemental Executive Retirement Plan (SERP) (see note 10). Employer money in the ESP plan was used to partially fund the initial accrual for the SERP plan. Employee money remains in the ESP plan. A participant’s interest in the plan shall become fully vested and nonforfeitable only upon the earlier of (1) the participant’s normal retirement date, disability, or death or (2) the involuntary termination of employment with the Foundation (other than for cause). If a participant voluntarily terminates employment with the Foundation before one of the events described above, all accrued benefits in the plan would be forfeited. As of June 30, 2002, there is one participant in the plan. The liability related to the ESP plan totals $47,280 at June 30, 2002 and is included in accrued expenses in the accompanying financial statements.
# 2002 Grants Index

<table>
<thead>
<tr>
<th>Advocates for Youth</th>
<th>23</th>
</tr>
</thead>
<tbody>
<tr>
<td>African Families Health Initiative</td>
<td>29</td>
</tr>
<tr>
<td>AIDS Health Project</td>
<td>28</td>
</tr>
<tr>
<td>Alameda Health Consortium</td>
<td>29</td>
</tr>
<tr>
<td>AllForOne Youth Mentoring Program</td>
<td>24</td>
</tr>
<tr>
<td>Alliance Medical Center</td>
<td>26</td>
</tr>
<tr>
<td>Alliance on Aging, Inc.</td>
<td>20</td>
</tr>
<tr>
<td>Alta Bates Summit Medical Center Foundation</td>
<td>25</td>
</tr>
<tr>
<td>American Indian Health &amp; Services Corporation</td>
<td>28</td>
</tr>
<tr>
<td>American Public Health Association, Inc.</td>
<td>18</td>
</tr>
<tr>
<td>Arc Fresno</td>
<td>25</td>
</tr>
<tr>
<td>Asian &amp; Pacific Islander American Health Forum</td>
<td>28</td>
</tr>
<tr>
<td>Asian and Pacific Islander Wellness Center</td>
<td>29</td>
</tr>
<tr>
<td>Asian Health Services</td>
<td>28</td>
</tr>
<tr>
<td>Association of Asian Pacific Community Health Organizations</td>
<td>29</td>
</tr>
<tr>
<td>Bay Area Community Resources</td>
<td>23</td>
</tr>
<tr>
<td>Black Women for Wellness</td>
<td>25</td>
</tr>
<tr>
<td>Blue Mountain Coalition for Youth</td>
<td>23</td>
</tr>
<tr>
<td>The Body Positive</td>
<td>25</td>
</tr>
<tr>
<td>Cabrillo College</td>
<td>18</td>
</tr>
<tr>
<td>California Adolescent Health Collaborative</td>
<td>27</td>
</tr>
<tr>
<td>California Alliance Concerned with School-Age Parents, Inc.</td>
<td>23</td>
</tr>
<tr>
<td>California Assembly on School-Based Health Care</td>
<td>30</td>
</tr>
<tr>
<td>California Black Women’s Health Project</td>
<td>25</td>
</tr>
<tr>
<td>California Center</td>
<td>23,27</td>
</tr>
<tr>
<td>California Coalition for Youth</td>
<td>23</td>
</tr>
<tr>
<td>California Elected Women’s Association for Education and Research</td>
<td>23</td>
</tr>
<tr>
<td>California Family Health Council, Inc.</td>
<td>23</td>
</tr>
<tr>
<td>California Food Policy Advocates, Inc.</td>
<td>26</td>
</tr>
<tr>
<td>California Health Decisions</td>
<td>28</td>
</tr>
<tr>
<td>California Partnership for Children</td>
<td>21</td>
</tr>
<tr>
<td>California Physical Activity and Health Initiative</td>
<td>20</td>
</tr>
<tr>
<td>California State Coalition of Rape Crisis Centers</td>
<td>24</td>
</tr>
<tr>
<td>California State University, Sacramento, Science Educational Equity Program</td>
<td>18</td>
</tr>
<tr>
<td>California Women’s Mental Health Policy Council</td>
<td>21</td>
</tr>
<tr>
<td>California Youth Connections</td>
<td>21</td>
</tr>
<tr>
<td>Californians for Justice Education Fund</td>
<td>29</td>
</tr>
<tr>
<td>Californians for Pesticide Reform</td>
<td>19</td>
</tr>
<tr>
<td>CALPIRG Charitable Trust</td>
<td>19</td>
</tr>
<tr>
<td>Camp Fire Boys and Girls – Orange County Council</td>
<td>23</td>
</tr>
<tr>
<td>Casa Familiar, Inc.</td>
<td>26</td>
</tr>
<tr>
<td>Center for Civic Partnerships</td>
<td>27</td>
</tr>
<tr>
<td>Center for Collaborative Planning</td>
<td>25</td>
</tr>
<tr>
<td>Center for Community Action and Environmental Justice</td>
<td>19</td>
</tr>
<tr>
<td>Center for Community Advocacy</td>
<td>26</td>
</tr>
<tr>
<td>Center for Community Change</td>
<td>28</td>
</tr>
<tr>
<td>Center for Health Care Rights</td>
<td>20</td>
</tr>
<tr>
<td>Center for Health Improvement, Inc.</td>
<td>23</td>
</tr>
<tr>
<td>Center for Health Policy Research</td>
<td>25,30</td>
</tr>
<tr>
<td>Center for Healthy Aging</td>
<td>20</td>
</tr>
<tr>
<td>Center for Justice, Tolerance and Community</td>
<td>19,26</td>
</tr>
<tr>
<td>Center for Public Health Studies, Portland State University</td>
<td>24</td>
</tr>
<tr>
<td>Center for the Study of Latino Health and Culture</td>
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THE CALIFORNIA WELLNESS FOUNDATION
Annual Report 02

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Our mission and goals:
The California Wellness Foundation is an independent, private foundation, created in 1992, whose mission is to improve the health of the people of California by making grants for health promotion, wellness education and disease prevention. The Foundation’s goals are:

• to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;

• to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;

• to recognize and support leaders who are working to promote health and welfare within their communities; and

• to inform the development of public policies that support health promotion, wellness education and disease prevention.
Learn More About The California Wellness Foundation’s Grants Program and Our Grantees’ Work

Portfolio
Published several times each year, our newsletter Portfolio presents feature stories about our grantees and their work to improve the health of the people of California.

TCWF Web News
Our website, www.tcwf.org, features new postings each week, an extensive archive of our publications, evaluations of our grantmaking, links to grantees’ and other websites and a news media section, including one in Spanish. Sign up to receive our e-postcards by electronic mail.

Information for Grantseekers
The grants application brochure provides in-depth information on our eight priority areas and the Special Projects Fund. A companion handout is titled “Frequently Asked Questions,” which is also found on www.tcwf.org.

Reflections
Published 2 to 3 times a year, this series shares information about the lessons we have learned from our grantmaking and issues related to the nonprofit sector. Previous editions have explored public policy, capacity building and devolution.

Information Kit
This folder contains recent Foundation publications, news releases, fact sheets on our grantmaking and other timely information. It is used for health conferences, media briefings and grantee outreach efforts.

To be added to our mailing list, call 818.702.1966 or e-mail us at tcwf@tcwf.org.
**Then and Now: Celebrating 10 Years of Health-focused Grantmaking**

|------|------|------|------|------|
| TCWF is created as an independent, philanthropic organization when Health Net, a nonprofit health maintenance organization, converts to become a for-profit business corporation.  
The first set of funding priorities are chosen: Promoting Healthy Communities, Maternal and Child Health, Adolescent Health Promotion and Disease Prevention, Integrating Wellness Into Delivery Systems, Work-related Health Promotion and Disease Prevention, and Violence Prevention.  
TCWF awards its first grant to the Foundation Consortium for School-linked Services for $100,000.  
TCWF launches its first proactive grantmaking program, the Violence Prevention Initiative (VPI), with an allocation of $60 million over 10 years. | In fiscal year (FY) 1993, TCWF awards 90 grants totaling more than $15 million, of which 49% is allocated to public policy components of the VPI. | Health Net and QualMed merge, resulting in an increase of TCWF’s assets to nearly $800 million, thus allowing it to greatly increase grants paid out.  
TCWF’s President and CEO, Howard A. Kahn, resigns, and Gary L. Yates, then TCWF senior program officer, is named interim president.  
During FY 1994, TCWF awards 141 grants totaling $35 million, of which 72% is made in support of initiative grant programs. | Gary L. Yates is appointed as president and CEO of TCWF.  
The Health Improvement Initiative (HII), Work and Health Initiative (WHI), Children and Youth Community Health Initiative (CYCHI), and Teen Pregnancy Prevention Initiative (TPPI) are launched and join existing VPI as proactive grants programs.  
In FY 1995, TCWF awards 152 grants totaling more than $39 million. | A strategic plan is implemented establishing that 70% of grant dollars will be allocated to initiatives, 15% to responsive grants, and 15% to a newly established Special Projects Fund.  
The new priority areas are: Community Health, Population Health Improvement, Teenage Pregnancy Prevention, Violence Prevention, and Work and Health.  
In FY 1996, TCWF awards 254 grants totaling $56 million. |

|------|------|------|------|----------|
| The year marks the rolling out of the majority of grants in the five initiatives, with 55 community-focused action grants made throughout the state.  
The first survey is mailed to organizations that applied for funding in fiscal year 1996. Results inform grantmaking procedures.  
In FY 1997, TCWF awards 283 grants totaling almost $33 million. | TCWF awards its 1,000th grant in January.  
In FY 1998, TCWF awards 318 grants totaling more than $35 million. | In FY 1999, TCWF awards 350 grants totaling more than $45 million, of which 70% supports health promotion and disease prevention services that directly benefit the health of underserved populations in California.  
There are 125 sites throughout the state that are funded through TCWF’s initiatives. Of those, 88 are community-based organizations or community collaboratives.  
A second survey is mailed to organizations that applied for funding in 1999. Results inform the strategic planning process.  
In FY 2000, TCWF awards 373 grants totaling more than $36 million. | In July 2001, a new strategic plan is implemented and funding begins in eight priority areas: Diversity in the Health Professions, Environmental Health, Healthy Aging, Mental Health, Teenage Pregnancy Prevention, Violence Prevention, Women’s Health, and Work and Health. Five cross-cutting themes are also established: underserved populations, youth, leadership, public policy and sustainability.  
A majority of grant dollars is devoted to funding core operating costs of nonprofit organizations.  
The Violence Prevention, Teen Pregnancy Prevention and Children and Youth Community Health Initiatives continue to work on their strategic grantmaking programs through 2002.  
The HII, CYCHI and WHI sunset.  
Health-related funding through the Special Projects Fund continues for opportunities that fall outside of the eight priority areas.  
From July 1 through December 31, 2001, 53 grants for $9,170,000 are made for core operating support, which represents 60% of total grants made during the six-month period. |